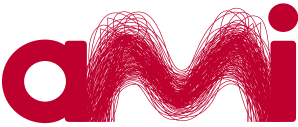


**2022
ANNUAL
REPORT**



**2022
ANNUAL
REPORT**



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“

WE HAVE THE HUMAN BEING
AT THE HEART OF ALL OUR
CONCERNS. ”

CHAPTER

1

**THE MISSION
CONTINUES**

1.1 LETTER FROM THE CHAIR



Prof. Doutor Fernando de La Vieter Nobre

The Chair

Whoever takes the trouble to read, with due attention, the present Report can only state that the AMI Foundation, despite the enormous constraints of the last three years, in no way slowed down its dynamism and, therefore, its multiple activities both internationally and nationally in the socio-humanitarian, environmental and institutional sustainability fields.

Thanks to the reserves created during its first three and a half decades of existence, the AMI Foundation did more than resist during the last three years from 2020 to 2022. And so it will do in the coming years, probably until 2030 or even 2050, renewing itself every day in order to better help to the maximum those who, in accelerated increase, disturbing and even terrifying, knock at our door in situations of extreme economic, physical and mental vulnerability.

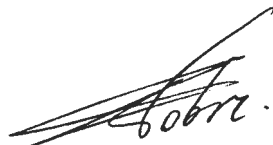
That is why I founded AMI in 1984: for these human beings, today more anonymous, superfluous and dispensable than ever, because they are responsible for the mythical global hyper population that is the stepmother of all the ills of our dystopian civilization and deeply sick because of a terrible global governance that has no sense of State and therefore no strategy and no will to solve the extremely urgent problems of a human civilization on the verge of collapse.

In order to react and adapt, anticipating the brutal challenges we have faced in the last three years (2020/21/22) and those we will face from now on, the AMI Foundation has reinvented itself in its social-humanitarian policy, demonstrating that it is undoubtedly a great Portuguese foundation, creating new ways of helping, while maintaining its previous activities, namely by reinforcing various social, psychological, environmental and awareness funds...

The AMI Foundation also reinvented itself in its economic-financial management in the face of the banking and financial system collapse that it foresaw, investing its financial assets exclusively in tangible assets during the year 2022, and obviously preserving sufficient cash-flow for its permanent management.

Moderation, ponderation, new salary adjustments where the valorisation of human resources is fundamental, new work methodologies but always remaining on the side of the most fragile, be they in Portugal or in the world, as was seen with our humanitarian action in Romania, Moldova, Hungary, Ukraine and in Portugal with the refugees and internally displaced persons from a fratricidal war encouraged by spurious global motives where our Europe, already shattered, was unable to defend its vital interests as one of the fundamental pillars of Peace and Progress, with its own will, which it could and should have been.

Therefore, we can only continue with the Vision, Solidarity and effort that have characterised us towards 2024, the year in which we will celebrate our 40th anniversary, maintaining our Hope!

A handwritten signature in black ink, appearing to read 'A. Sobri.', with a large, sweeping flourish above the name.



1.2 AMI

VISION

Mitigating inequalities and suffering in the world, by placing the Human Being at the heart of our concerns. Creating a more sustainable, more harmonious, more inclusive, more tolerant, less indifferent, less violent world.

MISSION

Taking humanitarian aid and fostering human development, considering Human Rights and the Sustainable Developments Goals, in health-related, social and environmental areas, anywhere in the world, irrespective of race, gender, age, nationality, language, politics, religion, philosophy or social standing, while looking at each person as a being that is unique, irreplaceable, worth noting and cared for.

VALUES

Fraternity: Believing that 'All human beings are born free and equal in dignity and rights. They are endowed with reason and conscience and should act towards one another in a spirit of brotherhood.'

Solidarity: To undertake the worries and needs of the human being as its cause of action.

Tolerance: To pursue a personal and communitarian attitude of acceptance towards different values from those of the group of origin.

Equality: To guarantee equal treatment regardless of parentage, age, sex, race, language, place of origin, religion, political or ideological beliefs, literacy, economic situation or social condition.

Truth: To always try and practise what one preaches.

Directness/Straightforwardness: To dialogue and to speak clearly, respecting the values of the fellow man, making oneself respected at the same time.

Transparency: To guarantee that the action and decision-making process is carried out in such a way that it is fully understood by making all the relevant information available.



the mission continues

1.3 SUSTAINABLE DEVELOPMENT GOALS

SUSTAINABLE DEVELOPMENT GOALS

OUR CONTRIBUTION IN PORTUGAL AND THE WORLD
SO THAT "NO ONE IS LEFT BEHIND"!

SDG 1: NO POVERTY

Portugal



9991 people supported through 15 social response facilities.

SDG 2: ZERO HUNGER

Portugal



More than 168 thousand meals served in social facilities and through the Domiciliary Support Service.

SDG 3: GOOD HEALTH AND WELL-BEING

Sierra Leone



Promotion of sexual and reproductive health and rights of young people and improving the knowledge of children, adolescent girls and young people to make informed decisions about their sexual and reproductive health.

SDG 1: NO POVERTY

Sri Lanka



Financial support to the Sri Lanka Portuguese Burgher Foundation, in order to maintain the functioning of the infrastructure and the salaries of employees during the forced closure by the pandemic.

SDG 3: GOOD HEALTH AND WELL-BEING

Bangladesh



Construction of a training center for nurses. Assistance and awareness to 8,000 people in 3 refugee camps and slums.

SDG 4: QUALITY EDUCATION

Portugal



30 sessions on Citizenship, Development and SDGs were held for more than 1800 students; 41 scholarships awarded to university students.

SDG 2: ZERO HUNGER

Colombia



Promotion of good hygiene, nutrition and health habits in children during early childhood, as well as in pregnant women, in a universe of 2644 people (600 families).

SDG 3: GOOD HEALTH AND WELL-BEING

Guinea-Bissau



Promotion of Health and Sexual and Reproductive Rights in Bolama, directly benefiting around 2590 people (1353 young people between 10 and 24 years old; 1228 parents/educators and community leaders; 7 teachers and 2 local project technicians).

ODS 5: GENDER EQUALITY

Brazil



Strengthening the leadership role of women in the Milagres region (Northeast Brazil), who are actively involved in the development of their communities and in the fight against social and gender inequality.

SDG 6: CLEAN WATER AND SANITATION

Portugal



35 tons of unusable clothing sent for recycling, in order to reduce CO₂ emissions and water consumption.

SDG 7: AFFORDABLE AND CLEAN ENERGY

Portugal



2 photovoltaic parks for energy production and injection into the national electricity grid and 1 park for water heating at the Porto Night Shelter.

SDG 8: DECENT WORK AND ECONOMIC GROWTH

Portugal



86 people integrated into the labor market after follow-up at AMI's Social Services.

SDG 8: DECENT WORK AND ECONOMIC GROWTH

Guinea-Bissau



Heritage protection and dynamization of the cultural sector on the island of Bolama, through the revitalization of the practice of Tina, a style of music, an instrument and a dance, constituting not only a form of entertainment through percussion and movement, but, and above all an element of family and community ceremonies.

SDG 9: INDUSTRY, INNOVATION AND INFRASTRUCTURE

Haiti



Support of 6 community radio stations, located in areas affected by the earthquake of August 2021, so that they can replace destroyed materials and continue to operate normally.

SDG 10: REDUCED INEQUALITIES

Cameroon



Coaching of 50 girls who are already in early marriages, and prevention of future situations, through the empowerment of young people at risk.

SDG 11: SUSTAINABLE CITIES AND COMMUNITIES

Portugal



55 people supported through the Domiciliary Support Service.

SDG 12: RESPONSIBLE CONSUMPTION AND PRODUCTION

Portugal



Inauguration of AMI Concept Store, a clothing store that promotes a circular economy and enables fundraising.

SDG 13: CLIMATE ACTION

Portugal



Avoided the emission of more than 220 tons of CO₂ into the atmosphere through the collection of waste for recycling and reuse.

SDG 14: LIFE BELOW WATER

Portugal



Approximately 5,000 liters of used cooking oil were collected.

SDG 15: LIFE ON LAND

Portugal



Planting of 3500 trees in Pinhal de Leiria and respective monitoring.

SDG 16: PEACE, JUSTICE AND STRONG INSTITUTIONS

Sierra Leone



Training elements of a local Civil Society organization in Project Cycle Management.

SDG 17: PARTNERSHIPS FOR THE GOALS

World



Supported 21 projects from 15 local organizations in 14 countries.

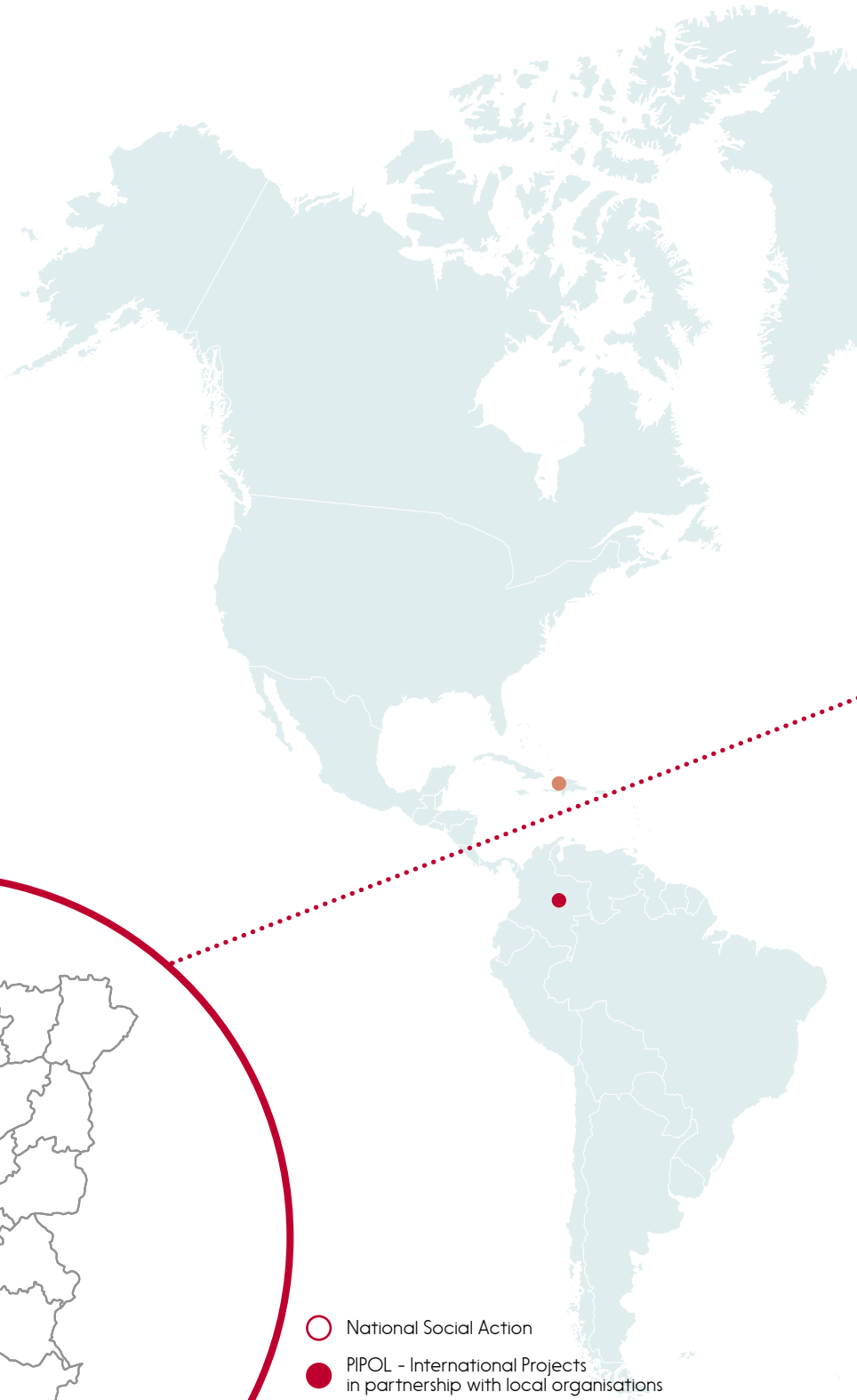
1.4 OUR REACH

In 2022, AMI developed a total of 21 international projects in 14 countries, of which:

- 6 PIPOL (International Projects in Partnership with Local Organisations), with 6 local organizations
- 6 ad-hoc support with 6 organisations
- 1 Solidarity Adventure
- 3 responses to COVID-19 with 3 local organizations
- 4 large Development projects
- 1 emergency intervention / Humanitarian Action

These initiatives benefited 482,204 people, 41,361 of whom directly and 440,843 indirectly.

In Portugal, AMI supported a total of 9,991 people through 15 facilities and social responses.



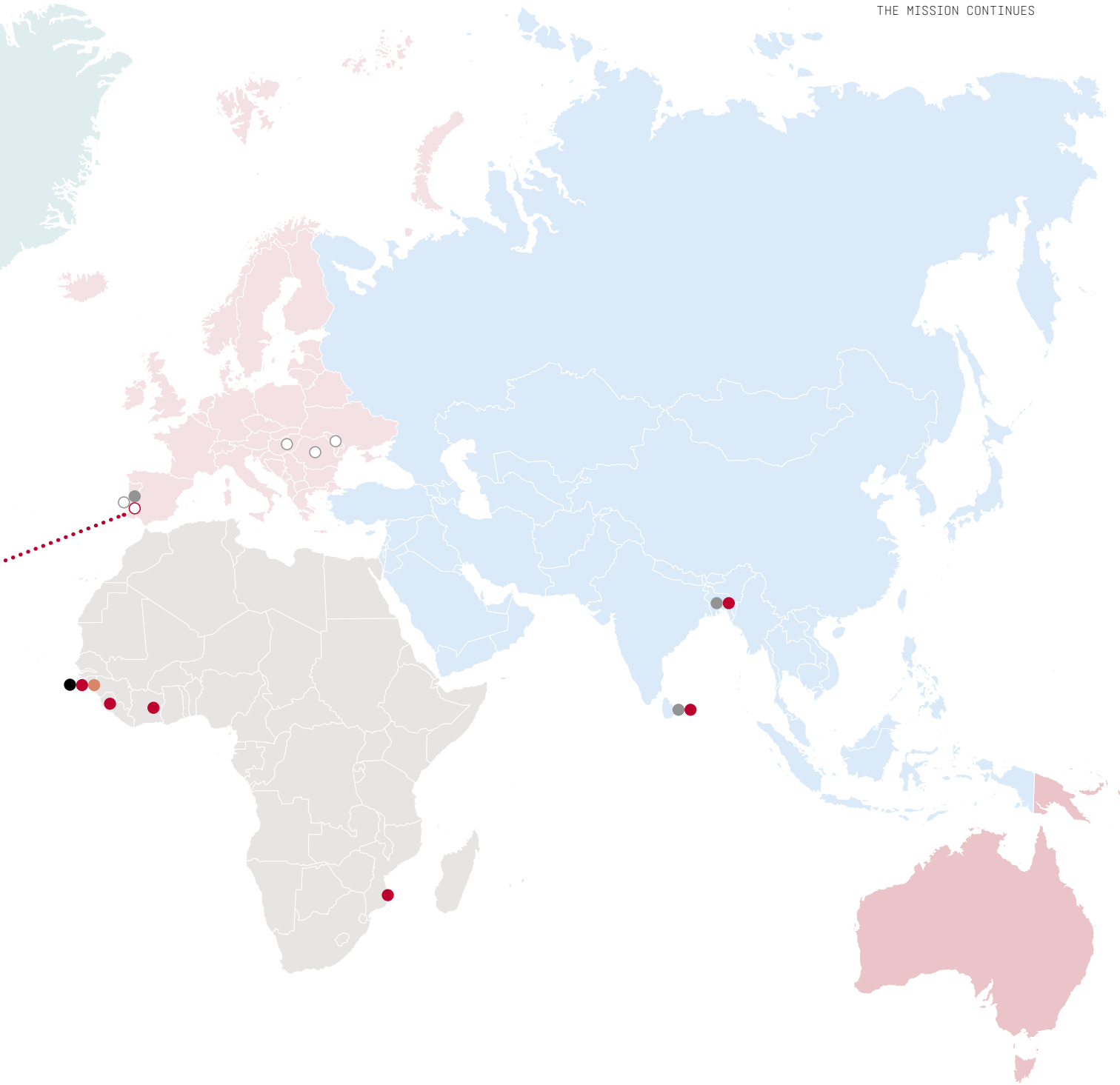
PORTUGAL AND ISLANDS

National Social Action and COVID-19 Actions

- Porto
- Coimbra
- Lisboa
- Cascais
- Almada
- Angra do Heroísmo
- Funchal



- National Social Action
- PIPOL - International Projects in partnership with local organisations
- Development Missions
- COVID-19 Actions
- Occasional Support
- Emergency Missions



- | | | | |
|-----------------|--------------|------------|----------------|
| ● Bangladesh | ● Haiti | ○ Moldova | ● Sri Lanka |
| ● Cameroon | ○ Hungary | ● Portugal | ● Sierra Leone |
| ● Colombia | ● Mozambique | ○ Romania | ○ Ukraine |
| ● Guinea-Bissau | | | |

1.5 STAKEHOLDERS

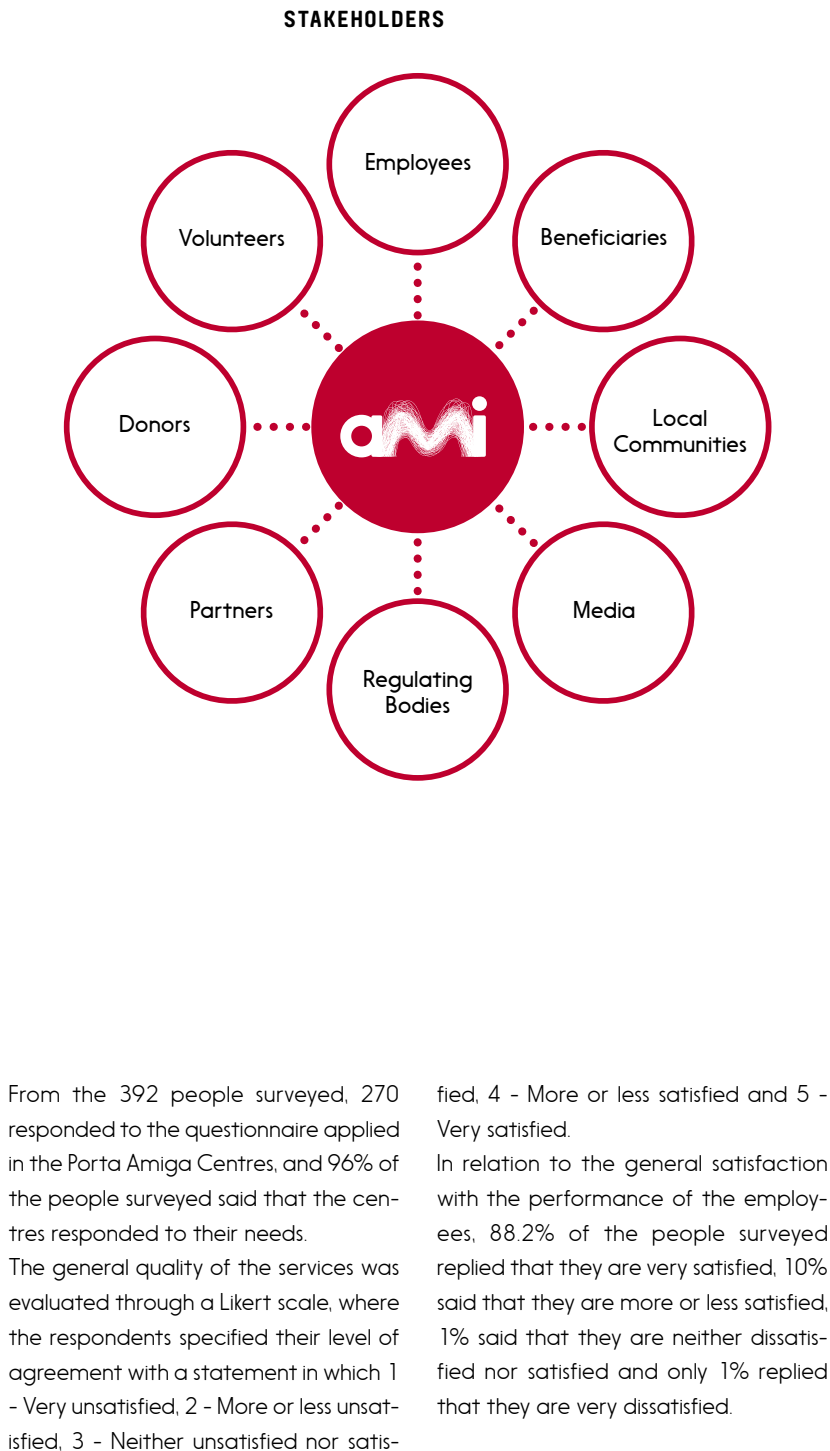
In order to promote the quality of the social responses developed by AMI in Portugal and in the search for constant improvement of the support we provide to those who seek our help, we aim to hear the opinion of the beneficiaries regarding AMI's social facilities and their various services.

Thus, following what has been done since 2016, satisfaction surveys were conducted in all social facilities, taking into account their representativeness in relation to the total population supported by AMI in Portugal. However, in 2022, the questionnaires were applied in an online format, through the Microsoft Forms platform. These surveys also aim to meet the guidelines of the social equipment funding entities.

The questionnaires were applied to a universe of 392 people - beneficiaries of 12 of AMI's social facilities, of which 199 are men (52%) and 182 women (48%). The majority of the people who answered the questionnaires referred having arrived at AMI's social facilities through other institutions (34%), friends or relatives (30%) and Social Security (16%).

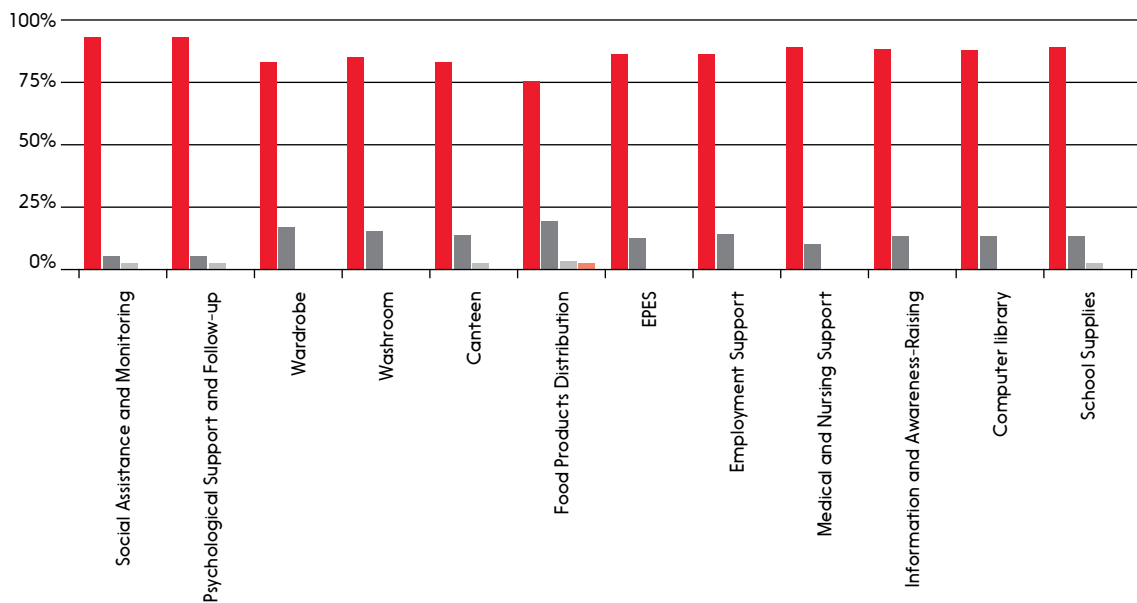
As for the income received: 24% receive the Social Integration Income; 17% do not have any source of income; 16% receive retirement and 16% have a temporary/precarious salary.

Regarding the reasons indicated for seeking AMI's social facilities, the main situations which lead beneficiaries to seek AMI's services are related to financial precariousness (55%), homelessness (32%), loss of employment/unemployment (27%), physical and/or mental health problems (14%) and addictive behaviour (5%).



OVERALL QUALITY EVALUATION, BY SERVICE

■ Very Satisfied ■ More or less satisfied ■ Neither satisfied nor dissatisfied ■ More or less dissatisfied ■ Very Dissatisfied



Regarding the satisfaction with the organization and environment of the Porta Amiga Centres, 76.7% of the interviewed answered that they are very satisfied, 18.5% answered that they are more or less satisfied, 3.8% said they are neither unsatisfied nor satisfied, 1% answered that they are more or less unsatisfied and only 1% answered that they are very unsatisfied.

The Social Assistance and Monitoring service was the best evaluated. Regarding the general quality of the service being satisfactory, this was evaluated by most people as "very satisfied" (86.5%),

being 9% more or less satisfied, 2% neither satisfied nor dissatisfied and only 1% more or less dissatisfied.

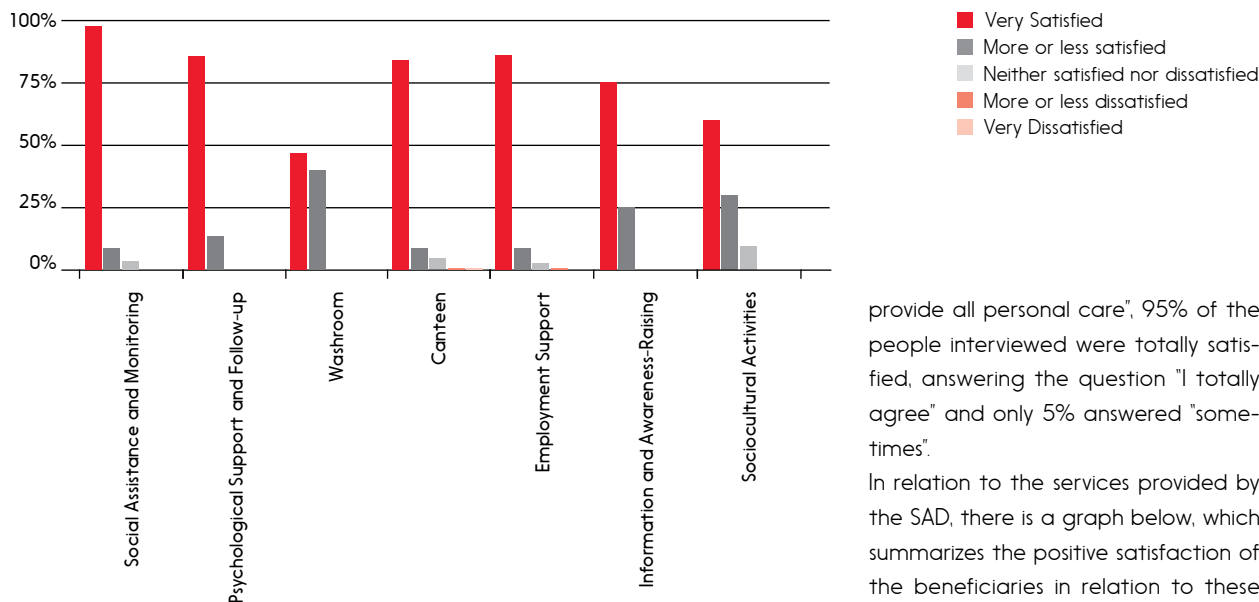
Regarding the other services that the Porta Amiga Centres make available, below is a graph that summarizes the positive satisfaction of the beneficiaries in relation to them. It is important to emphasize that this evaluation only considers the respondents who used and evaluated the respective services provided by the Porta Amiga Centres.

GENERAL SATISFACTION REGARDING ABRIGO DA GRAÇA AND ABRIGO DO PORTO

Among 392 people, 102 answered the questionnaire applied in the shelters of Graça and Porto.

In relation to the satisfaction with the organization and environment of the shelters of Graça and Porto, 76% of the interviewed people answered that they are very satisfied, 20% answered that they are more or less satisfied, 4% said that they are neither dissatisfied nor satisfied and 4% answered that they are more or less dissatisfied.

GENERAL SATISFACTION REGARDING ABRIGO DA GRAÇA AND ABRIGO DO PORTO



Regarding the general satisfaction with the performance of the employees, 83% of the people interviewed said that they are very satisfied and 14% said that they are more or less satisfied. In relation to the remaining services offered by both shelters, there is a graph below summarizing the positive satisfaction of the beneficiaries in relation to these services. It is important to highlight that this evaluation only considers the respondents who used and evaluated the respective services provided by the shelter.

GENERAL SATISFACTION REGARDING THE HOME SUPPORT SERVICE

Of the 392 people surveyed, 20 replied to the questionnaire applied at the Home Support Service (SAD).

With regard to the performance of the employees, the satisfaction of the beneficiaries was mostly very positive. 100% of those polled replied that they totally agree with the appropriate profile of the employees when carrying out their functions and, in relation to the knowledge of the employees in caring for the beneficiaries, 90% of those polled also replied that they totally agree and 10% replied that this item has no applicability for them.

In the parameter "satisfaction with the performance of the professionals who

provide all personal care", 95% of the people interviewed were totally satisfied, answering the question "I totally agree" and only 5% answered "sometimes".

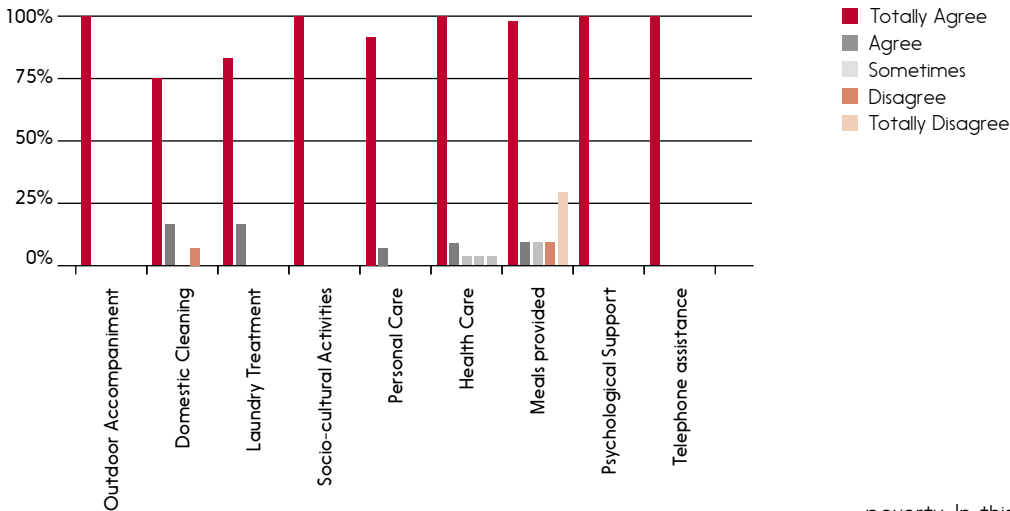
In relation to the services provided by the SAD, there is a graph below, which summarizes the positive satisfaction of the beneficiaries in relation to these services. It is important to stress that this evaluation only considers those respondents who used and evaluated the services provided by the Home Support Service.

OVERALL ASSESSMENT OF SOCIAL FACILITIES AT NATIONAL LEVEL

Finalising this analysis, we may verify that 95% of the entire sample surveyed (a universe of 392 people) are satisfied with the services provided by the social equipment. Only 1% and 3% responded "neither satisfied nor dissatisfied" and "more or less dissatisfied", respectively.

In all services, there are positive and negative aspects, and it is necessary to take them into consideration in order to improve and meet the needs of the beneficiaries.

GENERAL SATISFACTION REGARDING THE HOME SUPPORT SERVICE



Quality is increasingly a demand of society at all levels, being a common goal to be met by AMI. AMI has shown, in recent times, a great attention to quality in the areas of internal management, specific training and the collaboration, commitment and work of the technical team and collaborators. However, constant adaptation and improvement is necessary.

SUPERVISION IN SOCIAL WORK

Social Work is a very complex and demanding profession, as social workers are challenged on a daily basis to respond to social changes and their impacts. Being a human relations and person-centred profession, it is essential to develop collaborative and innovative

supervision processes that contribute to the good performance and quality of the intervention, as well as enabling Social Workers to address ethical issues and seek new solutions to social problems.

Aware of this need, AMI moved forward in 2022 with the 3rd edition of the external supervision project in Social Work for the teams in the Porto area (Porta Amiga Centre in Porto, Porta Amiga Centre in Gaia and Night Shelter in Porto), Coimbra (Porta Amiga Centre in Coimbra) and Madeira (Porta Amiga Centre in Funchal). The 3rd edition of the project was developed along the same lines as the previous one, in terms of goals, responsibilities of the different actors and work methodology.

In 2022, due to the effects of the Covid-19 pandemic and the war in Ukraine, there was a sharp increase in extreme

poverty. In this sense, it was necessary and urgent that Social Workers adapt their professional practice to the new needs of the population being monitored.

Within this scope, 8 supervision sessions were organised, namely 5 general ones, in which the social facilities participated together, and 3 for each equipment individually. The sessions were attended by 13 Social Workers. The sessions were held online, in order to facilitate the presence of the professionals from the social equipment, but, in the future, it is intended to return to the face-to-face format. The project has been extended until February 2023.

Supervision in Social Work is essential for the profession to respond to the challenges of social issues, not only to improve the processes of social intervention with people, but also to support professionals in the appropriation/consolidation of their identity and enable them to act critically and reflectively in these contexts.

1.6 EVOLUTION AND DYNAMICS

ACADEMY OF INNOVATION AND DIALOGUE

The Academy of Innovation and Dialogue by AMI is an innovative project in which organizations from Portuguese-speaking countries with interventions in the area of Sexual and Reproductive Health Rights have access to a digital platform where they can find training in various areas, a resource library and the possibility of sharing experiences and knowledge among themselves. They will also have the opportunity to obtain funding from AMI for their innovative projects related to Sexual and Reproductive Health Rights. The Academy seeks to benefit at least 150 people from these organizations through the train-

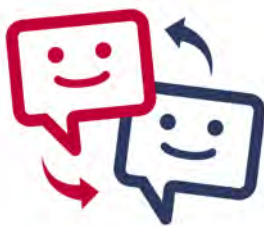
ings and webinars and 5 organizations through the funding and monitoring of projects.

In 2022, the first phase of the project consisted of the design and preparation of the intervention, as well as the development of the digital platform that will serve as the basis for the Academy's operation. For the construction of this website, AMI counted on the support of JunIFEUP, as a result of having been the selected organization in the Juni For Community competition, which aims to contribute to the development of innovative ideas. In 2023, the second phase of the project will start, which will be the implementation of the Academy, with its launch and start of activities.

UPCYCLING AT AMI CONCEPT STORE

In 2022, AMI established a partnership with two fashion design schools - ETIC and World Academy - in order to initiate its upcycling project linked to the AMI Concept Store concept. Thus, both schools were provided with clothing pieces from the shop that, although new, had warehouse marks that prevented their sale. The students chose the pieces that inspired them and, based on them, created other design pieces that they offered to the shop for sale.

This project aims, on the one hand, to avoid textile waste and show that there is always an opportunity to create and to give new life to material that is considered disposable and, on the other hand, to raise awareness among young people being trained in fashion for the serious environmental problem of fast fashion and fashion trends.



**ACADEMIA
DE INOVAÇÃO
E DIÁLOGO**

by **ami**

1.7 UN GLOBAL COMPACT

The UN Global Compact is a UN initiative, which aims to encourage companies and civil society organisations to voluntarily align their strategies and policies with 10 universally accepted principles in the areas of human rights, labour practices, environment and anti-corruption, and to promote actions in support of UN objectives, including the Sustainable Development Goals. It is a leading platform for the development, implementation and dissemination of responsible business policies and practices. Launched in 2000, it is the world's largest corporate social responsibility initiative, with more than 8000 signatories in over 135 countries.

AMI is a signatory of the UN Global Compact and the UN Global Compact Network Portugal since 2011, having assumed the commitment to support and promote the 10 Principles of the UN Global Compact regarding

human rights, labour practices, environment and anti-corruption, and to participate in the activities of that body, namely in local networks, specialized initiatives and partnership projects.

Since 2016, AMI is also a member of the SDG Portugal Alliance, marking every year the contribution of the projects it develops in Portugal and around the world for the Sustainable Development Goals.¹

¹ See infographic on page 10.



ALIANÇA
OBJECTIVOS DE
DESENVOLVIMENTO
SUSTENTÁVEL PORTUGAL



“

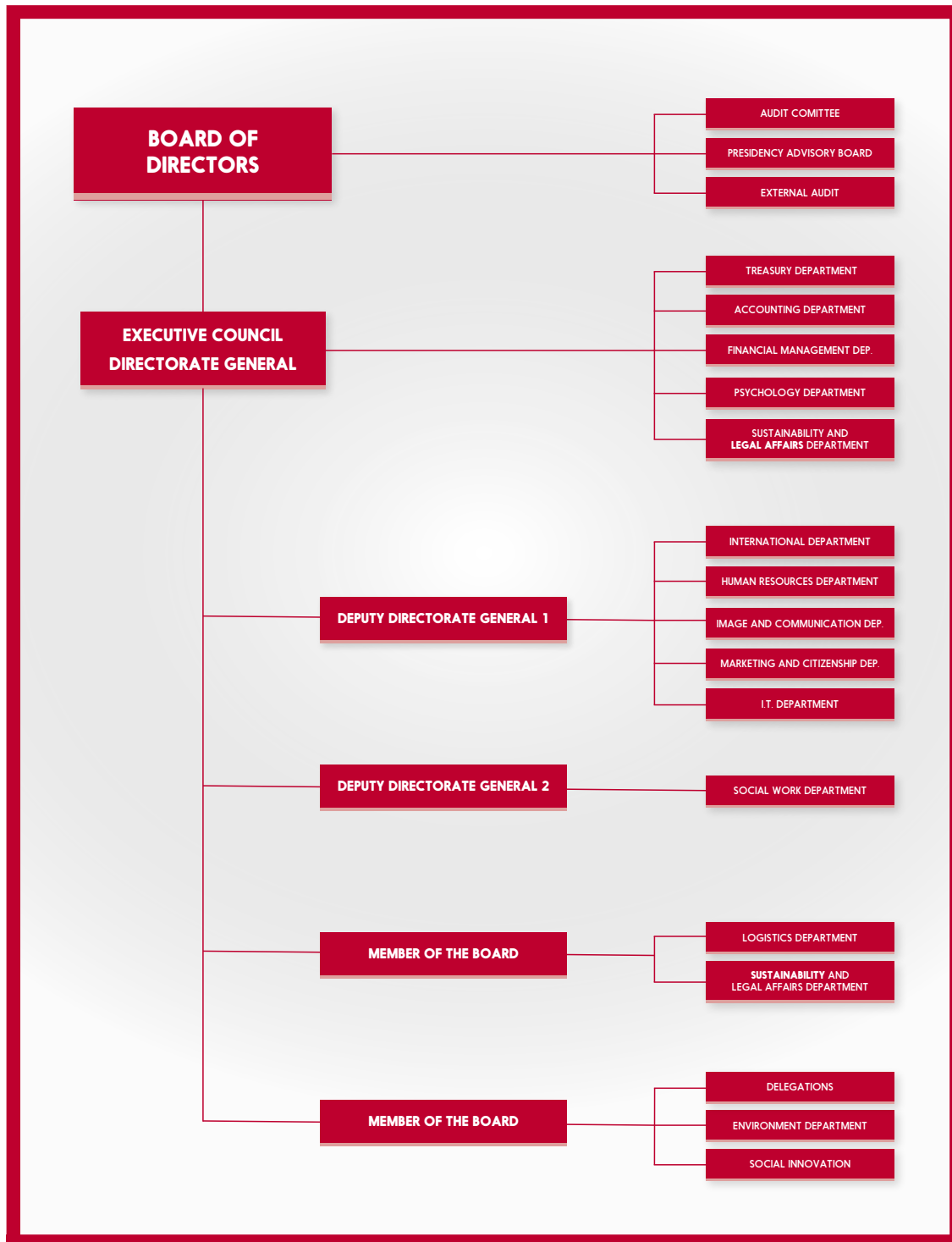
WE ARE ALWAYS
ON MISSION! ”

CHAPTER

2

**ORGANIZATIONAL
STRUCTURE**

ORGANIZATIONAL STRUCTURE

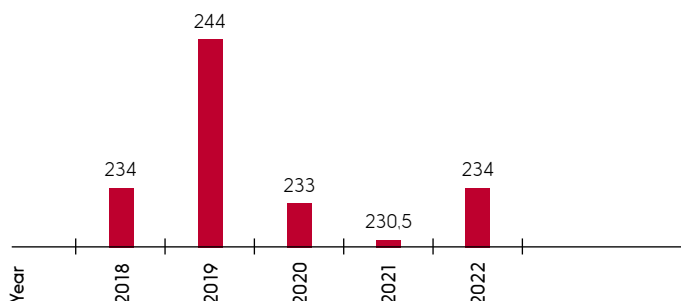


2.1 HUMAN RESOURCES

FIXED FRAMEWORK

In 2022, AMI had a staff of **234 salaried professionals, of whom 65% have a permanent contract**. 73% are women and 50% are between 31 and 50 years old. There are 62 management positions, 77% of which are occupied by women.

EVOLUTION OF THE TOTAL NUMBER OF STAFF



EMPLOYEES

Total	234	
Women	170	73%
Men	64	27%

Labour Contract

Open-ended Contract	151	65%
Fixed-Term Contract	43	18%
Provision of Services	9	4%
Professional Traineeships	10	4%
Employment-Insertion	3	1%
Other Employees	18	8%

Age Group

< 30 years	40	17%
31-40 years	37	16%
41-50 years	79	34%
> 51 years	78	33%

Training

Total number of training hours	4710
--------------------------------	------

With regard to local staff in international missions, **22 local professionals** were hired or subsidised.

INTERNATIONAL LOCAL STAFF

Mission	No	Type
Guinea-Bissau	19	Bolama: AMI Team's House: 1 Housekeeper, 4 Guards. Bolama - "Papia Ku Mi" and "Papia Ku Mi - Phase 2" Projects: 1 local project coordinator; 2 local project technicians; 1 Sexual and Reproductive Health Adviser; 1 logistician. *In the Papia Ku Mi and Papia Ku Mi - Phase 2 projects, AMI also worked with 14 informed friends and 26 activists who, although not hired by AMI, were local human resources who participated voluntarily as community members and played a key role in the project. They received monthly financial incentives provided by AMI with co-financing from Camões, IP until February 2022 and then from UNFPA until June 2022.
		Community Health Project: 8 project technicians; 1 driver (service provision).
Senegal	3	2 Guards **, 1 Tailor** **Permanent

VOLUNTEER

In 2022, 315 requests for international volunteering were registered, of which 112 were classified as eligible in terms of profile. Of these 112 classified volunteers, 37 are doctors, 52 nurses and 6 managers, with the remaining 17 being from other professions (psychologists, international relations, nutritionists, biologists, economists...)

Throughout 2022, **19 trips were made to the field on exploratory missions**, evaluation, project implementation or within the scope of the Solidarity Adventure, of which:

- **2 expatriates** in the area of project coordination;
- **1 local volunteer** in the emergency area;
- **1 photographer**;
- **15 field trips** in exploratory and evaluation missions, involving the participation of 9 AMI professionals, to Bangladesh, Sierra Leone, Hungary, Romania and Moldova.

Despite the constraints caused by the COVID-19 pandemic, it was possible to count on the support of more than **600 volunteers** in the social facilities and delegations of AMI in Portugal, a total of **more than 10,000 hours of volunteering** (support to general services, animation activities and events, awareness-raising actions, medical and nursing support, project management, technical support and education and training actions).

INTERNSHIPS

Number	Location	Initiative
1	International	1 non-paid internship in Guinea-Bissau, to support project management.
30	National	1 professional internship in the International Department.
		1 curricular internship in the International Department under the scope of a protocol with the Instituto Superior de Ciências Sociais e Políticas (ISCSP), within the scope of the degree in Anthropology.
		1 curricular internship in the International Department under the scope of a protocol with the Faculty of Letters of the University of Lisbon, within the scope of the degree in African Studies.
		11 professional internships in the Social Action Department.
		13 curricular internships in Social Equipment. 3 curricular internships in the Madeira Delegation.



2.2 TRAINING AND RESEARCH

CERTIFIED TRAINING

AMI is a training entity certified by DGERT (Directorate General for Employment and Labour Relations) in the following areas: Literacy (080); Personal Development (090); Social Work and guidance (762); Health (729); User-oriented Information Technology (482), being also a certified training entity for remote learning.

In 2022, under its training plan, AMI developed the projects listed below.

SPACES I AM IN

The I AM In spaces basically develop three types of activities: training in Information and Communication Technologies (ICT), aimed at children, youth, unemployed adults and seniors; free

access to computers and internet; transversal activities, which consist in the use of ICT to complement the intervention of the services that AMI provides in its social facilities.

The Free Access space allows the population that does not have access to ICTs to use these computer tools in the most personalized way possible, namely to look for a job, prepare a Curriculum Vitae, do school work, do personal research, read news, look for a house, check e-mail or, for entertainment, to play games and surf the Internet.

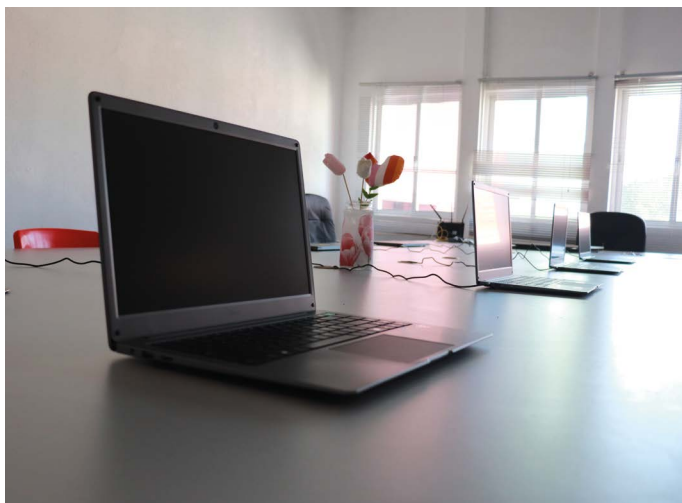
Since 2020, the I AM In space also provides the possibility for children and young people who do not have computer equipment in their homes and have no possibility of acquiring it, to do remote learning. This new typology arose from the needs felt during the COVID-19 pandemic, when schools were temporarily closed. In this sense, the I AM In space intends to reinforce the right to education.

In 2022, in the I AM In space of the Porta Amiga de Gaia Centre, two ICT training actions were promoted with a total duration of 22h, namely: "Internet and Social Networks" and "Text Processing". In both training sessions, 6 people participated (4 women and 2 men).

In addition, this space was sought, in 2022, by 51 people for free access (89% more than in 2021), in a total of 266 times.

TRAINING AND RESEARCH

Project	Number of Trainees	Type of Training
Training / Information and Awareness raising courses at social facilities in Portugal	503	External
Organisational Management and Culture (Unskilled and Technical Staff)	28	Internal and External
First-Aid	56	Internal and External
Training for International Volunteer	17	External



ACADEMIC DEGREE Humanitarian Medicine at the Faculty of Medicine of the University of Lisbon

In 2022, another edition of the course on "Humanitarian Medicine" was held at the Faculty of Medicine of the University of Lisbon, which was taught by the President of AMI, Professor Fernando Nobre. The subject is optional for 3rd, 4th and 5th year medical students and aimed to train these students on the issues and challenges of the practice of medicine in the context of developing countries and humanitarian action.

In 2022, the subject was attended by 29 students.

Humanitarian Project Cycle Management, ISCSP

In May and June 2022, within the 2021/2022 academic year, the seventh edition of the discipline "Humanitarian Project Cycle Management" took place at the Instituto Superior de Ciências Sociais e Políticas (ISCSP). Taught by an AMI trainer, the subject is part of the curricular structure of the Postgraduate Course in Crisis and Humanitarian Action (CRACH). In 2022, 19 students

participated, with the classes taking place in a face-to-face format.

Also in December 2022, already within the academic year 2022/23, the 1st edition of the subject "Human Security and Volunteering" was implemented, also within the Postgraduate Course in CRACH, with the participation of 22 students..

TRAINING FOR INTERNATIONAL VOLUNTEERS

This training course aims to introduce concepts and provide a framework on the intervention of NGOs, Associations and other entities in humanitarian action and development cooperation in developing countries.

To this end, it introduces topics such as global asymmetries and the Sustainable Development Goals (SDGs), interventions in development cooperation and

humanitarian action, international volunteering and the main stages of project management, among others.

The Training is divided into synchronous and asynchronous sessions and is composed of eight modules:

Module I - Presentation of the programme, the training team and AMI

Module II - World Asymmetries and Sustainable Development Goals

Module III - Interventions in Cooperation for Development

Module IV - Interventions in Humanitarian Action

Module V - International Volunteering: security procedures and living in a mission

Module VI - Protection against Sexual Exploitation and Abuse

Module VII - Introduction to Project Management: design, monitoring, reporting and accountability

Module VIII - Health: Global Challenges and Sustainable Development.



This 1st E-Learning edition, certified by DGERT, was attended by 17 trainees. In the final survey to evaluate the training, it obtained an overall assessment of 4.93/5 by the trainees.

TRAINING FOR INTERNATIONAL PARTNERS
Project Cycle Management

Following the trip of the project coordinator to Sierra Leone, to visit the project implemented in partnership with the NGO We Yone Child Foundation, a moment of knowledge recycling on Project Cycle Management took place, having addressed mainly contents such as activity reporting and financial reporting. Specifically, the project forms used by AMI and the main care in filling them out were explored. This session complemented the online session developed in 2021.

Still within the scope of the same visit, some formative moments on volunteer management and marketing were streamlined by the head of AMI's Marketing Department.

RESEARCH

In 2022, AMI collaborated in an interview to conduct a study on impact assessment, including consultation of project documents, based on the case study of AMI's intervention in Guinea-Bissau. This research took place as part of the dissertation entitled "Limitations and opportunities in the evaluation of Portuguese cooperation projects", for the Master's Degree in Humanitarian Action at ISCTE - University Institute of Lisbon. AMI also participated in an interview for the preparation of an academic paper on AMI's emergency mission in Haiti in 2010, under the subject "Management

in Humanitarian Action" in the ISCTE Master's Degree in Humanitarian Action. Finally, AMI also collaborated in the research project "Gender Equality and Sustainable Development Goals in Portuguese Cooperation policy and practices: challenges and proposals", promoted by the Centre for Social Studies of the University of Coimbra. This project aims to investigate and provide Portuguese Cooperation with clues and tools for a more effective inclusion of Gender Equality in the pursuit of strategies, programmes and projects in the field of Cooperation and Humanitarian Aid.

MASTER'S THESIS

Topic	Scope of partnership
<p>Limitations and opportunities in the evaluation of Portuguese cooperation projects</p>	<p>Master in Humanitarian Action at ISCTE</p>
<p>AMI Emergency Mission in Haiti in 2010</p>	<p>Master in Humanitarian Action at ISCTE</p>
<p>Gender Equality and Sustainable Development Goals in Portuguese Cooperation policy and practices: challenges and proposals</p>	<p>Centre for Social Studies at the University of Coimbra</p>

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I N T E G R A T E

“

FOR A BETTER WORLD!”

CHAPTER 3
ACT
CHANGE
INTEGRATE

3.1 COVID-19 ACTIONS IN PORTUGAL AND IN THE WORLD

In 2022, still in the aftermath of the Covid-19 pandemic, national and international projects were implemented in response to its impact.

INTERNATIONAL PROJECTS

Region	No. Countries	Covid-19 Actions	Countries
America	1	1	Brazil
Asia	2	2	Bangladesh; Sri Lanka
Europe	1	1	Portugal
Total	4	4	



PORTUGAL AMI Social Facilities

In Portugal, with a multidisciplinary team, AMI ensured the permanent operation of the 15 social facilities and responses distributed throughout the country throughout the pandemic period. In 2022, it maintained the management of the Shelter, Casa do Lago, an emergency response aimed at homeless women, in Lisbon, in partnership with the Lisbon City Council.

As the number of cases of poverty in Portugal worsened, the number of people using AMI's services also increased.



BANGLADESH Chattogram

In 2022, AMI continued its support to BISAP (Bangladesh Integrated Social Advancement Program) started in 2020, in the implementation of another Covid-19 action with the refugee populations (Bihari) and host communities in the Chattogram region.

The project, entitled "Enabling Vulnerable Refugee Camp & Slum Dwellers to Become More Resilient and Limit the Spread of Immediate & Long-term Impact of COVID-19 in Chattogram Coastal Region of Bangladesh", focused on 3 refugee camps in Chattogram (Chittagong). This

intervention sought to provide continuous emergency support to these populations, as well as build their capacity to minimize disease transmission and increase social, economic and health resilience to face new outbreaks.

The action also included a gender equality component, which encompassed activities aimed at reducing violence against women and vulnerable children, which escalated during the Covid-19 pandemic.

According to Tareq Javed, founder and director of BISAP, "the people of Quiltipur have been living in inhumane conditions since 1971, without access to water, sanitation and health and with a very vulnerable economic situation."

One of the camps is a very dilapidated building where about 5000 refugees live, with 5 or more people living in each compartment. The conditions are extremely precarious, without light or basic sanitation.

Given this context, the project was of extreme importance, and the expected results were to provide immediate Covid assistance and raise health awareness among 8000 beneficiaries in 3 refugee camps and surrounding slums; improve health and social resilience of the communities by 70-90% and increase economic resilience by 50% to withstand financial impacts of the pandemic and future crises.



Bangladesh

To achieve these goals, several referrals for testing and counselling were made within the scope of Covid-19; face-to-face community awareness sessions and theatre sessions on Covid-19 prevention, as well as a digital campaign; orientation actions for community leaders and local health care providers were promoted, and more than 500 emergency food aid kits were distributed to the most vulnerable beneficiaries.

In order to increase economic resilience, awareness-raising sessions and debates were promoted to make communities aware of changes in society; a training programme was developed in sewing, fabric printing and canvas painting, in order to enable beneficiaries to obtain a source of income.

In a field visit made by an AMI team at the end of June 2022, it was possible to verify the impact of these actions in the beneficiary communities. In all communities, it was visible the use of masks, the use of alcohol gel and posters with messages alluding to preventive measures to avoid contagion.

It was also possible to visit the training centre where several women and men are learning sewing and printing, and some of these trainees got a job in a printing company.

One of the beneficiaries of the training centre, Shabnam Skter, told the AMI team that she went to Chittagong and started the sewing course, which enabled her to send her son to school. Skter is also now training in sewing and hopes one day to be able to afford a sewing machine to contribute to the family budget, as her husband lost his job due to the pandemic.

The project has contributed to SDG 3 - Health and Wellbeing.

BRAZIL **Milagres**

From July 2021 to September 2022, the project entitled "Marias in Action: Rights, life and dignity in times of COVID-19" was implemented, focused on strengthening the leadership role of women in the Milagres region who are actively involved in the development of their

communities and the fight against social and gender inequality, but who have been strongly affected by the Covid-19 pandemic, both socioeconomically and psychologically. The project aimed to support these women through the promotion of awareness raising actions by radio and internet to address issues related to social and racial discrimination and gender violence, encouraging a change in the population's behaviour, conducting mentoring, marketing and social media courses; implementation of income generating activities; distribution of food kits; and psychosocial support.

Between July and October 2021, three courses were held aimed at the insertion of women in the labour market (in the areas of cooking, handicrafts and digital marketing), as well as recordings for the radio programme to raise awareness of women's rights. Training was

also provided for the women's activist group "Marias support Marias", present in 23 strategic poles in the municipality of Milagres, for the defence of women's rights. This group also provided weekly psychosocial support to the project beneficiaries. In a second phase, from November 2021 to March 2022, a series of "conversation rounds" were organised with professionals from the areas of psychology, social work and nursing for a group of pregnant women. A nursing and psychological support service was also made available to women from the strategic hubs in the municipality of Milagres, an educational talk on entrepreneurship was given and meals were distributed.

This €4,890 project contributed to SDGs 3 - Health and Well-Being, and 5 - Gender Equality.

SRI LANKA Batticaloa

The Sri Lanka Portuguese Burgher Foundation (SLPBF), an organization founded in Sri Lanka with the support of AMI after the Tsunami of 2004, submitted a request for financial support in April 2020 following the global escalation of the new coronavirus (COVID-19). AMI approved an extra amount of 5,000€ in 2020 and 2021, and in 2022, this support was maintained for the payment of basic operating expenses such as water, electricity and telephone bills, as well as the salaries of the organization's employees for another period of 6 months. The initiative contributed to SDG 1 - Eradication of Poverty.

Milagres, Brazil



3.2 INTERNATIONAL PROJECTS

The measures taken during the pandemic had major repercussions on the international level, mainly due to travel restrictions.

Even so, in 2022, AMI developed a total of 21 international projects in 14 countries, of which 6 PIPOL (International Projects in Partnership with Local Organisations), with 6 local organisations, which benefited at least 401,901 people, of which 20,793 directly and 381,108 indirectly; 6 one-off supports with 6 organisations, which affected a total of 42,715 people, of which 1,560 directly and 41,155 indirectly; 1 Solidarity Adventure; 3 responses to COVID19 with 3 local organisations, which enabled 13,686 people to be supported, 10,686 of whom directly and 3,000 indirectly; 4 major projects that benefited a total of 22,602 people, 7,022 of whom directly and 15,580 indirectly; and 1 Emergency / Humanitarian Action intervention that directly covered more than 1,300 people.

Through all its international projects, AMI benefited in 2022 a total of 482,204 people, of which 41,361 directly and 440,843 indirectly.

INTERNATIONAL PROJECTS

Region	No. Countries	Emergency Missions	Projects with local organizations*	Big Development Projects	Covid-19 Actions	Countries
Africa	4	-	10	1	-	Cameroon; Guinea-Bissau; Mozambique; Sierra Leone
America	3	-	2	-	1	Brazil; Colombia
Asia	2	-	1	-	2	Bangladesh (2); Sri Lanka
Europe	5	1	-	3	-	Ukraine, Hungary, Moldova, Romania; Portugal
Total	14	1	13	4	3	

*(including 6 one-off supports and 1 Solidarity Adventure)

AREAS OF ACTIVITY

HEALTH

Bangladesh
Colombia
Guinea-Bissau
Haiti
Mozambique
Moldova
Sierra Leone
Ukraine

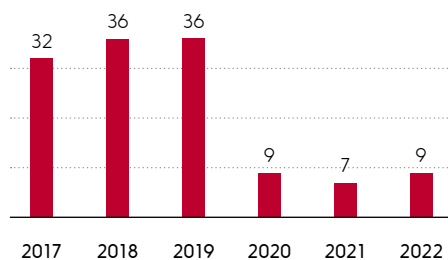
POVERTY (Education/Nutrition)

Cameroon
Colombia
Guinea-Bissau
Romania
Sri Lanka

CIVIL SOCIETY (Associations)

Brazil
Guinea-Bissau
Haiti
Sri Lanka

INTERNATIONAL PROJECTS IN PARTNERSHIP WITH LOCAL ORGANISATIONS (PIPOL) IN THE LAST 5 YEARS



REQUESTS FOR PARTNERSHIP

Each year, AMI receives several project funding requests from local organizations in developing countries in diverse areas such as health, nutrition and food security, education, water and sanitation, among others. More than a funder, AMI is an active donor that works with partner organisations to improve project management, from design to implementation and monitoring.

By the end of December 2022, AMI received 30 requests for aid from local NGOs, which were not approved due to the constraints caused by the pandemic, as AMI does not fund projects without going to the field to learn about and evaluate the projects to be funded.

EXPLORATORY AND ASSESSMENT MISSIONS

During 2022, 15 field trips were made in exploratory and evaluation missions, involving the participation of 9 AMI professionals, to Bangladesh, Sierra Leone, Hungary, Romania and Moldova.

EMERGENCY MISSIONS

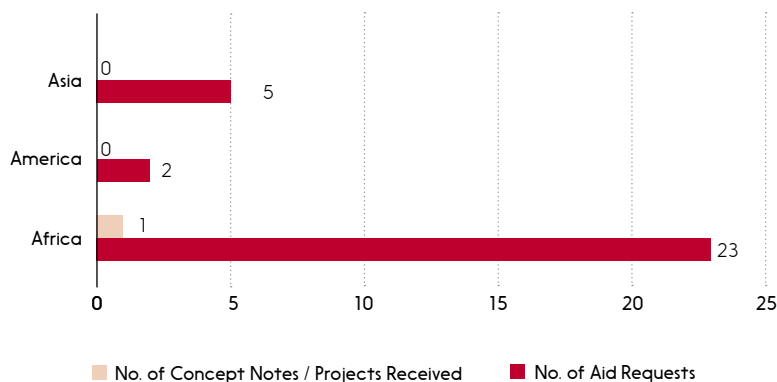
Ukraine War

Faced with the serious scenario of war in Ukraine, which began on 24 February 2022, and the resulting wave of refugees, two AMI teams travelled to Hungary and Moldova. **The first phase of AMI's response to the Ukraine Emergency** focused on addressing the immediate needs of Ukrainian refugees. **The second phase of the response to the Ukraine Emergency** was characterised by the establishment of partnerships through PIPOL and support to local organisations. Projects supporting internally displaced persons within Ukraine and Ukrainian refugees who fled to neighbouring countries were developed simultaneously. In this phase a monitoring and evaluation visit was also carried out to Hungary and Romania.

REQUESTS FOR AID, CONCEPT NOTES AND PROJECTS RECEIVED BY COUNTRY IN 2022

Geographic Area	No. of Aid Requests	No. of Concept Notes or Projects received
Africa	23	1
America	2	0
Asia	5	0
Total	30	1

FUNDING REQUESTS BY GEOGRAPHICAL AREA OF ORIGIN IN 2022



Hungary

AMI's intervention focused, from the outset, on the acquisition of medicines and essential goods to be sent to Ukrainian territory according to the real needs on the ground. All the goods were purchased in Hungary, not only to facilitate the logistical process, but also to ensure that the leaflets on the medicines were understood by the doctors and the refugees themselves.

Two members of AMI's International Department left for Hungary on 2nd March on an exploratory mission, joined by a local volunteer in Hungary, contributing with her knowledge of the context. After the initial team returned to Portugal, a mission coordinator remained in the country.

In the second phase of the emergency response, and in partnership with the organization Cesvi Onlus, AMI supported the construction of a safe space for children near the Záhony station, one of the main entry points for Ukrainian refugees in Hungary. This space was built next to the temporary reception centre managed by Cesvi in collaboration with the Záhony Municipality, with the aim of supporting the transition of families and children. AMI had already previously contributed to this project with the donation of materials for the children's corner.

Moldova

With the beginning of the conflict in Ukraine, the Moldovan authorities expressed the need for immediate support to respond to the flow of refugees in the country. Thus, on 14 March, a team of two members of AMI's Logistics Department left for Moldova. The team made a needs assessment in order to plan the best intervention with the refugee population. Based on the verified needs, AMI's team made several deliveries of medicines and basic hygiene kits to refugees in the border regions of Chisinau and Stefan Voda. After numerous successful actions, the team ended its mission on 28 March.

In the second phase of the emergency response, through a partnership with the Charity Centre for Refugees, the team sought to address the basic health needs of 246 vulnerable families by facilitating access to medicines.

Through the distribution of vouchers for families to spend in a network of pharmacies, it was possible to ensure access to sufficient medicines for 2-3 months in Chisinau.

Ukraine

In Ukraine, already in the second phase of the emergency response, support was also provided to the No. 7 Outpatient Clinic in Uzhhorod in the form of medical aid. This clinic is one of eight outpatient clinics providing family medicine services in Uzhhorod and employs 13 doctors. Before the beginning of the conflict, about 17,600 people were benefiting from the clinic's support, a figure that is estimated to have doubled. AMI therefore decided to continue the support already provided to this clinic in March and April. Through a partnership with a pharmacy in Hungary, near the border with Ukraine, a



Hungary

monthly funding of medicines will be ensured to this clinic for at least one year, from May 2022 to April 2023.

It also started a project with direct impact in Ukraine, in the Khmelnytsky region, in partnership with the NGO Zakhyst. With AMI's support, the organization was able to establish mobile groups to travel throughout the region to provide support to internally displaced people in several key areas for their integration. Each team includes two psychologists (for group and individual sessions), a lawyer, a social worker and a driver. This three-month project seeks to reinforce the work that the organisation provides in its centre by reaching out to those who are most isolated.

Romania

In Romania, AMI funded the International Children's Safety Service (SISC) of the Oradea region in its mission to protect children and families in vulnerable situations. The focus of this project, which lasted from May to August 2022, was to strengthen the development of leisure activities dedicated mainly to children. Through this project, the organisation reinforced the activities it had been developing since the beginning of the conflict to support families arriving in Oradea and the Bihor region. Families receive assistance related to housing, employment, enrolling children in school and other difficulties that may arise in the process of integration in Romania.

Romania



MAJOR DEVELOPMENT PROJECTS

GUINEA-BISSAU

In 2022, the Development Mission in Guinea-Bissau was marked by the continuation of the project in the area of promoting sexual and reproductive health and combating harmful practices in Bolama Island, where AMI began its intervention in 2000, with projects in various areas, such as health, water, local development, food security, among others, as well as the start of a project in the area of community health implemented in five regions of Guinea-Bissau and with a duration of two years.

Bolama

Sexual and Reproductive Health

On the island of Bolama, the project "Papia Ku Mi: Promotion of Sexual and Reproductive Health and Rights", which began in March 2021, and was co-financed by Camões I.P., ran until the end of February 2022. The general objective of this project was to "Contribute to the full exercise of sexual and reproductive health rights in Guinea-Bissau" and the specific objective was to "Promote access to knowledge and means to enable healthy Sexual and Reproductive Health (SRH) practices and prevent harmful practices among young people on the island of Bolama". To achieve this objective, the following results were defined: "Community Activists", "Informed Friends", Teachers and Project Technicians trained on SRH issues and harmful practices; "Youth, educators and

Guinea-Bissau



community leaders on the island of Bolama sensitized on issues associated with Sexual and Reproductive Health and harmful practices"; "Community referral system for SRH specialized services adapted and implemented and SRH services at Bolama Health Centers strengthened".

This initiative directly benefited around 2,590 people (1,353 young people aged between 10 and 24 years; 1,228 parents/educators and community leaders; 7 teachers and 2 local project technicians) and indirectly benefited around 5,458 inhabitants of the island of Bolama.

It is worth highlighting that throughout the project, it was possible to train 49 people on sexual and reproductive health issues and harmful practices; to

create 7 youth clubs in the 7 schools covered; to carry out 627 "youth talks", 87 creative awareness raising activities for youth and adults and 274 education and awareness raising actions for parents, educators and community leaders; to train 100 young girls in the preparation of reusable sanitary towels, who each received 1 menstrual hygiene kit, carry out 7 radio programs on SRH themes; implement a community referral system to the SRH Counselling Service; 273 youths attended the SRH Counselling Services and 3 deliveries of drugs and materials to the SRH Counselling Services, namely contraceptive methods and drugs for sexually transmitted infections.

Given the very positive impact of the Papia Ku Mi project on the target popu-

lation, as well as the interest shown, both by the population and by local partners, in continuing the project activities, the project "Papia Ku Mi - Phase 2: Promotion of Sexual and Reproductive Health and Rights" was initiated on March 1, 2022, which ran until the end of July 2022. The aim of this second phase of the project was to strengthen the promotion of good practices in terms of sexual and reproductive health and to reinforce knowledge about the consequences of harmful practices among young people, parents and community leaders, as well as to extend the access of young people referred in the communities and schools to the Sexual and Reproductive Health Counselling Services established in the two health centres on the island of Bolama during the previous project,

with the same direct and indirect beneficiaries as in the previous project.

During the 5 months of the project, 2 trainings/retraining sessions on Sexual and Reproductive Health and Harmful Practices were held; 49 people were trained/retrained on this theme (14 "Informed Friends", 26 Community Activists, 7 Teachers and 2 Project Technicians); 58 meetings to prepare the Youth Clubs were promoted; 67 creative awareness raising activities; 387 sessions of "Youth Talks"; 155 education and awareness raising actions for parents/educators; 49 girls were trained in the production of reusable sanitary pads and 49 menstrual hygiene kits were distributed; 3 radio programmes were broadcast; 1 community SRH referral system was implemented; 1 SRH counselling service was made available at the 2 existing health centres; 2 SRH kits of medicines and materials were delivered to health centres.

The total budget for these projects was € 158,127.40, with Camões IP contributing € 85,000.00 and AMI € 61,334.40. The project was also supported by the United Nations Population Fund (UNFPA), through the provision of contraceptive methods and funding of €11,493.

Both phases of the project contributed to SDGs 3 - Health and Well-Being and 5 - Gender Equality.

Preservation of Cultural Heritage

In December 2022, the project "Bolama Ka Pudi Pirdi Tina" (Bolama can not lose the Tina) started, with the aim of contributing to the preservation of the practice of the Tina on the island of Bolama.

Tina is simultaneously a style of music, an instrument and a dance, constituting not only a form of entertainment through percussion and movement, but above all a practice of family and community ceremonies, a means of sharing narratives of daily life and an instrument of intervention. Particularly on the island of Bolama, this artistic practice has seen a great flourishing and has acquired a special relevance in the cultural life of the community. In recent years, however, there has been an accelerated extinction of the island's Tina groups, and consequently a loss of an important intangible cultural heritage.

Thus, the project aims to contribute to the protection of heritage and revitalization of the cultural sector on the island of Bolama, through the revitalization of the practice of the Tina, intending to make an inventory of the practice of the Tina on the island of Bolama and collect oral testimonies and audiovisual content about this practice; train groups and artists of Tina for management and cultural programming and to work in a concerted manner; disseminate the practice of Tina among the youth community of the island of Bolama and the Guinean population.

The proposed activities include the collection of oral memories and audio-

visual records associated with the practice of tina; the publication and reproduction of a manual with the history and description of this practice on the island of Bolama and the studio recording of musical tracks; the creation of an association of Tina artists from Bolama and the organisation of training sessions; the organisation of radio programmes, shows and workshops to disseminate the practice. This project started in December 2022, has a duration of 12 months and a budget of 9,995.53 euros, 100% funded under DIVERSIDADE, an instrument of the PROCULTURA PALOP-TL project (action funded by the European Union, co-financed and managed by Camões, I.P. in partnership with EUNIC). It contributes to SDG 8 - Decent Work and Economic Growth.

Bafatá, Bolama, Gabú, Quinara and Tombali

In addition to the above projects, following an invitation made by UNICEF directly to AMI, and as a result of previous partnerships established under the Community Health Programme, the project "Strengthening the institutional capacity of the Regional Health Directorates of Bafatá, Bolama, Gabú, Quinara and Tombali in the field of community health programme management and payment of incentives to Community Health Workers (CHWs)" began in May 2022. This project is co-funded by UNICEF-Guinea Bissau and its main objective is to contribute to the availability of community health care for pregnant women and children under 5 years old in the

regions of Bafatá, Bolama, Gabú, Tombali and Quinara. The specific objective is to strengthen the institutional capacity of 5 regional health directorates (out of a total of 9) in managing the payment of monthly incentives to community health agents, the organisation of monthly coordination meetings in the 5 regions and respective health areas, and the management of medicines, materials and equipment for the community health programme.

By the end of the project we aim to achieve 3 main results: 1) monthly coordination meetings at regional and health area level are held regularly; 2) timely payment of monthly incentives is ensured and the incentive payment system is functioning well; 3) programme drugs, equipment and materials are properly managed.

To this end, a 24-month intervention was designed, encompassing a set of activities to support the planning, preparation and holding of coordination meetings; implementation of procedures to unblock and monitor the payment of incentives to Community Health Agents; preparation of inventories of materials and medicines for community health; and on-the-job training for focal points and regional health teams on procedures and tools used within the scope of the Community Health programme.

The intention is to directly benefit 35 members of the regional health teams of Bafatá, Bolama, Gabu, Quinara and Tombali; 50 health area managers (SAN) from the 5 regions; 58 health technicians (TS/SOT); 5 community health focal points; 5 CECOME managers from each region; and 1471 community health workers (CHWs). Indirectly, the population of the 5 regions covered will also benefit.

For its implementation, this project integrates an expatriate project coordinator and eight locally recruited regional project technicians.

This project has a budget of 314,641€, being co-financed by AMI (20%) and UNICEF Guinea-Bissau (80%). It contributes to SDG 3 - Health and Well-Being.

INTERNATIONAL PROJECTS IN PARTNERSHIP WITH LOCAL NGOS (PIPOL)

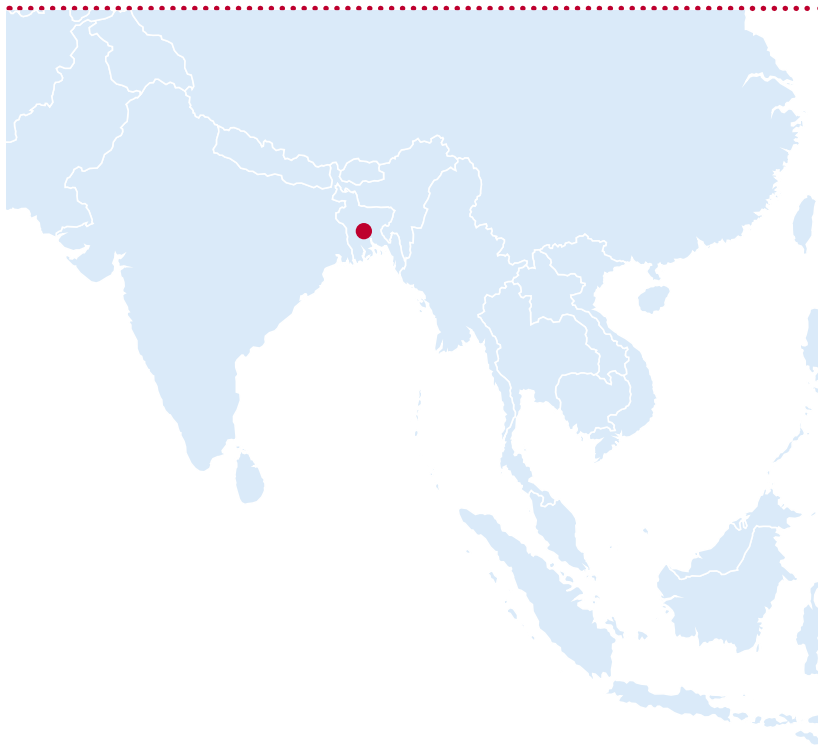
In order to develop a sustainable, lasting and focused intervention in development cooperation in many countries in Africa, Asia and Latin America, AMI has defined as one of its main strategic axes for intervention at the international level, the PIPOL. Its action aims to provide funding partnerships, joint action and sending expatriates to local organisations that are based in developing countries.

In 2022, the following projects were developed:

INTERNATIONAL PROJECTS IN PARTNERSHIP WITH LOCAL NGOS (PIPOL)

Region	No. Countries	Projects with local organizations	Countries
Africa	3	3	Cameroon; Mozambique; Sierra Leone
America	2	2	Colombia; Haiti
Asia	1	1	Bangladesh
Total	6	6	

BANGLADESH



BANGLADESH

Bangladesh is one of the most densely populated countries in the world, with 1,147 inhabitants per km² and is essentially rural, with only a relatively small proportion of the population (39%) living in urban regions.

Due to its political and financial situation, Bangladesh is considered one of the least developed countries in the world, but according to the World Bank, although there are many inequalities, the country has managed to decrease the poverty rate from 43.5% in 1991, to 14.3% in 2016. However, the pandemic has restricted economic activities and contributed to slowing down the economic growth that had been observed in 2020, thus increasing the poverty rate.

Against this backdrop, AMI maintained its support to DHARA, (Development of Health & Agriculture Rehabilitation Advancement), a local women-led organization based in Jessore, in southwestern Bangladesh, and with which AMI has been working in the area of health since 2009.

Shyamnagar Health

This project, which began in May 2019, consists of the construction of a training centre for nurses, paramedics, pathologists, stomatologists and imaging technicians, and is part of a set of projects funded by AMI since 2009 for a total amount of over € 500,000. In addition to the construction of the training centre, this project aims to offer various courses in the area of health.

As part of their training, students are responsible for providing primary health care, medical and nursing to users of the Dr. Fernando Nobre General Hospital, which was one of the first projects implemented by DHARA with the support of AMI.

With the completion of the construction of the space, the training institute will be able to open its doors and conduct the following courses: nursing, clinical pathology, paramedical training, dentistry and imaging. It is expected that 6 classes with a total of 30 students each will be able to run.

With the Covid-19 pandemic and the international scenario aggravated by the war in Ukraine and blatant inflation, the construction work has suffered significant delays and increased costs. However, the construction work is expected to be completed in the early months of 2023.

AMI's funding between 2019 and 2023 is €129,407 for this project which contributes to SDG 3 - Health and Well-Being.

CAMEROON



CAMEROON

Poverty in Cameroon increased by 12% between 2007 and 2014, concentrated in the northern regions of the country, where 56% of poor people live and are therefore more vulnerable to scourges such as early marriage. According to the organisation Girls Not Brides, girls from the poorest families in Cameroon are almost five times more likely to marry before the age of 18 than girls from the richest families. AMI therefore maintained its support to the local organisation SUSTAIN Cameroon with the aim of contributing to the economic empowerment of girls at risk and reducing early marriage.

Northeast Region

Early Marriage

This project, which represents a continuation of the project previously funded by AMI "Empowerment of 50 engaged children", seeks to strengthen the activities developed by SUSTAIN Cameroon in supporting access to vocational courses for young girls and in supporting the establishment of their small businesses. This project aims to support girls already in early marriages, but also to contribute to the prevention of these situations by empowering young girls at risk through greater economic independence. These activities are combined with awareness-raising actions in various sectors of the communities to which these girls belong.

This project will benefit 716 people and indirectly 20,000 people. The total budget of the project, to be implemented between November 2022 and November 2023, is €25,060, of which AMI is funding €15,050. The project contributes to SDGs 1 - Poverty Eradication, 3 - Health and Well-Being, 4 - Quality Education, 5 - Gender Equality, 8 - Decent Work and Economic Growth and 10 - Reducing Inequalities.

COLOMBIA



COLOMBIA

For several years AMI has maintained a partnership with the Fundación Hogar Juvenil, based in Cartagena de las Indias, by financing projects, but also by sending expatriates and trainees from areas linked to cooperation.

Cartagena

Child Nutrition

Between December 2018 and 2022, the project "Un barullo para el bienestar nutricional y familiar en la zona sur oriental de Cartagena" was implemented, focused on promoting the comprehensive development of children in early childhood, from conception to age 5, by strengthening family interactions, in their care and nutrition skills and in building protective communities.

With this project, the Fundación Hogar Juvenil has achieved the three results it set out to achieve: 1) the development of basic learning concepts and skills of 600 beneficiaries among children aged 0 to 5 years and pregnant women in the Nelson Mandela, Villa Hermosa, Campo Bello and 20 de enero neighbourhoods was achieved; 2) a process of psychosocial, pedagogical and nutritional support was implemented to enable the construction of a safe and dignified environment; and 3) the health and nutritional status of 600 beneficiaries, including children aged 0 to 5 years and pregnant women in the Nelson Mandela, Villa Hermosa, Campo Bello and 20 de enero neighbourhoods was guaranteed. The activities carried out under this project included: home visits, meetings with

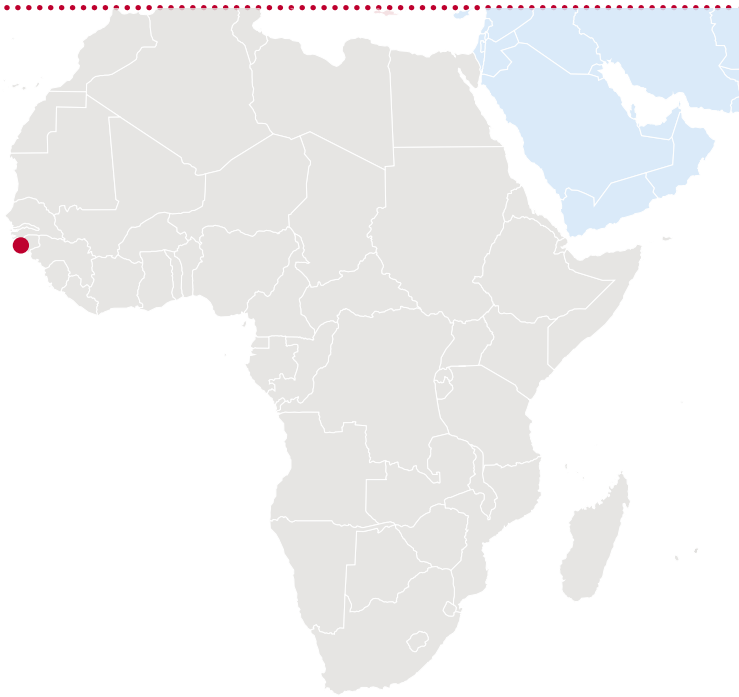
groups of children, pregnant and lactating women, families - pedagogical days with the entire multidisciplinary project team; training for families; development of pedagogical material; control of growth, development and for 1,569 children to receive growth and development control consultations; prenatal control for 231 lactating and pregnant mothers; application of the vaccination scheme; and nutritional recovery.

This project also included an important work of characterization of the households involved, articulation and guidance to other institutional services existing in the territory (such as commissions, public promoters, health institutions) and support in the access to Social Security services.

600 individuals benefited from this project, including pregnant women, newborns and children up to 5 years old.

The project, which contributed to SDG 2 - Zero Hunger, had a duration of 3 years and a total budget of 155,843€, of which €30,000 was provided by AMI.

GUINEA-BISSAU



GUINEA-BISSAU

AMI has been present in Guinea-Bissau since 1987, where it implemented its first mission. Since then, it has intervened in the regions of Boé, Gabú, Bissau, Bolama, Bafatã, Cacheu, Quinara and Tombali, both with emergency and development missions.

Currently, in addition to the mission with expatriate teams in the Quinara Region, AMI continues to intervene in the Sanitary Region of Bolama, in the Bijagós Archipelago, through partnerships with local organizations in projects to promote the development of the Region.

Bolama **Support to Associativism**

One of AMI's areas of activity is the promotion and training of local associations as a way of strengthening civil society and community activism in the countries where it operates, so in 2022 the institution contributed so that the Association for the Protection of the Environment and Social Action (ADMAAS) could carry out the legalization process of its association.

Bolama **Protection from Sexual Exploitation and Abuse**

The Network of Young Defenders and Promoters of Children's Rights in Rural Areas of Bolama/Bijagós (RJDPDCZRB) requested AMI's support in a judicial

process, in a case of rape of a minor. The Network found that the police authorities of the island of Bolama did not have the funds to purchase fuel to transport the minor and a family member to Buba, in the region of Quinara, so that it would be possible to follow up on the judicial process, so AMI supported the fuel expenses.

Bolama **Promotion of Children's Rights**

AMI financed the travel of 4 members of the Network of Young Defenders and Promoters of Children's Rights in Rural Areas of Bolama/Bijagós to the National Meeting that took place between the various delegations of the Network from all over the country.

Bolama

Health

In 2022, AMI supported the Bolama Regional Health Directorate with an annual amount, as it has been doing since 2016. The amount is intended for the Bolama Regional Hospital, contributing to the purchase of fuel for a generator, in order to allow the daily operation of the Autoclave, equipment that allows the sterilization of hospital medical materials. This support benefits around 10,900 inhabitants of the region, a population that is covered by the services of this regional hospital.

Bolama

Individual support

After learning of the serious vision problems of one of the community activists who participated in the institution's projects, AMI funded the purchase of glasses.

Bolama

Education

The Sérgio Vieira de Melo school is located in the centre of the city of Bolama, Guinea-Bissau, and covers pre-school and primary education (1st to 4th grade). It has 5 teachers and 95 students, with 20 children aged between 3 and 5 attending pre-school and 75 children aged between 7 and 9 attending primary school.

The school is composed of two buildings, which were quite degraded due to the years of construction of the infrastructures and due to the bad weather that the island experiences for about 6 months every year. Besides the state of degradation of the two infrastruc-

tures, the school had no tables and desks for students and teachers, existing only a few benches where only part of the students could sit, which was a serious obstacle to a quality education and minimum conditions for the reception of students and the proper functioning of classes.

Thus, the aim of this project was to promote quality education, providing better conditions for students and teachers of this school so that classes could be developed in a safer and healthier environment, through the rehabilitation of two buildings of the school.

The project lasted two months, from 15 October to 15 December 2022, and had a total cost of €7,087, with the support of the solidarity adventurers

who participated in the XVII Solidarity Adventure held in Guinea-Bissau.

Cacheu

Sexual and Reproductive Health

AMI, through a partnership with the Association of Sons and Friends of Tame in Portugal, donated an ultrasound scanner to the health centre of Tame and Canhobe, in the city of Canchungo, Cacheu region, Guinea-Bissau. This donation will allow the population served by this health centre in Guinea-Bissau to have access to an extremely important piece of diagnostic equipment, thus contributing to increase the quality of the health service provided to users.

SOLIDARITY ADVENTURE TO GUINEA-BISSAU

Project's Name	Rehabilitation and equipping of the Sérgio Vieira de Melo School
Goals	To promote quality teaching in a safer and healthier environment
No. of beneficiaries	Direct: 95 students and 5 teachers from the Sérgio Vieira de Melo School
No. of adventurers	11
Length	1 to 10 december 2022
Total cost of the Project	7.087€
Co-funding	€3.900 – Solidarity Adventurers €2.385,89 – Individual Donors €508,11 – Colégio do Rio €293 – Other

HAITI



HAITI

Due to its economically weak situation, Haiti is considered one of the least developed countries in the world and also one of the highly indebted developing countries.

The earthquake that occurred on 14 August 2021 claimed over 2,100 lives. The earthquake was of magnitude 7.2 on the Richter scale, and occurred at a time when the country was facing a pandemic, increasing levels of criminal violence and political uncertainty following the assassination of the President.

AMI intervened with the action "Post - earthquake Emergency Response", through a partnership with REFRAKA.

Grand Sud Post-earthquake humanitarian action

The "Emergency Response after the Earthquake" action aimed, by sending financial and material aid, to support female employees and community radio stations of the REFRAKA network, which were affected by the earthquake of 14 August 2021. Twenty female collaborators from different radios in the Grand Sud were contemplated, who received hygiene and food kits, as well as mattresses, blankets, among other

items, in addition to having access to a small fund, called "fond de relève", destined for the reconstruction and/or repair of their homes and the replacement of lost objects. Financial aid was also extended to 6 community radios, located in the areas affected by the earthquake, so that they could replace destroyed materials and continue to operate normally. Finally, a meeting was held with female REFRAKA employees from the South and Grand Anse, in order to encourage solutions and ideas for income-generating activities in the social and solidarity economy, in the form of small businesses, family farming, livestock breeding, etc., which can be implemented by these women in this period of post-earthquake reconstruction and recovery.

MOZAMBIQUE



MOZAMBIQUE

The World Bank warned that Mozambique faces worrying challenges at the level of social indicators, being in position 181 of the Human Development Index, out of a set of 188 countries and found that the country is short of achieving the Sustainable Development Goals in the chapter of health.

AMI has been working with the Manga Nhaconjo Health Centre in Beira City since 2019 in response to Cyclone Idai.

Manga Nhaconjo Health

The Manga Nhaconjo Health Centre has been a local partner of AMI since the emergency mission carried out in Beira in 2019 in response to Cyclone Idai. The Anjos Terrestres Association is a non-profit organization, created in

2017 and operates in the area of child protection (fostering of orphans) as well as social support to the communities where it operates.

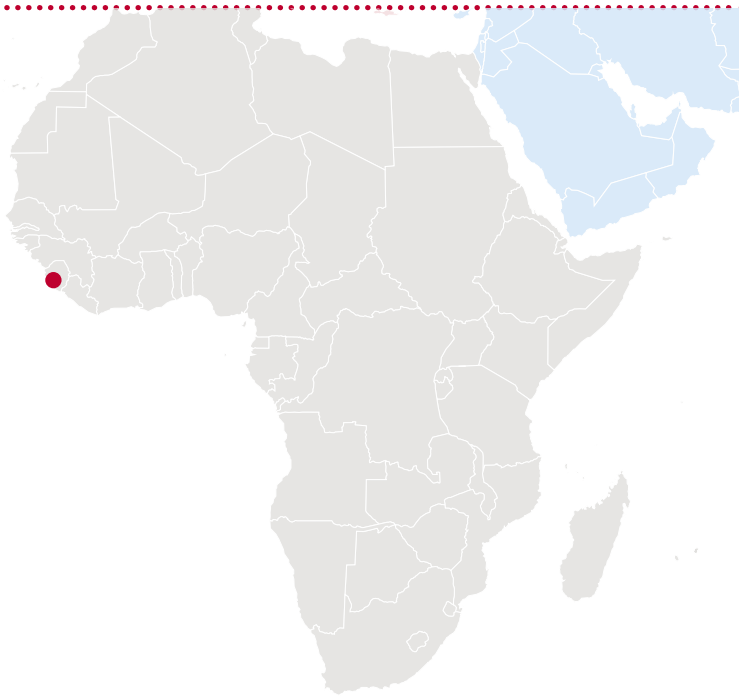
Cyclone Gombé, which hit Mozambique in March 2022, caused several floods, damaged many water and sanitation infrastructures and submerged a lot of food, which increased the appearance of diarrhoea and malaria.

The health centre team has noted a significant increase in the inflow of patients due to cases of diarrhoea and malaria. To address this situation, the team at the Manga Nhaconjo Health Centre once again joined forces with the Anjos Terrestres Association and designed a 6-month intervention with the aim of contributing to the reduction of mortality and morbidity associated with diarrhoeal diseases in the affected population in Beira. To this end, the group

of community activists who worked on the IDAI cyclone response project and the "Mangwana - Prevention of Diseases of Epidemic Potential implemented in 2019" project was reactivated, so that they could develop actions in the neighbourhoods covered by the health centre, in terms of timely detection and referral of cases of diarrhoea to the health centre, and conduct awareness-raising activities for the population on ways to prevent diarrhoea and malaria.

This intervention had a total cost of 5,000 euros, and benefited around 69,101 people, namely the population of neighbourhoods 13 and 14 of Beira City (population covered by the Manga Nhaconjo Health Centre). It contributed to SDG 3 - Health and Well-Being.

SIERRA LEONE



SIERRA LEONE

According to the United Nations Population Fund, Sierra Leone has one of the highest rates of teenage pregnancy and maternal death in the world. Almost a third of girls become mothers before the age of 19 and many, due to the higher risk of complications in young mothers, face the fatal consequences of lack of access to family planning care and comprehensive sexuality education.

AMI has therefore partnered with the We Yone Child Foundation to promote sexual and reproductive health and rights of young people in Sierra Leone and improve the knowledge and skills of children, adolescent girls and youth to make informed decisions about their sexual and reproductive health, seek and avail essential sexual and reproductive health services in Kroo Bay.



Kroo Bay Promoting Sexual and Reproductive Health and Rights in the Kroo Bay community

By the end of the project, which initially lasted 6 months (from March 1 to August 31) and extended for another 2.5 months, 3 main outcomes were sought: 1) adolescents and the community at large improve their knowledge, competence and skills to make informed decisions about their Sexual and Reproductive Health and about seeking essential Sexual and Reproductive Health services; 2) youth's family members, key stakeholders and community leaders are involved and actively participate in promoting sexual and reproductive health and rights; and 3) quality Sexual and Reproductive Health services are available to youth in Kroo Bay.

This project included an intervention in 6 primary and secondary schools in which the highest rates of teenage pregnancy were recorded, as well as in the surrounding communities. A set of activities was implemented which included the creation of Life Skills Clubs and Extra Biology Classes in the targeted schools; dissemination of SRHR promotion messages on social media; 6 radio and TV broadcasts; 48 awareness raising sessions streamlined by change agents in the community; meetings and discussions with key stakeholders and religious leaders; engagement meetings with 108 parents of the students; Sexual and Reproductive Health service, with distribution of 69 items of contraceptives and STI treatment; production and distribution of dignified reusable sanitary pads for 60 female pre-adolescents.

During the project implementation period, the rate of new pregnancies in the schools where intervention took place was null and there was a reduction in the cases of sexually transmitted infections identified. A final evaluation also revealed a significant increase in the knowledge of the adolescents covered on the topics of puberty, teenage pregnancy and sexually transmitted infections. The project budget totalled €6,000 and was 100% funded by AMI. It contributed to SDG 3 - Health and Well-Being and SDG 5 - Gender Equality.

PARTNERSHIPS WITH OTHER INSTITUTIONS

Partnership with GNR Health Centre

Under the protocol established with the GNR Health Centre, 4 traveller's consultations were carried out in 2022. Since the beginning of the partnership, in 2009, 220 consultations were carried out at the beginning and end of the mission.

Protocol with Instituto Superior de Ciências Sociais e Políticas (ISCSP)

In 2022, the protocol between AMI and ISCSP was renewed, which foresees the participation of AMI in the discipline of Project Management of the Master in Humanitarian Action, having also been agreed the extension in 2023 of the partnership, so that AMI can give the module "Volunteering and Security".



Sierra Leone

3.3 NATIONAL SOCIAL ACTION PROJECTS

AMI Lisbon Street Team had the first contact with J. in January 2022, when he arrived at the Porta Amiga Centre in Olaias to take a shower and use the wardrobe service. The service ended in a few minutes, since the beneficiary was not willing to share much about himself. It was possible to understand that he was on the streets and had some health problems. From that day on, we tried, subtly, to create a relationship of trust, but always with the concern of not being invasive. We knew that an attitude respectful of his space could provide a solid and positive relationship in the future. Over the course of a year, we accompanied J. who, being homeless, moved from the street to a car where he slept for most of that year. Throughout this period, J. started to gradually open up with the team, staff

and beneficiaries of the Porta Amiga Olaias Centre and to demonstrate an incomparable resilience. Recently, J., on his own initiative, found a room, to which he moved, that he describes as "warm" and "nice" and finally, after a year of battle with his health problems, isolation, mental illness diagnosis and the traumatic experience of the street, he managed to overcome this difficult period in an absolutely remarkable way. Still today, he thanks AMI's team a lot for the "help", but, in truth, we are the ones who have to thank him, because it is for cases like this that our Mission continues!

Life story of one among many
AMI beneficiaries

Since 1994, when the first Porta Amiga Centre opened, 82,644 people suffering from poverty and social exclusion have been accompanied.

In 2022, in turn, 2,081 people sought AMI's support for the first time, which corresponds to 21% of the total population. The number of new cases monitored this year increased by 26% compared to 2021².

POPULATION CHARACTERISATION

In 2022, in the metropolitan areas of Lisbon and Porto, 4,721 and 3,503 people, respectively, resorted to AMI's social equipment, which corresponds to a decrease of 4% in Lisbon and increase of 10% in Porto, compared to 2021. In Coimbra, 709 people resorted to the

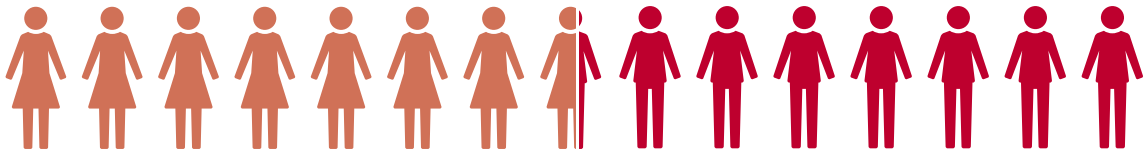
Porta Amiga Centre, 382 more than the previous year. In Funchal and Angra do Heroísmo, AMI was sought by 484 and 706 people, respectively, with an increase of 7% in Funchal and 6% in Angra do Heroísmo compared to 2021.

²The number of new cases followed up in 2022 presents limitations in its counting, since the new Database only counts people who had a file created in 2022, excluding those who already had a file created before, but are new to a particular social equipment.

PEOPLE MONITORED IN PORTUGAL IN 2022

9991

people monitored in 2022 in Portugal,
with an increase of 6% compared to 2021:

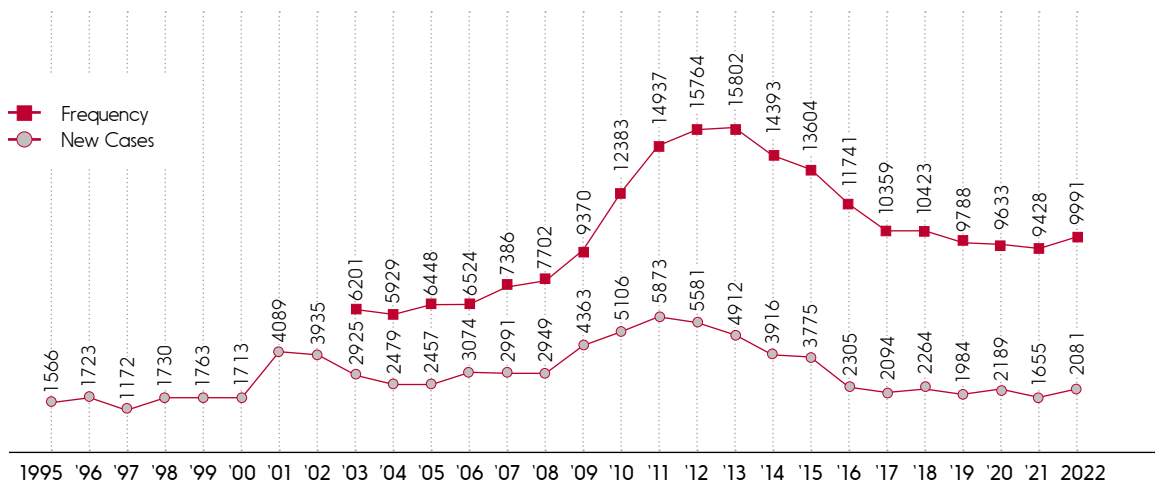


5204 monitored people are women (52%)

4787 monitored people are men (48%)

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OVERALL EVOLUTION OF NEW CASES SINCE 1997



Opening of the 1st Porta Amiga Centre in Olaias

Start of the "Lisbon Street Team" project
5 Porta Amiga Centres and 1 Night Shelter
1 Home Support Service

9 Porta Amiga Centres, 2 Street Teams, 2 Night Shelters, 1 Home Support Service, 1 Social Residence
2 food reception points

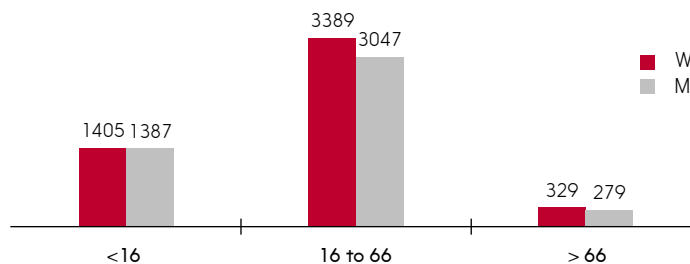
9 Porta Amiga Centres, 2 Street Teams, 3 Night Shelters,
1 Home Support Service,
1 food reception point

**EVOLUTION OF ANNUAL ATTENDANCE (2018-2022)
OF THE POPULATION BY GEOGRAPHICAL AREA**

Geographic Areas		2018	2019	2020	2021	2022	Total
Greater Lisbon	Lisbon – Olaias	2.425	2.209	1.947	1.726	1.859	10.166
	Lisbon – Chelas	980	939	863	897	678	4.357
	Lisbon – Graça Shelter	85	106	63	78	113	445
	Lisbon – Casa do Lago	0	0	0	44	181	62
	Lisbon – Home Support	55	44	41	47	55	242
	Almada	1.711	1.622	1.676	1.417	1.326	7.752
	Cascais	803	808	747	713	672	3.743
Total Greater Lisbon	6.059	5.728	5.337	4.922	4.884	26.930	
Greater Porto	Porto	1.645	1.381	1.733	1.812	2.169	8.740
	Porto Shelter	61	57	60	59	57	294
	Gaia	1.398	1.250	1.253	1.328	1.77	6.506
Total Greater Porto	3.104	2.688	3.046	3.199	3.503	15.540	
Coimbra	Coimbra	422	384	393	327	709	2.235
Madeira	Funchal	445	395	435	452	484	2.211
Azores	Angra Heroísmo	634	800	594	667	706	3.401
Total Coimbra and Islands		1.501	1.579	1.422	1.446	1.899	7.847
TOTAL		10.423*	9.788*	9.633*	9.428*	9.991*	49.263*

*The indicated value does not correspond to the real sum of the totals, since there are beneficiaries who were attended in more than one AMI social equipment.

MONITORING POPULATION IN 2022 BY AGE GROUP



There is thus a sharp decrease in the accompanied population between 2013 and 2021, and this trend in 2022 is reversed with an increase in the accompanied population. This population increase in 2022 reflects the current social context, marked by profound socioeconomic and political transformations. **The number of accompanied persons in 2022 is similar to the number at the beginning of 2009, when the crisis started.**

4,572 households were monitored in 2022, which are divided into various family typologies, namely: 31% isolated, 17% nuclear with children, 16% single parent and 4% nuclear without children. It should be noted that 47 households are composed by more than 9 persons.

The most significant age brackets continue to be between 30-59 years old (38%), with the working age population (56%) being those who most resort to social facilities. It is verified that children and young people, under 16 years of age, also represent a significant percentage of the monitored population (28%), as well as adults under 30 years of age (19%).

With regard to marital status, the vast majority of the monitored population is alone (52%) (single, divorced or widowed), with only 20% married or living in a consensual union. The group of women registers a higher percentage of married or cohabiting couples (12%) than the group of men (8%).

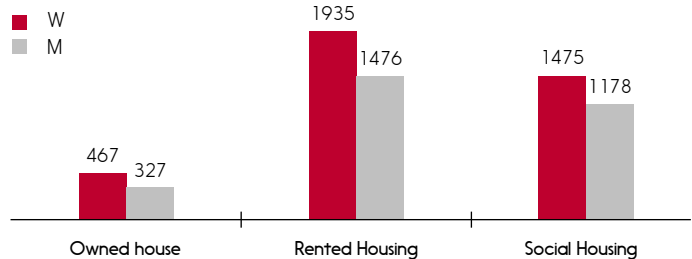
In 2022, with regard to the housing situation, 6,858 people (67%) live at home (2% more than in 2021), of which: 794 own homes, 3,411 rented homes and 2,653 social housing.

Regarding naturalisation, the most significant is still Portuguese, with 8,076 people (81%). In 2022, 1,441 immigrants were accompanied, representing 14% of the total population.

Regarding nationality, there are 1,236 foreigners (+ 92% compared to 2021), 232 of whom are undocumented in Portugal.

Low academic qualifications continue to be a dominant characteristic of the

TYPE OF RESIDENCE IN 2022, BY GENDER



monitored population, conditioning the possibilities of integration in the labour market and of overcoming a situation of social vulnerability. The most representative level of education is the 1st cycle (20%), followed by the 2nd cycle (15%) and 3rd cycle (13%). 7% have secondary education, of which 53% are women.

The number of people with higher education qualifications, 260 with undergraduate degrees, 14 with master's degrees and 3 with doctorates, increased by 37% compared to 2021. It should be noted that 5% of the population has no level of education, of which 60% are women. With regard to professional training, 51% of the population, aged over 16 years, has no professional training.

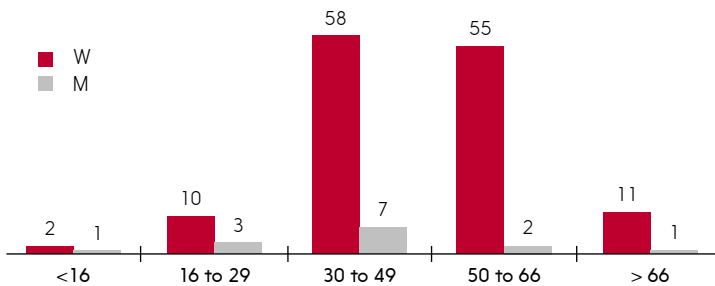
With regard to current activity, it can be seen that 13% of the population, aged over 16, are employed and 52% of the population are unemployed. Of the unemployed population, 40% are looking for a new job and 7% are looking for their first job. With regard to the length of unemployment, 20% have been unemployed for more than 12 months.

Of the total population monitored, only 5,465 people (55% of the total population) have formal economic resources which come mainly from the Social Integration Income (28%), retirement (13%), social subsidies and support (6%) and pensions (6%). It should be noted that 17% have income from fixed and variable wages. In this context, in relation to the value of resources, 20% is receiving between 301€-500€ per month and 15% less than 200€ per month.

In turn, 4085 people (41% of the total population) resort to informal resources, such as support from family members (28%) and friends (9%). 1% resorts to begging, the same percentage as in 2021.

As the main reasons for resorting to the social equipment of AMI, 53% of the population verbalised financial precariousness, 26% unemployment, 11% physical illness, 11% family problems, 6% homelessness and 4% mental health. Of the total number of beneficiaries who mentioned financial precariousness as a reason for resorting to AMI's social support services, 52% are women.

VICTIMS OF VIOLENCE IN 2022 BY AGE GROUP, BY GENDER



The population under care also presents several health problems, at physical, mental and consumption levels. Mental health is a very important issue, becoming a focus of prevention by the social facilities.

Consumption problems were also mentioned by the population under supervision.

In terms of basic needs, the most evident are food (68%), clothing (48%), shelter (8%) and personal hygiene (8%), as well as employment (30%), financial support (21%), medication (20%) and medical consultations (16%).

Domestic violence, specifically gender violence, is a social phenomenon that continues to be part of the reality of the population monitored in the AMI social equipment, with women being the most frequent victims. In 2022, 150 victims of domestic violence were accompanied, 8% less than in 2021. It should be noted that, in many situations, the victims do not recognise or do not assume that they are victims. Only after a long follow-up and social counselling

work is it possible to recognise the existence of this situation. Thus, the number mentioned will certainly be higher.

Women (91%) represent the predominant profile of the victims, with the following characteristics: between 30 and 59 years of age (77%); single (24%) or divorced (25%); living in rented houses (29%) or social housing (31%) and with a primary level education (25%) or secondary level education (21%). The aggressor is, in most cases, the spouse/boyfriend.

In 2022, 4 episodes of violence were verbalized by the victims, with the following specificities: 100% took place at home; in 75% of the episodes the aggressor was the spouse/boyfriend; different types of violence were exercised, namely 75% physical aggression, 50% offenses/insults, 25% bullying/intimidation and 50% moral violence. It should be noted that in many cases the victims do not verbalize the episodes of violence to the professionals of AMI's technical teams, so the number mentioned will certainly be higher.

The graph shows that three young people under the age of 16 reported having been victims of violence, of which two are female and one male. Elderly violence is also a reality present in AMI's social facilities, having affected, in 2022, 11 women and 1 man.

In addition to the social facilities, AMI's head office also receives requests for help usually by email. A survey is conducted of the person's needs, as well as the geographic area where the person is, thus being able to direct them to the most appropriate institution.

Thus, in 2022, AMI's head office received 61 requests for help of various types, namely: 15 for food support, 27 for housing support, 8 for integration in a Temporary Shelter Centre, 12 for financial support, 2 for home help, 2 for school materials, 1 for medical support and 1 for a residence permit. It should be noted that, on average, at least 1 request for help arrives at AMI's head office every week, and the month with the most requests for help in 2022 was October, with 9 requests for help.

The requests were forwarded to AMI's various social facilities (North, Centre, Lisbon and Islands), as well as to other institutions when AMI does not provide answers to the identified need.

Finally, in a global and summarized manner, we highlight the main characteristics of the population monitored in 2022:

- 38% is between 30-59 years old;
- 52% are single, divorced and widowed;
- 67% live in owned, rented and social housing;
- 14% are immigrants;
- 20% have completed the 1st cycle of education and 15% the 2nd cycle;
- 52% of the population over 16 years old is unemployed;
- 55% have formal economic income, of which 28% have RSI (Social Reinsertion Income);
- 53% sought the facilities due to financial precariousness;
- 150 people are victims of domestic violence.

WORK WITH CHILDREN AND YOUNG PEOPLE

In 2022, 2,792 children and young people were monitored in the social facilities. In order to provide more targeted support to this population, AMI developed two social responses, namely the Junior Social Exclusion Prevention Space (EPES) and support with school supplies.

The Junior EPES aims to promote the integration and social inclusion of all children and young people, preventing future situations of social exclusion and marginalisation. This population often presents high levels of school failure, so we seek to work together to develop personal and social skills, so that children feel more motivated, confident and determined in their school career. In addition, it is a space where playful and recreational activities are developed,

giving children and young people the opportunity to awaken and stimulate creativity, as well as to celebrate festive dates that mark cultural milestones.

EPES Junior takes place in the Gaia and Cascais Porta Amiga Centres, having accompanied a total of 68 children and young people in 2022 (43% more than in 2021). Most of the children and young people are female (58%) and are between 11 and 15 years old (58%).

In 2022, 2,714 children and young people were supported with school supplies (4% less than in 2021) from the partnership between AMI and the Auchan group³. This partnership has been in effect since 2009 and its main objective is to support children and young people belonging to households monitored by the social facilities in their school progress and success.

³ See page 88



WORK WITH THE SENIOR POPULATION

In turn, EPES Senior is developed in the Chelas, Olaias, Cascais and Funchal Porta Amiga Centres, having accompanied a total of 222 people in 2022. This increase is due to the fact that the social equipment has resumed activities and group dynamics, which in 2021 were still very limited and restricted given the post-pandemic context. The majority of people are female (70%) and are in the 67+ age group (31%).

EPES Senior aims to promote the personal and social skills, as well as the motivation and self-esteem of those who attend, in order to prevent future situations of social exclusion and marginalisation. It is a space adapted to the reality and needs of each person, seeking to develop small workshops and other cultural and recreational activities.

SOCIAL SUPPORT FUNDS

Social Development and Promotion Fund

In 2015, AMI created the Fund for Social Development and Promotion (FDPS) which aimed to support the payment of current expenses related to housing (water, electricity, gas). It was possible to ascertain, during the first year of operation of this support, that there were other fundamental needs for which this support could be channelled, so a change was made to cover the payment of medication, transport, rents, among others. The criteria are regulated and accessible through AMI's website.

In 2022, 360 support requests were made to 491 people, which resulted in the payment of 726 expenses (12% more than in 2021), specifically: water, electricity and gas (241), medication (137), others (85), house/room rent (79), transport (86), consultations (75), training (6) and documentation (17), totaling €19,160.19.

AMI University Fund

The 8th edition of the AMI University Fund, a social support grant of up to €700, which is intended to support the payment of tuition fees for students attending undergraduate or master's degree courses in public higher education institutions, supported 41 university students.

Registered in educational establishments from north to south of the country, the grant recipients are of Portuguese, Cape Verdean, Guinean and Angolan nationality, and attend courses in the areas of Environment, Arts, Social Sciences, Sciences, Engineering, Health and Information Technology.

Compared to the previous year, in 2022, 19 new applications and 22 renewals of grants were approved, of which 34 undergraduate degrees and 7 master's degrees.

Since the 1st edition of the AMI University Fund in the 2015/2016 academic year, 373 students have already benefited from this support.

HOMELESS POPULATION

Since 1999, when this count began, 13,049 homeless people have already been accompanied.

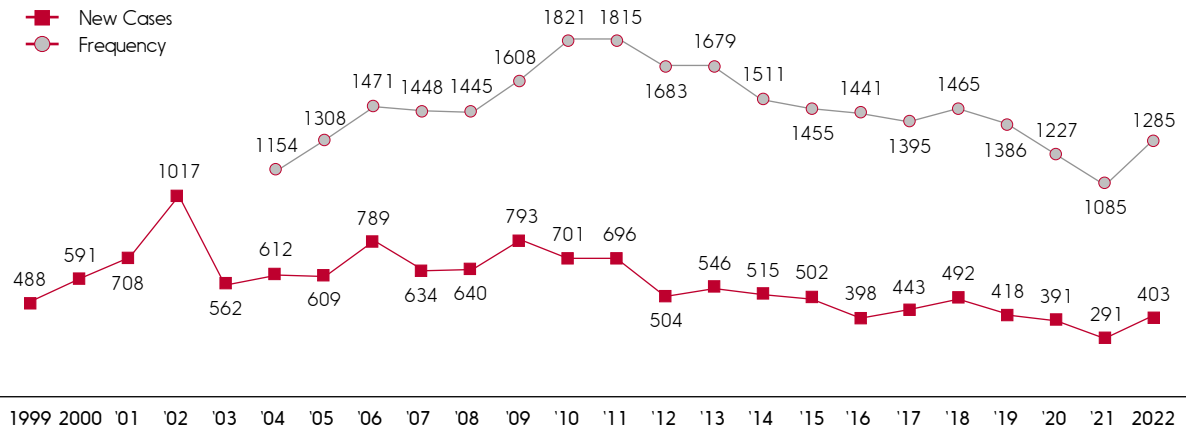
In 2022, AMI monitored a total of 1,285 homeless people, 18% more than the previous year, who fit the typology defined by the European Federation of Organizations Working with the Homeless Population (FEANTSA). The homeless population represents 13% of the total population monitored in 2022. In turn, 403 people experiencing homelessness sought AMI's support for the first time. The number of new cases monitored this year increased by 38% compared to 2021.

The homeless people monitored in 2022 are mainly distributed among the large urban centres, great Lisbon (50%) and great Porto (44%). Compared to 2021, there is an increase in the number of people accompanied in the region of Greater Lisbon (19% more) and Greater Porto (16% more).

The majority of people are male (79%) and aged between 40-49 years (20%) and 50-59 years (28%). With regard to marital status, the vast majority of homeless people are alone (71%) (single, divorced or widowed), with only 10% married or living in a consensual union.

The women's group registers a lower percentage of married or cohabiting women (3%) than the men's group (6%). The natural origin of the homeless population who sought assistance in the social facilities is mainly Portuguese (73%). In 2022, 275 homeless immigrants were accompanied, coming from: 43% from PALOP, 35% from other countries, 13% from other African countries and

EVOLUTION OF NEW HOMELESS CASES



8% from EU countries. Regarding nationality, there are 226 foreigners (+ 79% compared to 2021), of which 59 are in an irregular situation in Portugal.

It can be verified that the educational qualifications are low, since most people have attended the 1st cycle of studies (19%) or 2nd cycle of studies (20%). It should also be noted that 17% have attended the 3rd cycle, 11% secondary education and 4% higher education. It should be noted that 2% of homeless people have no schooling at all. With regard to professional training, 50% of the population, aged over 16 years, has no professional training.

Of the total number of homeless people monitored, only 700 people (54%) have formal economic resources, which come mainly from the Social Integration Income (41%), retirement (11%), social subsidies and support (4%) and pensions (4%). It should be noted that 11% have income from fixed and variable wages. In turn, there are 674 people who resort to informal

AS FOR THE PLACES WHERE THEY STAY OVERNIGHT, AND IN DESCENDING ORDER:

Overnight accommodation	Percentage of population
Street (stairs/patios, abandoned buildings/cars, dumpsters and stations)	20%
Homelessness (temporary, emergency or domestic violence accommodation)	14%
Rooms	11%
Temporary accommodation (people staying temporarily in relatives' or friends' houses and boarding houses)	10%
Inadequate housing	6%
Rented housing*	5%
Other Places	34%

*They belong to the group of homeless people because they are under threat of eviction and/or expulsion, or living in overcrowded spaces, and their housing situation is insecure.

resources, such as the support from relatives (15%) and friends (16%), being the resource of the majority, followed by begging (7%).

As the main reasons for the current situation, and consequently seeking the assistance of AMI, 56% of the population expressed financial precariousness, 47% unemployment, 34% homelessness, 25% family problems, 12% physical illness, 11% drug addiction, 9% alcoholism and 8% mental illness.

Finally, in terms of basic needs, the most evident are food (74%), clothing (55%), shelter (50%) and personal hygiene (48%).

IMMIGRANT POPULATION

The expression of the immigrant population, in relation to the total number of persons accompanied by AMI, has been decreasing from year to year, but in 2022, there was a marked increase. In 2022, 690 more immigrants were accompanied than in 2021, an increase of 92%.

Of the immigrant population, 53% are from other countries, 37% from PALOP countries, 6% from other African countries and 3% from EU countries. Within the group of other countries, the majority come from Ukraine (318 people) and Brazil (251 people).

During the year 2022, AMI's social equipment accompanied **295 refugees (205 women and 90 men), an increase of 100% compared to 2021.**

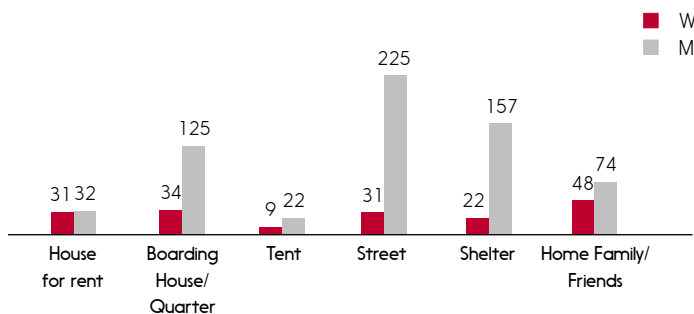
SOCIAL INTERVENTION WITH UKRAINIAN REFUGEE FAMILIES

On 24 February 2022, the world witnessed the beginning of the war in Ukraine, a country of over 40 million people. Given the new and violent real-

ity of the Ukrainian population, as well as all the social problems that arose as a result, Portugal was chosen by many refugee families for a new start in life. Given the high daily mobilization of people to Portugal, AMI and the social equipment were prepared to receive and support those who needed it most.

Although refugee families were accompanied in the social facilities of Porto, Lisbon and the islands, the Porta Amiga Centre in Coimbra became the refer-

PLACE OF OVERNIGHT STAY OF THE HOMELESS POPULATION



ECONOMIC RESOURCES

Resource	Formal	Informal	Percentage of population
Social Insertion Income (RSI)	X		41%
Pensions and retirement	X		15%
Social support/subsidies	X		4%
Fixed and variable salary	X		11%
Support from family and friends		X	31%
Begging		X	7%

ence for many of these families, having supported the first one as recently as March 2022. Facing this new reality, the Coimbra Porta Amiga Centre team had to adapt, reinforcing the team and the procedures implemented.

The social intervention carried out involved welcoming and integration, seeking to support people in various areas, namely: documentation, schooling, employability, health, social protection and housing.

In terms of documentation, support was provided in mediation with the SEF (Immigration Services), requesting diplomas and certificates of qualifications.

With regard to schooling, all children and young people were integrated in basic and secondary schools and young adults were integrated in higher education. In this context, numerous approaches were made to the University of Coimbra, the Polytechnic Institute of Coimbra, the Directorate-General for Higher Education, the Directorate-General for Educational Establishments and also to the schools themselves. It was possible to ensure that all students in compulsory education benefited from school vouchers for textbooks, school meals and public transport in the city. Within the scope of AMI's school campaign, it was also possible to deliver backpacks and material for greater school success among children and young people.

The contact with school groupings was promoted and maintained, with cooperation work being carried out for a better integration of children and families. In many cases, through a translator, also a refugee from the war in Ukraine, and a volunteer lawyer, it was possible to trans-

late diplomas and certificates, essential for easier access to education and employability.

In May 2022, the first class of "Portuguese as a non-mother tongue" began, with the support of 3 volunteers, namely, two teachers and a translator. The classes, held three times a week, were very well attended, allowing the creation of learning, socializing, friendship and sharing moments between the refugees and the Porta Amiga Centre team. The classes helped, also, in the emotional and psychological issues of these people, because they allowed the creation of a support network and started to share other moments of their daily life.

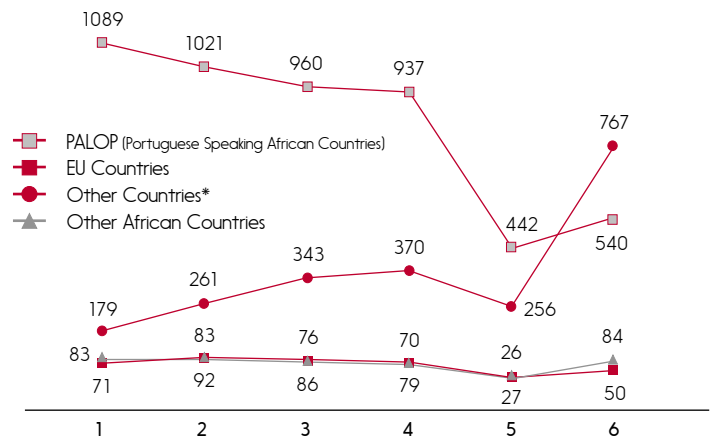
Due to the high demand from refugees from the Ukraine war, but also from other migrants, 5 classes were opened throughout 2022, and 83 people par-

ticipated in the classes of "Portuguese as a non-mother tongue", 64 women and 19 men.

Regarding employability, we tried to establish close contacts with numerous companies in order to facilitate insertion in the labour market. Some people obtained employment in the technological area, cleaning and catering, however, more than 90% did not.

In terms of health, it was possible to register in the respective health centres. The Porta Amiga Centre team in Coimbra accompanied, often with a volunteer translator, the medical appointments, helping with medication and complementary exams. They were also accompanied to specialty appointments, such as dental appointments, where treatments were provided free of charge or at low cost.

EVOLUTION OF THE IMMIGRANT POPULATION



*Other countries include 318 persons from Ukraine and 251 from Brazil.



With regard to social protection, all the people assisted had support in the SEF (Foreign and Borders Services), IIEFP (Employment Institute) and, mainly, Social Security processes, namely in the application for the Social Integration Income (RSI) and Family Allowance. It was possible to unblock processes that were at a standstill, suspended, proposed for termination and to enable access to this income that, in most cases, was the only possible.

The issue of housing was the one that presented the most challenges. The Porta Amiga Centre in Coimbra provided support during the integration of refugees in host families, however, over time, these situations were increasingly reduced. Of the people accompanied, some were integrated into housing with no associated costs and others rented

housing that they were able to pay for because they had economic reserves.

In general, the attendance and social accompaniment was reinforced, the accompaniment to the exterior, the distribution of food and school material, articles for home, the support in health and in the search for employment and housing.

In 2022, in the Porta Amiga Centre in Coimbra, 256 refugees from Ukraine were accompanied, 183 women and 73 men.

The most significant age brackets are between 30-39 years old (19%), 40-49 years old (16%) and 21-29 years old (10%), as well as the existence of 87 children and young people aged up to 20 years old, being the predominance in the 6-10 years age group (11%).

Regarding marital status, most people are married (54%) or single (36%). The most significant academic qualifications are university degree (18%), secondary education (11%) and 3rd cycle (8%).

The people accompanied have various needs, namely food (35%), financial support (23%), employment (21%), housing (17%) and medical consultation (7%). A total of 115 family households were monitored, divided into various family typologies, namely: 23% isolated, 23% single parent, 21% nuclear with children, other type of household (12%), nuclear without children (7%).

In 2023, in light of the context of the war in Ukraine, AMI and the social facilities will continue to strengthen the social intervention carried out, providing support to refugees.

SOCIAL EQUIPMENT - COMMON SERVICES

Considering the multidimensionality of the social problems presented above, it is fundamental to make available a set of equally multidimensional services, which may meet the needs and promote an improvement in the quality of life of the monitored population.

In 2022, 22,414 assistance, follow-up and referrals were conducted, of which: 6,304 were consultations; 12,972 follow-ups; and 3,138 referrals.









In this context, 2,259 actions were also carried out, related to telephone contacts, reception/delivery of correspondence, among other subjects.

A total of 210 home visits were made to more than 70 people.

FOOD SUPPORT Canteens

In 2022, the canteen service was attended by 1,385 people (10% less than in 2021), of which 68% are men. It should be noted that the decrease in meals is mainly due to the fact that in 2021, during the pandemic, more lunches and snacks were served to users who remained in the Shelters all day because they were not integrated into the labour market or in training, in order to ensure their safety.

IN TERMS OF SERVICES TO SATISFY BASIC NEEDS, THE FOLLOWING CAN BE OBSERVED:

	the shower room was used by 575 people in a total of 20,364 times (28% more compared to 2021)		household items were distributed to 240 people in a total of 625 times (48% less compared to 2021)
	the laundry was used by 441 people in a total of 4662 times (31% more than in 2021)		nursing support was used by 226 people in a total of 1717 times (38% less compared to 2021)
	the wardrobe room was used by 2228 people, 23% more compared to 2021		doctor support was used by 105 people in a total of 203 times (100% more compared to 2021)
	hygiene products were distributed to 765 people in a total of 3384 times (16% less compared to 2021)		psychological support was used by 206 people, a total of 1713 times (17% less compared to 2021)

In the social facilities and through Home Support, 168,961 meals were served. Since 1997, more than 4.3 million meals have been served.

Operational Programme to Support the Most Deprived Persons (POAPMC)

The Operational Programme of Support for the Most Deprived Persons (POAPMC) is an intervention programme of the Fund for European Aid to the Most Deprived Persons (FEAC), whose objectives are food support and skills development, with a view to social inclusion. The AMI Foundation, through its Porta Amiga Centres, participates in this programme as Mediating Entity in the territories of Almada, Vila Nova de Gaia and Angra do Heroísmo, and as Recep-

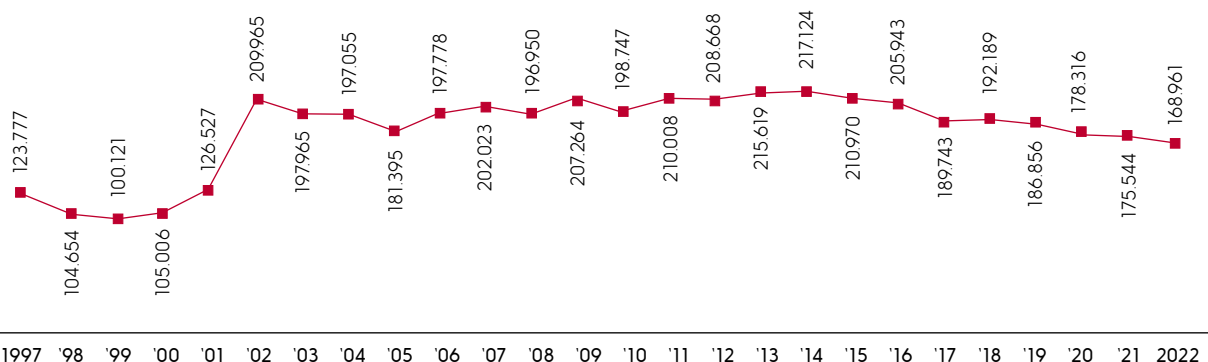
tion Centre and Mediating Entity in Porto. The programme involves the distribution of a monthly basket, which aims to supply 50% of the daily nutritional needs of the final recipients.

In 2022, the 2nd phase of the programme was continued in the Porta Amiga Centre in Porto, Gaia and Almada. The Porta Amiga Centre in Angra do Heroísmo, due to the end of the 1st phase of the programme and with the financing and collaboration of the Social Security Institute of the Azores, distributed a food basket to the programme recipients, between January and May 2022. The 2nd phase of the POAPMC of the Angra Porta Amiga Centre was approved in June 2022, with its start in 2023.

In 2022 AMI accompanied a total of 2,106 people (5% more than in 2021), namely 1,657 in Porto, 266 in Gaia, 140 in Almada and 43 in Angra. Due to the fact that the Porta Amiga Centre in Porto is the Reception Centre, 2,488 more people were indirectly accompanied through the two partner entities: ANAP and ASAS of Ramalde.

The POAPMC also assumes the implementation of accompanying training measures, with the themes: "Waste Prevention", "Optimisation of Family Budget Management" and "Selection of Foodstuffs". In 2022, 19 accompanying actions were dynamised, of which 14 in Porto, 3 in Almada and 2 in Gaia. In 2022, within this scope, two audits were carried out to the Porto POAPMC that aimed to verify the compliance of the programme implementation, carried out by the Social Security Institute and the Agency for Development and Cohesion (AD&C).

ANNUAL EVOLUTION OF DISTRIBUTED MEALS



In general, the results of the two audits were positive, with only two suggestions having to be implemented: publicizing the objectives, results and financial support on AMI's institutional website and introducing the quantity of food from hypermarket donations on the SIFEAC platform.

Distribution of Food

In 2022, 4,057 people were supported with food products, a 4% increase over the previous year.

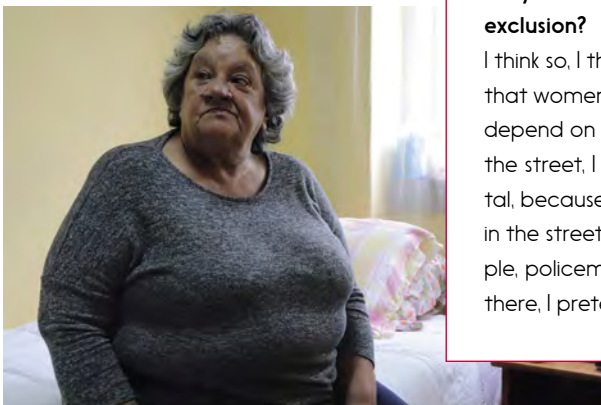
In 2022, through regular donations from various partners, it was possible to deliver food baskets to families accompanied in the social facilities.

Every year, in addition to regular donations, AMI tries to make up for the lack of food through campaigns with various entities. In 2022, in October, a food collection was carried out in Aldi hypermarkets (in 9 different shops) for the 7 National Porta Amiga Centres (Porto, Gaia, Coimbra, Chelas, Olaias, Almada and Cascais). In this food collection, 12,780 units of food products and 410 units of hygiene products were collected, totalling 8,659 kg of products. The month of December is marked by the Christmas campaign, a campaign developed by AMI with the support of several companies, which aims to distribute foodstuffs alluding to the season (cod, olive oil, dried fruit, canned goods, etc.) to the families assisted in the social facilities.

In addition to these national campaigns, there were other campaigns at local level with the same objective, with the collaboration of various local entities.

NIGHT SHELTERS

AMI has two Temporary Accommodation Centres for men, one in Lisbon since 1997 (Abrigo da Graça) and one in Porto since 2006 (Abrigo do Porto). Between January 2021 and March 2022, AMI assumed the shared management of a Municipal Emergency Accommodation Centre for women - Casa do Lago - in close collaboration with the Lisbon City Council. Although it was only in operation for 1 year and 3 months, Casa do Lago



Do you think that women are more vulnerable to situations of housing exclusion?

I think so, I think they are because of the fact that they are women. I think that women are not used to being without a floor, women are not used to depend on others. I see it for myself, I see that, for example, when I was in the street, I safeguarded myself and went to sleep at Santa Maria hospital, because I felt more protected. The other girls told me that they slept in the street. I don't know if I could. In Santa Maria there were always people, policemen, they ended up noticing me, of course.. The first day I got there, I pretended to be sick.

was an extremely important response for homeless women, as it contributed to the elaboration, development and decision making regarding their life project. Due to the greater social vulnerability and housing exclusion to which homeless women are subjected, it is essential to create more welcoming responses that assist in their social (re)integration.

Since 1997, Graça Shelter has accompanied 1,042 people, to which must be added 531 people accompanied by Porto Shelter since 2006. Thus, since 1997, the shelters have accompanied 1,573 homeless men in conditions of socio-professional insertion.

In 2022, 103 new homeless people were monitored, 79 men in Graça Shelter, 23 men in Porto Shelter and 1 woman in Casa do Lago.

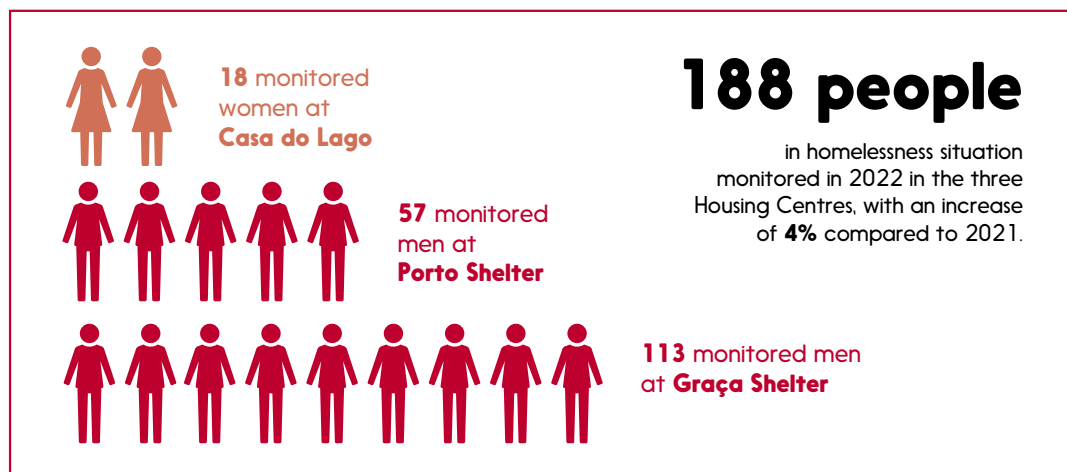
In terms of the homeless population monitored in the shelters, the age brackets with the greatest weighting are between 50-59 years (34%), 30-39 years (27%) and 40-49 years (15%). Regarding marital status, the vast majority of the population is alone (92%) (single, divorced or widowed), with only 6% married or living in a consensual union.

The natural origin of the homeless population who sought assistance in the shelters is mainly Portuguese (57%). In 2022, 72 homeless immigrants were accompanied in the shelters, coming from: 26% from PALOP countries, 46% from other countries, 15% from other African countries and 13% from EU countries. In terms of nationality, there are 59 foreigners, 13 of which are undocumented in Portugal.

It can be verified that the level of literacy is low, since the majority of homeless people have attended primary school (10%) or secondary school (19%). It should also be noted that 25% have attended the 3rd cycle, 27% secondary education and 11% higher education. It should be noted that 2% of homeless people have no schooling at all. With regard to professional training, 40% of the population has no professional training.

Regarding the current activity, it appears that 50% of the homeless population monitored in shelters is unemployed.

HOMELESS PEOPLE MONITORED IN AMI SHELTERS



Formal economic resources come from access to various subsidies, as shown in the table on the right.

With regard to informal resources, the most frequent ones are the support from family members (9%) and friends (4%).

As the main reasons for having recurred to the shelters, the population refers to financial precariousness (61%), unemployment (53%), eviction or homelessness (35%), family problems (23%), drug addiction and/or alcoholism (11%) and mental health problems (2%). In terms of basic needs, the most evident are food (86%), shelter (81%), personal hygiene (78%) and clothing (29%). Also the needs for employment (70%), financial support (18%), medical consultations (18%) and medicines (10%) are a reality of the homeless population monitored.

Of the 170 people who were in 2022 in the Porto Shelter and Graça Shelter, there were 119 exits, of which 34% without previous warning or did not inform where they were going; 19% with some financial autonomy that left to a rented room/apartment; 14% left because they did not have the profile to integrate the shelter; 9% left to go live with family/friends or return to their country of origin; 5% emigrated and 5% left to integrate another institutional response.

In 2022, the three Accommodation Centres, namely Graça Shelter, Porto Shelter and Casa do Lago, provided a set of services aimed at promoting the social (re)integration of homeless people.

In terms of social accompaniment and counselling, 182 homeless people were supported, with a total of 2,829 consultations,

FORMAL ECONOMIC RESOURCES COME FROM ACCESS TO VARIOUS SUBSIDIES:

Social Integration Income	28%
Study grant	12%
Unemployment Benefit	5%
Retirement	5%
Fixed or variable salary*	22%

* Precarious, as it does not allow an immediate exit from this situation.



Casa do Lago

accompaniments and referrals, specifically 1,221 consultations, 1,443 accompaniments and 165 referrals. Within this scope, 70 diligences were also made in terms of telephone contacts, reception/delivery of correspondence and others.

181 people stayed overnight in the Shelters, a total of 15,894 times. 455 psychological consultations were held, involving 51 people. The Employment Support Office accompanied 117 people a total of 778 times.

In turn, 732 nursing support and 23 medical support services were provided, covering 45 and 23 people, respectively.

In terms of services to satisfy basic needs, the following can be observed:

STREET TEAMS

AMI Street Teams are developed from two Porta Amiga Centres: the Lisbon Street Team, from the Porta Amiga Olaias Centre; the Gaia and Porto Street Team, from the Porta Amiga Gaia Centre. The Street Teams are a social intervention response to support homeless people, aiming to improve the quality of life of the target population, promoting integrated and holistic responses. They also seek to complement the social intervention carried out by the Porta Amiga Centres and to provide continuous psychosocial support in order to avoid regression and forms of social exclusion.

The Street Teams in 2022, as a whole, monitored a total of 273 homeless people, 28% more than in 2021. The Lisbon Street Team accompanied 144 people and the Gaia and Porto Street Teams accompanied 129 people.

108 homeless people were assisted for the first time, 40% more than in 2021. Of the new cases, 66 were accompanied by the Lisbon Street Team and 42 by the Gaia and Porto Street Team.

Most of the people monitored as homeless are men (80%) and are aged between 50-59 (27%) and 40-49 (24%). As regards their place of birth, 184 people (68%) are from Portugal and 69 people are immigrants. Of the immigrants, 54% are from PALOP countries, 25% are from other countries (Brazil, Colombia and Switzerland), 7% are

SERVICES USED IN AMI SHELTERS



the **dining hall** was used by 179 people, with **38,430** meals served, 19,411 fewer meals compared to 2021. This decrease in meals is due to the fact that, in 2021, during COVID-19, more lunches and snacks were served to users who stayed in the shelters all day, as they were not part of the job market or training, with the aim of ensuring their safety and preventing the spread of the virus.



the shower room was used by **179** people, a total of **16020** times;

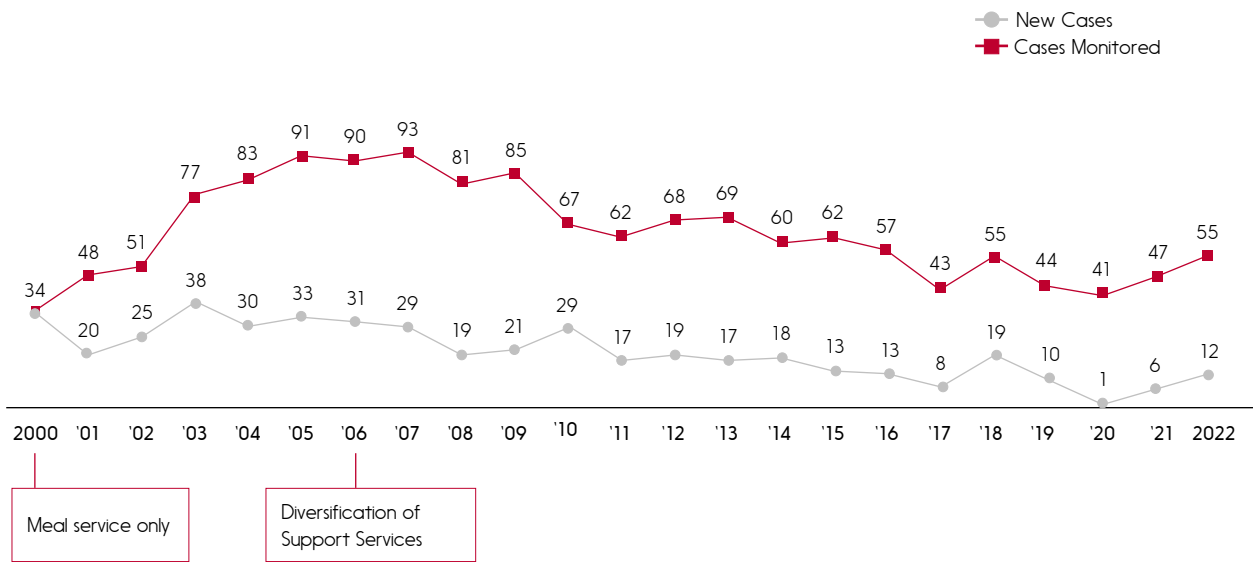


the laundry was used by **168** people, a total of **2036** times;



hygiene products were distributed **1205** times to 167 people so that they could take care of their daily hygiene.

EVOLUTION OF THE FREQUENCY AND NEW CASES OF HOME SUPPORT



from other African countries and 6% are from European Union countries. The most representative academic qualifications are the 1st cycle (18%), followed by the 2nd cycle (13%) and 3rd cycle (13%). In relation to current activity, 72% of homeless people over 16 years old are unemployed. Regarding the economic resources, formal and informal, the main means of subsistence are the RSI (41%), the retirement (15%), support from friends (10%), support from relatives (10%) and begging (11%). The main places where people accompanied by the AMI Street Teams spend the night are the street (28%), pensions and rooms (13%), temporary and emergency shelters (11%) and friends' houses (6%). The reasons which led homeless people to seek the support of the Street Teams

were financial precariousness (47%), unemployment (39%), lack of housing (26%), family problems (20%), alcoholism (11%), drug addiction (9%) and physical illness (8%). In terms of basic needs, the most evident were food (70%), clothing (62%) and personal hygiene (45%). In terms of health needs, 29% required a medical consultation, 17% required medication and 13% required psychological support.

HOME SUPPORT

The Home Support started in 2000 as an Insertion Company and with the name "Simpatia à Porta", with the objective of providing meals to the population that, for various reasons, could not go to the Porta Amiga Centre in Olaias.

In 2006, through the formalization of a Typical Cooperation Agreement with the Social Security Institute, the SAD started to include other services, such as personal and housing hygiene, accompaniment to the exterior, clothes treatment, animation and socialization. Based in Olaias and covering 6 parishes in Lisbon, since 2000, the Home Support Service has accompanied 460 people. In 2022, 55 people were accompanied by the SAD, 8 more people than in 2021. In turn, 12 people sought the support of the SAD for the first time, 6 more people than in 2021. The majority of the people accompanied by the SAD, in 2022, are women (68%) and the majority are aged over 67 (93%). They live in their own home (36%), are born in Portugal (85%) and are widowed (44%) or married (32%).

Only 29 people have formal economic resources, the main one being the retirement (86%). Informally, 18 people receive support from relatives and 6 people from friends. Most people live alone (70%).

In 2022, the SAD provided social accompaniment and counselling to 50 people, having carried out 775 consultations, accompaniment and referrals, specifically 448 consultations, 127 accompaniment and 200 referrals.

In terms of the typified services, the following can be verified:

- 16,060 meals served (6% less compared to 2021), to a total of 45 people;
- 1,825 personal hygiene services provided (19% less than 2021), to a total of 37 people;
- 314 (2nd time) personal hygienics performed (18% less compared to 2021), to a total of 2 people;
- 932 home sanitation services provided (23% less than in 2021), to a total of 16 people;
- 620 laundry treatments (29% less than 2021), to a total of 11 people;
- 6,273 external accompaniments (23% less than 2021), to a total of 44 people.

EMPLOYMENT

As employment is one of the determining factors in the potential inclusion of beneficiaries and as the increase of unemployment in this pandemic context is a concern, the support to employment is a strong bet for AMI's social intervention.

There are in 7 of the social equipments, Employment Support Offices (ESO) provided by AMI, which have as main objective to support and guide young people and adults in the definition and/or development of their personal employment and professional training plan. The Funchal Porta Amiga Centre, in turn, is the only one that has a protocol with the Institute of Employment of Madeira that finances the Employment Centre. It is important to highlight that this service needs a close relationship with the social accompaniment and counselling provided in the various social equipment.

The number of people integrated in the labour market may be higher than presented, since there are beneficiaries who after the professional interviews do not communicate that they were selected and stop attending the ESO.

The Employment Support Office has been increasingly developing a joint work with the person, allowing them to actively participate in their decisions and in the delimitation of their professional life project. We try to invest in the development of computer skills (people themselves, during the service, do the research on the platforms corresponding to this purpose) and simulation of job interviews (giving tips on what to answer, ask, dress, among others).

In 2022, 393 unemployed people used the Employment Support Office, 24% more than in the previous year. 1,531 contacts were made, which focused mainly on the active search for employment and for training offers, 29% more than in 2021. 86 people were integrated in the labour market following the follow-up carried out, a success rate of 22%. 83 referrals for vocational training were made.

PARTNERSHIPS WITH OTHER INSTITUTIONS

It is through a collaborative, constructive and structured work that it is possible to optimize resources and give concerted responses to the people who seek us, so AMI aims increasingly to establish formal and informal partnerships.

NEW PROJECTS Porto City Hall

The project Rehabilitate to Better Integrate, of the Porto Night Shelter, results from an application approved in 2021 to the Municipal Fund for Support to the Porto Associations, promoted by the Porto City Hall.

In 2022 the project had its end, having proceeded to the acquisition of the remaining equipment, namely: 3 computers, 2 laptops, 2 printers, 1 television, 1 toaster, 30 chairs, 4 fans and the requalification of the terrace.

This project was an addition to the social intervention that is developed in the Shelter, allowing, in this way, to promote the comfort, quality of life, physical and social well-being of the residents. Allied to all this, it also allowed a greater functionality of all areas of the Shelter and access to new technologies.

Almada-Seixal Health Centres Group

The project Saúde Lado a Lado (Health Side by Side), promoted in the Porta Amiga Centre in Almada, emerged from a partnership between AML and the Almada-Seixal ACES (Health Centre Grouping), with the objective of

providing a concrete and adapted response to the health needs of people in a context of difficulty, isolation or social exclusion, ensuring their access to primary health care; to work in a team with the existing partners, creating an additional response of greater proximity; to provide care to beneficiaries without a doctor assigned or who, due to social exclusion or underlying pathology, have irregular contact with pre-existing health services and to increase health literacy.

This project, aimed at 28 beneficiaries, consisted in the dynamisation of weekly medical appointments and training and awareness-raising actions on health education. In 2022, in this context, 60 medical consultations and 10 training and awareness-raising activities were carried out, with the following titles: "Smoking", "Hypertension", "Healthy Eating: The Power of Food", "Care in the face of cold spells" and "Prevention in

the face of heat waves". In addition, it was also possible to organise a vaccination campaign against influenza, with 14 beneficiaries being vaccinated.

Khushi Minds

The Ser Mais (Being More) project, held at the Porta Amiga Centre in Almada, was the result of a partnership between AML and the Khushi Minds association, with the goal of providing a learning experience and skills development to 12 beneficiaries, so that they can manage their daily emotions in the personal and professional spheres.

Using theoretical knowledge and interactive dynamics (dialogue and games), 6 information and awareness-raising actions were carried out throughout 2022, focusing on the following topics: self-concept, empathy, interpersonal communication, emotional intelligence, conflict management and interpersonal relationships.

In addition to this new project, the protocol was maintained with the "khushiminds" online psychological support platform, through which AML employees and beneficiaries can book appointments online or call whenever they feel the need for that support. In 2022, 300 online consultations were given.



Porto's Shelter

ACT WITHOUT FOOD WASTE

Due to the difficulty that food programme beneficiaries face in sustainably managing the amount of vegetables or cereals included in the basket, the amount being proportional to the household, AMI developed the project "Act Without Food Waste", funded by the Ageas Foundation, in October 2019, so that, through recipes and storage strategies, food waste is minimised and the motto of healthy eating guaranteed.

The project has as partners the Ageas Foundation, which funds the initiative, Vitamimos, as an implementation partner and The Equal Food Co. which "saves (im)perfect fruit and vegetables" and donated food hampers.

The first edition of the project, in 2021, included 30 workshops, during which 25 recipes were cooked and 99 food baskets were donated to participating beneficiaries. Christmas workshops were implemented in the Porta Amiga Centres in Olaias and Cascais, for a total of 26 participants.

The second edition of the program, organized throughout 2022, went through the Porta Amiga Centres in Coimbra, Vila Nova de Gaia and Porto, having carried out: 12 sessions at the Porta Amiga Centre in Porto for 100 beneficiaries, 6 sessions at the Porta Amiga Centre in Gaia for 50 beneficiaries and 6 sessions at the Porta

Amiga Centre in Coimbra for 22 beneficiaries. It was also possible, at the Porta Amiga Centre in Almada, to promote a Christmas session still in the scope of the 1st edition of the project. The project included three workshops, the last one had Christmas as a theme, and took place on 5, 6, 7 and 13 December and 2 January 2023. Thus, in its second edition, 24 sessions were streamlined, with 36 hours, 172 participants, 20 recipes and 357 food baskets offered.

FOOD BANK AGAINST HUNGER

Under the partnership with the Food Bank, AMI benefits from type B agreements.

In 2022, 16 tonnes of foodstuffs were distributed, with a total value of €29,160.72.

AMI also provided vans for the Food Bank's food collection initiatives in supermarkets.

SOCIAL UTILITY GOODS (BUS)

BUS is a social solidarity association that aims to support social solidarity institutions by providing essential goods for the home, either for the beneficiaries or for the institution itself.

In 2022, under this partnership, AMI received several goods divided into blankets, furniture and household appliances.

CAIS

In 2022, 2 beneficiary vendors of the Almada Porta Amiga Centre were part of the Cais project, through the sale of the respective magazine.

The Cais Magazine project is a social intervention strategy for the empowerment and participation of people who are excluded or at risk of social exclusion.



CPCJ - COMMISSION FOR THE PROTECTION OF CHILDREN AND YOUNG PEOPLE AT RISK

In 2022, AML participated in 11 meetings of the Extended CPCJ Commission and in 5 meetings for the preparation of the seminar commemorating the 20th anniversary of the organization.

As a member of the Extended CPCJ, AML actively participates in the monthly meetings of this body, in places where these coexist with the social facilities and where continuous work with children and youth is developed.

The CPCJ aim to promote the rights of children and young people and prevent or put an end to situations likely to affect their safety, health, training, education or full development.

EAPN - EUROPEAN ANTI-POVERTY NETWORK

AML is part of the European Anti-Poverty Network (EAPN) which represents in Portugal, since 1990, the European Anti-Poverty Network (EAPN), a non-profit association, headquartered in Brussels, with representation in each of the Member States of the European Union through National Networks. EAPN's mission is to defend fundamental human rights and ensure that everyone has the necessary conditions for



the exercise of citizenship and a dignified life, promoting the fight against poverty and social exclusion, networking and the involvement of the whole civil society.

In 2022, at the December meeting of associates, AML was able to make a presentation of the institution, highlighting the social work developed in the social equipment. It should also be noted that the Porta Amiga Centre of Coimbra is part, along with two other institutions, of the coordination of the Coimbra EAPN core.

ESSILOR - VISION FOR LIFE

The "Vision as Needed" initiative is the result of a partnership between the "Vision For Life" impact fund designed by Essilor and AML - Assistência Médica Internacional - to provide eye health care to children supported by the AML Porta Amiga Centres in Vila Nova de Gaia and Coimbra.

The Essilor Foundation created in 2015 a social responsibility impact fund "Vision For Life" and had the idea of bringing access to eye health to all young people whose families have low incomes. It was based on this principle that Essilor and AML joined together in a socially innovative project to support children in order to boost their school performance and quality of life, but also to support this financial burden and relieve the family budget.

Essilor has mobilised a mobile office, a caravan with all the necessary equipment and a team of ophthalmologists to provide screening and diagnostic consultation and the donation of glasses (if necessary) to young people between the ages of 3 and 18. Since 2019, the start date of this partnership, 58 children have already been supported.

MUNDO A SORRIR

Mundo a Sorrir is an NGO whose objective is to provide oral health care to the population and promote oral hygiene awareness actions.

Under this partnership, in 2022, 4 people were accompanied with dental treatment by AMI's social equipment, of which 2 completed the treatment. There were 16 consultations.

AREEIRO PARISH COUNCIL

Under the collaboration that the Areeiro Parish Council started with the Porta das Olaias Centre in October 2018, which consists of a daily donation of food items to be distributed to the beneficiaries of this social equipment, food items worth €9,640.38 were donated in 2022. Since the beginning of this partnership, the value of the donations amounts to more than 35 thousand euros.

FEANTSA - EUROPEAN FEDERATION OF NATIONAL ASSOCIATIONS WORKING WITH THE HOMELESS

FEANTSA is the largest European network focusing on homelessness. It was established in 1989 as a European Non-Governmental Organisation to prevent and alleviate poverty and social exclusion of people threatened by or experiencing homelessness. It works closely with European Union institutions and has consultative status with the Council of Europe and the United Nations.

In 2022 AMI finished its second mandate as representative of Portugal in the Board of FEANTSA. AMI's representative (Director of Social Action, Ana Martins), during her mandate, was present four times a year in the FEANTSA Board meetings and in Portugal was present in several meetings with the partners. Currently it is the Norte Vida Association, based in Porto, which represents Portugal.

Every year FEANTSA organizes a conference and a General Assembly, in which AMI has participated. The 2022 conference was called "FEANTSA Policy Conference 2022: Towards a vision to end homelessness" and was held in June in Dublin.

In 2022 AMI participated in a research group at Tilburg University, which aimed to brief FEANTSA on the latest developments in strategies for people experiencing homelessness. The input was used as a source to explore the state and policy arena around people experiencing homelessness and also, as a meaningful indicator to justify ongoing research.

NUCLEUS FOR PLANNING AND INTERVENTION WITH PEOPLE EXPERIENCING HOMELESSNESS (NPISA)

The National Strategy for the Integration of Homeless People (2017-2023) comprises three axes of intervention aimed at promoting knowledge of the phenomenon (information, awareness and education), strengthening intervention and coordination. The NPISA, nuclei created in the previous strategy, aim to implement this strategy locally, whenever the number of homeless people justifies it. The NPISA is a partnership structure of the Social Network, which aims at the local articulation of responses and professionals working in this area.

AMI actively participates in these groups, through the Porta Amiga Centre in Gaia, Coimbra, Almada, Olaias, Lisbon Street Team, Abrigo da Graça and Abrigo do Porto. PISAC, a group that works with homeless people in Coimbra, is coordinated by the Porta Amiga Centre in Coimbra. This organization, for its antiquity and for being previous to the creation of NPISAS, keeps the original name, however it works in the same way as the other NPISAS.

The Almada Porta Amiga Centre was the coordinator of this cluster from the beginning until 2017, when the coordination was assumed by the City Council. It should be noted that AMI, in Almada, integrates an inter-institutional street team that develops work within the scope of social intervention of this NPISA. AMI, in Lisbon, integrates the axes of Planning and Intervention, being represented by the Street Team, whose technicians are Case Managers. Still in the Intervention axis, represented by the Abrigo da Graça and Porta Amiga Centres, AMI integrates the sub-axis of Reception, which concerns the Housing and Reinsertion responses. AMI's representation in the Council of Partners, a consultative body integrated in NPISA, is ensured by the direction of the Social Action Department.

In 2022, AMI participated in a meeting of the Lisbon NPISA's Council of Partners and in several meetings under the scope of the local nuclei.

COMMUNITY SERVICE WORK (PTFC) - INSTITUTO DE REINserÇÃO SOCIAL

Based on a protocol drawn up with the IRS (Social Reinsertion Institute), the goal is to support the social (re)integration of individuals with light sentences to serve.

Under this legal measure, which provides for work in favour of the community in lieu of serving sentences or fines, in 2022, one person was received at the Porta Amiga Centre in Olaias, Lisbon, and a total of €5,710 resulting from the donation of 17 fines to AMI.

SOCIAL NETWORK

Created by Resolution of the Council of Ministers, the Social Network programme, defined as a forum for articulating and pooling efforts, based on free adherence by municipalities and public or private non-profit entities, aims to combat poverty and social exclusion and promote social development.

The Social Network is based on values associated with the traditions of family mutual help and wider solidarity, seeking to foster a collective awareness of the various social problems and encouraging the creation of social and integrated support networks at local level. All AMI social facilities participate in the Local Social Networks and in the Parish Social Commissions which develop a more local work at the level of one or more parishes, through participation in plenary meetings or in thematic and more restricted working groups.

3.4 ENVIRONMENT

If by working separately we are a force powerful enough to destabilise our planet, surely if we work together we will be powerful enough to save it.

Sir Richard Attenborough

Being aware that the environmental issue cannot be solved in a partial or segmented way, AMI Foundation has been addressing the problem with citizens, companies and other institutions, both in a preventive perspective - raising awareness for environmental protection - and in a proactive perspective - implementing projects aimed at repairing environmental damage and waste of recyclable materials. A healthy environment is essential for the exercise of all projects that AMI develops and none of them will make sense if we do not contribute to the preservation of the planet.

COLLECTION OF WASTE FOR RECYCLING AND REUSE

Recycling of X-rays

Under the motto #Showwhatmattersthemostistheinside, AMI launched the 26th X-ray Recycling Campaign on 2nd May. The initiative ran until 20th May and allowed the collection of around 24 tons of X-rays for recycling, having counted, once again, with the support of the Association of Pharmaceutical Distributors (Adifa), which brings

together the various pharmaceutical distributors, namely Alliance Healthcare, OCP, Plural, Cooprofar and Udifar, and with the collaboration of the National Association of Pharmacies (ANF).

This project had its first edition in 1996 and has the double purpose of contributing to environmental protection and raising funds to finance the projects developed by the institution.

The recovery of silver contained in X-rays allows avoiding the disposal of this waste in landfills, while reducing the extraction of silver in nature and the harmful consequences that this activity has, both by destroying natural areas and by exploiting local populations, often in developing countries.

The collection of X-rays is carried out annually with the support of Pharmacies, Health Centres and Hospitals. During the campaign periods, X-rays older than 5 years or without diagnostic value, separated from the clinical reports, can be delivered in the Pharmacies adhering to the Campaign. Outside the campaign periods, the X-rays can be delivered in any of AMI's facilities or in Pharmacies that collect them throughout the year.

Collection of Used Cooking Oil (UCO) for Transformation

The discharge of UCO in the wastewater network affects the functioning of pipes (corrosion of the pipes of public sewage networks) and Wastewater Treatment Plants, also leading to various problems of clogging, such as clogging of pipes and drainage systems of buildings.

It should also be noted that UCO recycling, specifically for the production of biofuel (biodiesel), is an important added value in the current context of national and community energy policies. The biofuel produced allows CO₂ emission levels below those achieved with fossil fuels.

Therefore, AMI promotes the collection of UCO throughout the country, namely in restaurants, companies or schools that are willing to offer the used oil from their kitchens.

In 2022, 4,991 litres of UCO were collected and 128 new collection points were set up. Filtapor, Ecomovimento and AHP – Hotelaria de Portugal are the project partners.

This initiative allowed contributing to avoid the emission of about 13.8 tons of CO₂ into the atmosphere and to SDG 13 - Climate Action and 14 - Protect Marine Life.



COLLECTION OF WASTE FOR REUSE

Reuse of Computer and Mobile Phone Consumables

The reuse of ink cartridges, toners and mobile phones saves natural resources essential to their manufacture, while avoiding the landfill of this waste which, because it contains hazardous materials, is extremely harmful to the environment.

AMI has a partner company licensed for the management of this waste, which promotes the collection of empty consumables directly at the premises of participating entities. These entities may even purchase the consumables after being regenerated, thus closing the life cycle of this equipment.

The project takes place throughout the year, and the consumables used at AMI are also directed for reuse.

It takes approximately 5 litres of oil to produce a new package of ink or toner and about 500 years for it to degrade. In 2022 AMI recruited 52 new participants, thus making a total of 8337 partners in the project.

This project contributes to SDG 12 - Sustainable Production and Consumption.

FOREST AND CONSERVATION

Eco-ethics

AMI created the Ecoética project in 2011, with the goal of planting native species in vacant lots all over the country. However, following the major fires of 2017, AMI decided to redirect this project towards the reforestation of burnt land. This AMI initiative has already allowed the rehabilitation of more than 200,000 m² of land, contributing to rescue and fix, approximately, 150 tons of CO₂ per year.

The Ecoética project, besides the obvious increase of the plant area in Portugal, has several environmental impacts associated, which add a lot of value to the initiative, such as, for example, the prevention of the increase and growth of invasive species, soil preservation, protection of underground water reserves, fire prevention, recovery of areas of difficult access and the consequent monitoring and control of the intervened areas and contribution to the restoration and preservation of biodiversity inherent to the existence of forests.

The motto of this campaign has for inspiration the fundamental role of the King D. Dinis in the plantation of the Leiria Pine Forest in the XIII century. AMI assumes its part in that which is the responsibility of all the actors of the society in contributing to the preservation of Nature. In this sense, this project has some quite differentiating characteristics, such as the fact that the land is carefully cleaned and prepared for each plantation, including sometimes the addition of nutrients to the soil that favour the survival of the species, the exclusive use of certified seeds and the monitoring of the plot during 5 years, which includes, whenever necessary, the replacement of specimens that did not succeed.

This project contributes to the pursuit of Sustainable Development Goal 15 – Life on Land.

In 2022, ICNF (Forests and Nature Conservation Institute) assigned plot 316 of the Leiria National Forest to AMI, equivalent to 3 acres, and the intervention allowed the planting of a total of 3,500 trees.

This initiative had the support of several partners, namely ALDI Portugal, Altice Portugal, Gestamp, Novartis, Plimat, Protur and SIBS.

GOOD ENVIRONMENTAL PRACTICE

Recycling of clothing and textiles

Throughout the year, AMI receives donations of used clothing from individuals who wish to dispose of items they no longer use, but still feel they can be useful. These clothes go through a sorting process, through which the clothes that are in suitable conditions for use are separated and then distributed by the Porta Amiga Centres. However, the

pieces that are not in condition to be donated, also serve a social purpose, being sent for recycling and thus representing a financial return for AMI, which applies them in its projects. This initiative also has a considerable environmental impact, as it prevents the over-exploitation of natural resources, promotes the reduction of CO₂ emissions and water, fertiliser and pesticide consumption in production processes that use this material as raw material.

In 2022, approximately 35,894 kg of clothes were sent for recycling, contributing to avoid the emission of approximately 219.6 tonnes of CO₂ into the atmosphere.

The project contributes to SDG 13 – Climate Action.

Paper Recycling

AMI promotes the recycling of this waste in order to contribute to mitigating the environmental impacts of paper production.

In 2022, 1,460 kg of paper and cardboard were sent for recycling.

Solar Energy

In order to privilege renewable energies as an example in the promotion of renewable, clean and decentralized energy production, and to make its infrastructures energy self-sufficient, AMI has installed two photovoltaic parks for energy production and injection in the national grid and a park for water heating.

In 2022, it was possible to raise around €12,000 through these installations.

The project contributes to SDG 7 – Renewable and Affordable Energy.



3.5 RAISING AWARENESS

AMI, as an institution of action and reflection, cannot stand still. On the contrary, it must, as it has done so far, anticipate difficulties and innovate in the responses that humanity and human beings crave. Only in this way can the Mission continue!

Fernando Nobre,
Chair and Founder of AMI

AMI INITIATIVES

AMI Prize - Journalism Against Indifference

"Por ti, Portugal, eu juro!" by Diogo Cardoso, Luciana Maruta and Sofia da Palma Rodrigues (Divergente), is the winner of the 24th edition of the AMI Award - Journalism Against Indifference, which had 27 journalists and 29 works in competition, including 12 from press, 5 from television, 3 from radio and 4 online.

The jury, presided by the president of AMI, Prof. Dr. Fernando Nobre and constituted by the winners of the previous edition, Bárbara Baldaia, Micael Pereira and Luís Garriapa, by the chief creative officer and managing director of Young & Rubicam, Judite Mota, by the coordinator of the Journalism degree of the Escola Superior de Comunicação Social, Fátima Lopes Cardoso, and by the Director of the Social Action Department and AMI Administrator, Ana Martins, also attributed four honourable mentions to the works "O Bairro", by Maria José Garrido (TVI), "Cabo Delgado, a bússola estilhaçada",

by Nuno Amaral (Antena 1), "Os 25 anos do Rendimento Social de Inserção: The RSI is not a place I want to go back to", by Natália Faria and Paulo Pimenta (Público), and "Suffering and dying in the Lar do Comércio", by Miguel Carvalho (Visão).

In the words of the jury, "Por ti, Portugal, eu juro!" is a multimedia work of great depth, told in a very creative way, about the African commandos of Guinea-Bissau, who fought on behalf of Portugal during the colonial war and were then abandoned to their fate. This reportage by Sofia Palma Rodrigues, Diogo Cardoso and Luciana Maruta is the result of five years of research and includes a remarkable collection of testimonies in Guinea-Bissau, in which, for the first time, these former combatants tell how they suffered and how they felt betrayed by a homeland they believed to be theirs.

"O Bairro", by Maria José Garrido, was described by the jury as a reportage that tells a surprising story of poverty and abandonment in the centre of Lisbon. It is a work of research and histo-

rical contextualisation about a housing project that took hundreds of families out of the shacks where they lived, but was not carried through to the end and, over the years, became hidden from the gaze of other Lisboners by the buildings that sprang up around it.

In turn, "Cabo Delgado: The Shattered Compass", shows how in Cabo Delgado, North of Mozambique, hundreds of people were forced to leave their land, paradise turned into hell, after Al-Shabaab terrorists burned villages, murdered fathers, mothers, children and many other innocent people. The report "The Shattered Compass" is a journalistic cry that gives a voice to those struggling to forget the worst and to those who spare no effort to help these people heal their traumas, move on and mend or glue the shards of the compass and find the possible peace, in the words of the jury.

At a time when political speeches against the Social Insertion Income (RSI) are circulating, with an accusatory tone as if those who live off this support did it of their own free will, Natália Faria's report reminds, as the jury was keen to point out, that, just like the testimonies that tell their stories, nobody is immune to poverty. At some point in life, and never by our own will or through laziness, we may become one of the many Portuguese who need help from the State to survive.

The jury also considered "Suffering and Dying in the Trade Home", a report on the shocking conditions in which the users of the Trade Home, in Matosinhos, lived. Miguel Carvalho reveals how it was possible for a model institution to become a warehouse for elderly people subject to constant mistreatment, chronic hygiene and abandonment, and how this calls into question the way in which, for a long time, the political powers closed their eyes to what was happening there.

The journalists awarded the 1st prize shared the €5,000 prize and received a trophy alluding to the event. The authors of the works awarded honourable mentions also received this distinction.

The award ceremony, chaired by AMI's President, was held on 20th October at the Escola Superior de Comunicação Social, in Lisbon. The ceremony was preceded by a round table discussion on "Information in times of conflict: journalism versus propaganda", moderated by journalist Francisco Sena Santos and with the participation of journalists Catarina Neves, Hugo Matias, Miguel Manso and Paulo Moura.

Commemoration of the Papia Ku Mi Project in Guinea-Bissau

On February 15, 2022, AMI promoted in Bolama, Guinea-Bissau, an event to celebrate the project "Papia Ku Mi - Promotion of Health and Sexual and Reproductive Rights", which was implemented in partnership with the Regional Directorate of Education, the Regional Directorate of Health of Bolama and Radio Pro-Bolama, co-financed by Camões I.P., and ran until June 2022.

The initiative had two main moments. In the first, the presentation of the balance of the project's activities with a debate on the topic, which was attended by 40 people, including two representatives of Portuguese Cooperation (Portuguese Embassy in Guinea-Bissau), a UNICEF representative, the various local authorities of the island of Bolama, the regional health and education departments, schools, local associations, international organisations and community and religious leaders.

During this first moment, there was a space for the presentation of the development of activities and presentation of the results achieved so far, as well as a space for interventions by key figures on sexual and reproductive health and rights and harmful practices, in particular the interventions of the representative of Portuguese Cooperation, the Regional Director of Education and the Deputy Director of the Bolama



Guinea-Bissau

Regional Health Directorate, as well as the President of the Guinean Development Organisation.

The second moment of the initiative, in a "djumbai" (party) format, took place in the public square and addressed the local community, with the participation of the project's youth group, which also presented a play, the performances of the musical group Bola Nobo and Songs of Maria Eugénia.

The event, which was attended by several media, including RTP Africa, Radio Sol Mansi and other local organs, also served to mark the 35 years of AMI presence in the country, so it was also possible to visit the photo exhibition "35 years of AMI Interventions in Guinea-Bissau", which sought to illustrate, through a selection of 25 photographs, a long history of cooperation between AMI teams and the Guinean people.

Over 35 years of intervention in Guinea-Bissau, AMI sent more than 350 expatriates to the field and invested more than 7 million euros in the country.

INAUGURATION OF THE AMI CONCEPT STORE

On 8th June, AMI officially inaugurated the AMI Concept Store, an innovative project that aims to fund three of the institution's projects (in the health, social and environmental areas) and promote awareness about textile waste and training and/or the construction of solutions to fight it.

This is a social business focused on the sale of new clothes that come from leftover collections from brands that choose to donate the pieces instead of sending them to landfill. These are quality pieces, originally expensive, that are sold at affordable prices.

The AMI Concept Store also intends to work as a community booster by having a space adjacent to the shop that

will be dedicated to workshops/training in upcycling sewing, textile recycling and other awareness-raising actions about the problem of waste in the textile industry. It therefore represents the link between the practice of responsible commerce and raising awareness about changing behaviours inherent to consumption. This special clothes shop is located in Parede, Cascais, and also offers customers the opportunity to choose the project to which they want their purchase to be donated.

The project has the support of the Cascais Municipal Council, Auchan Portugal, Bulhosas, Marques Soares, Rosa & Teixeira, RHMais and various volunteers, whose support was essential for the implementation of the project.

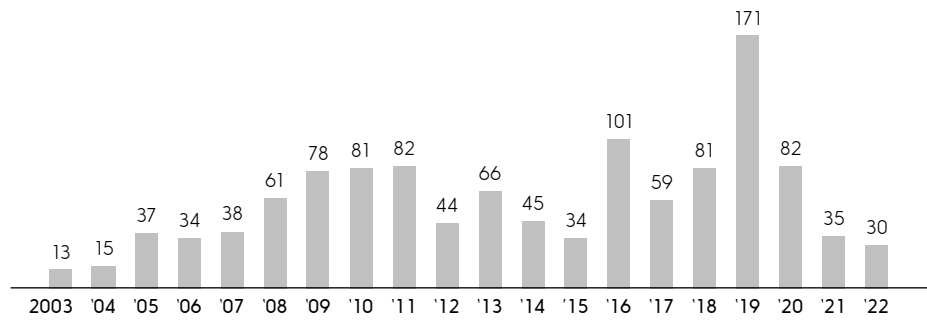


DISSEMINATION IN SCHOOLS

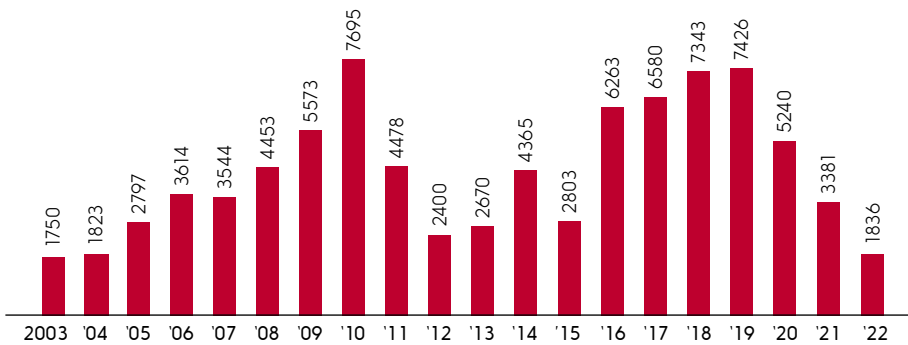
AMI has been carrying out since 1995 awareness, information and dissemination sessions in schools in Portugal, with the intention of making young people aware of crucial issues of our society,

such as Human Rights, support to Developing Countries, Citizenship and Development, Social Solidarity, Volunteering and the SDGs - Sustainable Development Goals.

SCHOOLS - MAINLAND AND ISLANDS



STUDENTS - MAINLAND AND ISLANDS



SOLIDARITY ADVENTURE

Aventura Solidária is an AMI project that allows the direct collaboration of participants in the life of local communities, providing them with a better future. The main objectives of this initiative are

to finance development projects, promote environmental sustainability, foster the settlement of populations, improving access to health, education/knowledge and entrepreneurship, so that everyone can live with dignity and leav-

SOLIDARITY ADVENTURE 2007-2022 - BRAZIL / GUINEA-BISSAU

	Brazil				Guinea-Bissau			
	No. Projects	No. Participants	Projects Cost	Amount Raised	No. Projects	No. Participants	Projects Cost	Amount Raised
2007	-	-	-	-	-	-	-	-
2008	-	-	-	-	-	-	-	-
2009	1	5	€6.000	€2.500	2	18	€12.800	€8.500
2010	2	19	€12.917	€4.000	2	5	€12.000	€8.620
2011	-	-	-	-	2	22	€12.789,22	€11.000
2012	-	-	-	-	1	11	€5.684,3	€4.500
2013	-	-	-	-	1	6*	€3.866	€2.500
2014	2	14**	€17.232,60	€4.800	-	-	-	-
2015	-	-	-	-	2	16	€15.737,47	€7.390,24
2016	1	6	€8.294,69	€1.500	2	24	€18.300,19	€13.311
2017	1	7	€150.053,64	€1.500	1	15	€17.789	€4.510
2018	-	-	-	-	2	15	€27.001,21	€6.505
2019	-	-	-	-	1	13	€5.761,05	€3.900
2020	-	-	-	-	-	-	-	-
2021	-	-	-	-	-	-	-	-
2022	-	-	-	-	1	11***	€7.087	€3.900
Total	7	37	€194.497,9	€14.300		172	€134.949,44	€74.636,24

*In the edition of the Solidarity Adventure to Guinea-Bissau in 2013, there was a 7th adventurer who funded a project, but chose not to participate in the trip.
In the two editions of the Solidarity Adventure to Brazil in 2014, there was one adventurer in the first edition and two adventurers in the second edition who funded the project, but chose not to participate in the trip. * In this edition, only 11 adventurers participated, but 13 adventurers contributed to fund the project.

ing their country of origin is a choice and not a necessity; travel and establish bridges between cultures, enabling the exchange of ideas and knowledge, a fundamental foundation for peace in the world. The areas of the projects developed contribute to the Sustainable Development Goals (SDGs) and essentially cover: Health, Education, Environment and Citizenship. In 2022, 1 Solidarity Adventure to Guinea-Bissau took place from 1 to 10 December, with the participation of 11 adventurers and co-financing of €3,900 (as indicated on page 37 of this report).

LINKA-TE AOS OUTROS (Link to Others)

- 11th and 12th Editions

"Link to Others" is an initiative of AMI, which is aimed at students from 7th to 12th grade and contributes to achieving the Sustainable Development Goals (SDGs), seeking to help change social realities and simultaneously train young people, in order to alert them to the possibility that each one has to improve the community around them. Ending poverty, promoting prosperity and well-being for all, protecting the environment and combating climate change are goals whose achievement depends on everyone's involvement.

Since its launch in 2010, 36 student projects have been funded for a total of €50 803.68. The projects supported have focused on support for the elderly, students and families in need, as well as the integration of young people with disabilities, the homeless and institu-

tionalised young people, and awareness-raising for volunteering.

After the evaluation of all applications by the jury, taking into account crite-

ria of implementation, progress and impact, the 11th edition of Link to Others approved three projects from different parts of the country, financing a total of 5,233 euros.

SOLIDARITY ADVENTURE 2007-2022 - SENEGAL

Senegal				
	No. Projects	No. Participants	Projects Cost	Amount Raised
2007	2	25	€9.106	€7.380
2008	3	35	€18.880	€15.745
2009	3	36	€18.500	€16.830
2010	2	24	€12.500	€12.750
2011	1	10	€6.000	€5.100
2012	1	8	€6.758	€4.080
2013	-	-	-	-
2014	1	8	€1.634,09	€2.100
2015	1	6	€6.050	€1.200
2016	1****	14	€3.602	€3.600
2017	1	14	€4.097,82	€3.900
2018	1	8	€34.097,82	€2.400
2019	1	6	€114.915	€1.800
2020	1	8	€114.915	€2.100
2021	-	-	-	-
2022	-	-	-	-
Total	18	210	€236.140,64	€78.985

**** Project developed in 2015, but funded by the 2016 Solidarity Adventure.

The winning projects are highlighted by the promotion of volunteer activities in the areas of environmental sustainability and social integration of young and elderly people. "Infinite friends and warm houses". This project presented by the students of the Sá da Bandeira Secondary School, in Santarém, has as its main objective to remodel the Santo António Home in Santarém, in order to provide a more welcoming environment for the children and young people who reside in the institution.

"Casquilhos: Appeal, Collect and Donate (CARD)": This proposal developed by the students of Casquilhos Secondary School, in Barreiro, aims to contribute to the mitigation of situations of poverty and social exclusion, through volunteer actions in collaboration with the Gratitude Project and the creation of a Social Store in the school. The initiative will enable support to 8 to 10 vulnerable families signalled in the Casquilhos School Grouping, in addition to the 40 disadvantaged families in the municipalities of Barreiro and Moita supported by the Gratitude Project.

"#EscolaSolidária": This initiative, promoted by the students who are part of the Students' Association of the Campos de Melo Secondary School in Covilhã, seeks to meet the basic needs in terms of food, hygiene and oral health of some of the school students' families. This project thus presents, as its main goal, the promotion of equity and social inclusion, through volunteer actions to be carried out in partnership with several entities, in order to combat persistent poverty and inequality, as well as to promote social justice and equal opportunities.

In October 2022, the 12th edition of the initiative was launched, whose results would be known in February 2023.

SOLIDARITY PRODUCTS

Kit Salva-Livros

The Kit Salva-Livros marked 18 years in 2022. It is an innovative school product with an important chain of beneficiaries, whose added value lies in the possibility of protecting the covers of school books and notebooks and simultaneously helping children and young people supported by AMI.

The Kit Salva-Livros is the result of a partnership with Handicap International, which produces and packs it and is dedicated to helping people with disabilities and their families. This product adapts to all book and notebook formats, dispensing the use of scissors and glue, making its use easy, fast, fun and safe. This solidary school product costs €6, of which €1 goes to AMI, specifically



to projects supporting children in the Porta Amiga Centres in Portugal. In 2022, 12,015 units were sold, for a total of €63,584.65, through Staples, Auchan and AMI's online shop. The media Estrelas e Ouriços, Pumpkin and Pais & Filhos supported the initiative by publicising this solidarity product.

IRS Campaign

In 2022, AMI continued to focus on disseminating the possibility of consigning 0.5% of the income tax assessed to an institution of the taxpayers' choice, as it is a source of funding that has recorded very important values for the Foundation's activity and that does not represent any direct cost to citizens. The amounts raised, totalling €128,139.65, contributed to funding the projects to fight poverty in Portugal.

PARTNERSHIPS

Giving Tuesday

Giving Tuesday is a solidarity movement created in the United States.

The initiative currently takes place in over 70 countries worldwide, in Canada, Russia, the United Kingdom, Germany, Spain, Singapore, Australia and Brazil, among others. It is possible to participate in this global action individually, but also by companies, non-governmental organisations, educational institutions, local leaders, municipalities and influencers. The sharing of volunteer time, knowledge and experience, financial support to social causes, donation of goods and the dissemination of this cause are ways to collaborate with this action.

AMI participated in this initiative for the fourth consecutive year, which took place on 29 November with the project "Cabazes de Natal" and appealed for the donation of goods, money or volunteering to build Christmas hampers.



DELEGATIONS AND NUCLEI

In 2022, AMI continued to rely on the work promoted by the delegations and

cores, essential for the dissemination of the work developed by AMI.

AMI DELEGATIONS AND NUCLEI

Centre Zone	
Coimbra Delegation	Participation in 2 volunteering fairs, namely, the Núcleo de Estudantes do Departamento de Farmácia da Associação Académica de Coimbra, and UCTransforma, a volunteering initiative of the University of Coimbra.
	Lectures in schools throughout the central region;
	Participation in food collections in Aldi shops;
	Distribution of school materials;
	Collection of X-rays, clothes, toners and ink cartridges, paper and used cooking oil for recycling.
	Promoting volunteer work;
	Management of volunteers.
Anadia Nuclei	Participation in the local social action council;
	Collection of clothes, shoes, medicines, furniture, among others;
	Liaison with schools in the surrounding region, with a view to supporting needy students through the delivery of school backpacks.
Covilhã Nuclei	Dynamisation of the intervention group at the Covilhanense Association Home, although very limited due to the pandemic and restrictions on access to homes.
	Representation of AMI in the presentation of the results of one of the winning schools of Link to Others.

AMI DELEGATIONS AND NUCLEI (CONTINUATION)

North Zone

Porto Delegation	Sorting X-rays to send for recycling;
	Collection of clothes for recycling;
	Receipt and distribution of food under the POAPMC;
	Collection of donated clothes and food;
	Volunteer management;
	Dynamisation of volunteer actions;
	Holding talks at schools throughout the northern region.
Bragança Nuclei	Distribution of clothing to 740 beneficiaries of various age groups;
	Participation in the collection of X-rays.
Lousada Nuclei	Serving the population and beneficiaries who seek out the Lousada Centre;
	Diagnostic evaluation interviews with families who request food support from the Lousada Centre;
	Collection and sorting of clothes, shoes, toys and others;
	Distribution of goods to 113 families;
	Maintenance of the partnership offer with the Continente, Intermarché and Pingo Doce supermarkets in Lousada;
	Distribution of weekly and monthly food support to 93 identified users;
	Delivery of food to the Vicentines of Figueiras, a social institution in the municipality of Lousada;
	Shelter for 1 citizen to carry out work in favour of the community;
	Distribution of school materials to children and young people;
	Distribution of toys at Christmas;
Participation in a workshop that brought together the social fabric of the municipality of Lousada;	
Collaboration with other entities/institutions in the municipality of Lousada to make available/grant goods in situations of need/urgency.	

AMI DELEGATIONS AND NUCLEI (CONTINUATION)

Madeira	
Funchal Delegation	Collection of X-rays;
	Lectures in schools and other institutions;
	Small reforestation actions;
	Collection of food and personal hygiene goods;
	Conducting 5 first aid courses.
	Orientation of the project of 4 interns from the University of Madeira.
	Participation in the Christmas gift-wrapping event promoted by FNAC.
	Volunteer management;
	Dynamization of volunteer actions;
	Collaboration with the Funchal Prison;
Integration in the Municipal Council for Inclusion, Citizenship and Equality of the Municipality of Funchal.	
Azores	
Terceira Delegation (Angra do Heroísmo)	Food goods collection;
	Support to the "Porta Amiga" Angra do Heroísmo Centre, through loading and transport of meals to be served in the canteen and the preparation of Christmas hampers, confection, and carrying out training actions;
	Distribution of school material;
	Volunteer management.

CORPORATE SOCIAL RESPONSIBILITY

The work of Social Economy organisations is never developed in isolation. AMI develops its projects in various areas of action, and this is the purpose of its existence, always with the human being at the centre of its concerns. But no less important is the catalyst role that it is keen to play in society, bringing to the forefront companies, citizens and public entities, which it constantly challenges to be part of this mission.

The year 2022 was indelibly marked by the beginning of the refugee crisis in Ukraine, which impacted in a very peculiar way the action of companies and citizens in general, characterised by a great mobilisation and social availability to support the humanitarian crisis caused by the war.

DONATION OF GOODS AND SERVICES

In 2022, AMI counted, once again, with the generosity of partners from various areas through the donation of goods and services, namely Young & Rubicam in the area of Advertising, Microsoft in the area of computer software, Continente and Auchan supermarkets in the food area, Companhia das Cores, in the Design area, Visão in the Media area, Sociedade de Revisores Oficiais de Contas PKF & Associados in the Auditing area, Hotéis Vila Galé and Grande Hotel do Porto, in the Hotels area, besides various other supports, which are listed below.

VOLUNTEERING AND RAISING AWARENESS

School Support AMI/Auchan Solidary Campaign - School Vouchers

Since 2009 and throughout 14 years, this solidarity campaign that begins in August with a campaign of solidarity vouchers among the customers of the Auchan shops, has already enabled the donation of nearly 46,800 backpacks, being valued at 2.1 million euros in school materials. In 2022, the 14th campaign took place in shops all over the country, in the last fortnight of August. The amount resulting from customers' vouchers, doubled by the company, was 210,000 euros.

This campaign has the particularity of involving a large number of volunteers who carefully prepare the backpacks and their contents, according to the gender and age group of each student-beneficiary, thus constituting a donation of school material totally customised to its recipient and respective school year. In 2023, 150 volunteers participated in the organisation of the backpacks which, together with the Army Transport Regiment (which lends its facilities to AMI and supports the transportation of school supplies to Coimbra and Porto) and the Portuguese Air Force (which ensures the transportation of school supplies to the Islands), allowed the material to reach the students at the beginning of the school year.



FOOD SUPPORT

In 2022, AMI once again had the support of various entities in the donation of foodstuffs, namely the Sonae group, Mercadona, ALDI, InterLousada Supermercados, Pingo Doce, Sovena, BB Food and NewCoffee. Through the Christmas campaign conducted by AMI and with the support of several companies, it was once again possible to deliver Christmas hampers with seasonal products (cod, olive oil, sugar, dried fruit, canned goods, flour, among others) to families benefiting from AMI's social equipment.

Donation of food and hygiene products - Sonae MC Group

In 2022, the donation of food products totalled 351,404 euros. AMI maintained its partnership with the Sonae MC Group, benefiting from the donation of food products, valued in 2022 at €208,866.

Food collection - ALDI

A food collection was organised in 9 Aldi shops on 15 and 16 October to cover the lack of food felt in social facilities. 250 volunteers were involved with a total of 982 hours and 8.5 tonnes of food were collected. Some volunteers dedicated their time previously to making bags made of unused t-shirts (400 units), used in this campaign in the Lisbon and Coimbra area, which allowed, besides the direct objectives of the campaign, to avoid the use of plastic or paper bags.

Hip Hop Tuga Event

On 19 March, AMI was invited to join some of its volunteers in a food collection as part of the Hip Hop Tuga festival at the Altice Arena. The organisation of the event appealed on its social networks for spectators to bring food and hygiene goods and deliver them at the door of the venue. AMI mobilised 31 volunteers between 7pm and midnight and collected 750 units of food and hygiene goods.

SUPPORT IN THE AREA OF HUMAN RESOURCES, TRAINING AND HEALTH AND SAFETY AT WORK

In 2022, training services worth more than €19,000 were donated, with the following partnerships standing out: Centralmed, Cenertec and Galileu.

SOLIDARITY CAMPAIGNS AND EVENTS

Christmas Mission 2022

As part of another Christmas Mission, AMI delivered Christmas hampers throughout the country.

In addition to the social support provided throughout the year, which requires a rigorous diagnosis, joint work with the beneficiaries and a continuous and adequate assessment to the needs of each person and household, at Christmas time AMI seeks to provide the beneficiaries of the Porta Amiga Centres throughout the country (Mainland and Islands) with the opportunity to live the festive season with dignity, offering them a Christmas basket with a variety of traditional seasonal products and, in some cases, new gifts. In 2022, 54 partners joined this initiative and 60 volunteers donated 137 hours, raising a total of €39,500 (companies and private individuals) in cash dona-



tions (including the sale of friendly jars) and €38,500 in donations in kind, for a total of €78,000. In terms of donated goods, there were 2,200 bottles of olive oil from Sovena and 729 gifts for the children and 400 cuddles for the elderly. It is also worth highlighting the AGEAS Foundation's funding for this campaign.

In 11 years, around 22 thousand families have already been supported with a Christmas hamper, totalling more than 55 thousand people.

This initiative was once again sponsored by the actor Diogo Mesquita.

The campaign, under the motto, "More than a present, the important thing is to be present", was disseminated in various channels, from social networks, which allowed reaching more than 700 thousand people, and the AMI website, to external media that supported the initiative through the dissemination of the same, namely RTP, TVCine, Hollywood and Casa e Cozinha channels, Visão Plus and MOP.

Friendly "Taleigo"

For the 6th consecutive year, the Taleigo AMIgo initiative was promoted, which appeals to those who know how to sew to participate in the making of one or more cloth bags to be sold in favour of the Christmas hampers project. The sale of four bags allows one family to be supported.

In 2022, 175 "Taleigos" were sold, enabling 44 families to be helped.

Solidarity Points

In 2022, AMI continued to benefit from the Altice Group's Meo Points campaign, whose amount received exceeded €100,000, largely due to the Ukraine emergency campaign (€75,000).

Rehabilitation of AMI Equipment

In 2022, AGEAS funded two interventions that allowed to substantially improve two AMI equipments. AGEAS not only funded the activity but also contributed with a team of volunteers to develop it: the garden of the Abrigo da Graça, in Lisbon, and the Porta Amiga Centre in Cascais.

These actions represent a perfect symbiosis, since they have a great impact on the beneficiaries and, in parallel, represent teambuilding opportunities for companies.



CORPORATE VOLUNTEERING

In 2022, more than 500 corporate volunteers collaborated with AMI in 21 initiatives.

CORPORATE VOLUNTEERING

Project/Social Equipment Intervened	Volunteer Action	No. of employees/ No. of companies
Beneficiaries of AMI's Porta Amiga Centres	Sorting school material	115 volunteers from several companies
Beneficiaries of AMI's social equipments all over the country	Rehabilitation of AMI social equipment	39 volunteers from one company
	Christmas Mission	60 volunteers from several companies
Recycling of X-rays	X-ray sorting	50 volunteers from several companies
Reforestation of Leiria's Pine Forest	Tree Planting	19 volunteers from several companies





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MODERATION, PONDERING, NEW SALARY
ADJUSTMENTS WHERE THE VALORISATION
OF HUMAN RESOURCES IS FUNDAMENTAL,
NEW WORK METHODOLOGIES ALSO, BUT
ALWAYS KEEPING SIDE BY SIDE WITH
THE MOST FRAGILE, BE THEY IN PORTUGAL
OR IN THE WORLD.

”

4

CHAPTER

TRANSPARENCY AND ACCOUNTABILITY

4.1 ORIGIN OF RESOURCES

BACKGROUND

Despite the consequences of the war in Ukraine and a global slowdown of the economy due to increased inflation and interest rates in 2022, according to INE (National Institute of Statistics), the Portuguese economy recorded a growth of 6.7% in volume, the highest since 1987, after a historic drop of 8.4% in 2020 due to the impacts of the Covid-19 pandemic.

According to the INE, the evolution recorded in 2022 was due to "an expressive positive contribution" of domestic demand, as well as "an acceleration of private consumption and a slowdown in investment," as well as an acceleration in volume of exports of goods and services and a deceleration of imports.

The INE also revealed that the average annual inflation rate was 7.8 percent in 2022, the highest since 1992.

Although AMI was considerably affected by this scenario, it did not stop acting in Portugal and worldwide, and even developed an emergency mission to support the Ukrainian population in Ukraine, Hungary, Moldova, Romania and Portugal.

With a multidisciplinary team, it ensured the permanent operation of the 15 social facilities and responses distributed throughout the country and moved forward with the implementation of new projects, while responding to all those who used its social facilities in Portugal and all international partner organisations in developing countries.

Seeking to balance its response capacity with financial strength, AMI also maintained its concern and responsibility in ensuring its economic and financial sustainability.

REVENUE

In 2022, it was therefore fundamental to reinforce our commitment to diversifying income and to be able to count on the support of the public and private sectors and civil society in order to implement the institution's projects. We therefore continued to focus on the presentation of applications for international funding and on maintaining the funding already granted to us by international bodies (UNICEF, UNFPA) and companies, whose support is crucial for the implementation of projects in the field, as far as international intervention is concerned, and particularly in the implementation of emergency missions.

Within the scope of the intervention in Portugal, the maintenance of the agreements with the Ministry of Labour, Solidarity and Social Security in supporting the operation of the social equipment was fundamental, as well as the funding directed towards spe-



cific projects attributed by some local authorities, as is the case of the Cascais, Lisbon, Almada, Funchal and Angra do Heroísmo City Councils, which support the Porta Amiga Centres existing in those localities and the Graça Shelter, in the case of the Lisbon City Council. AML was also the entity selected by many Portuguese for the consignment of 0.5% of their income tax. The revenue from the Health Card continues to be very important in financing the activities of the institution. AML is guided by transparent management, always making available to interested parties information on how the projects are carried out, how resources are managed and activities are implemented.

EVOLUTION OF REVENUE SHARING

Income from international entities resulted from the partnership with Unicef Guinea-Bissau and the United Nations Population Fund.

Donations increased to 8%, an increase due to the emergency mission to support the population affected by the conflict in Ukraine.

Financial Gains decreased as a result of the instability in the financial markets due to the pandemic and the war in Ukraine.

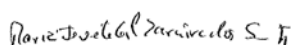
On the other hand, there was again an increase in Other Revenues, due in part to the recovery of tourism and local accommodation, which had already been felt in 2021.

	2018	2019	2020	2021	2022
International Entities	4%	4%	2%	0%	1%
Public Entities	23%	26%	29%	32%	30%
Private Entities	2%	1%	1%	1%	1%
Donations	8%	11%	8%	6%	8%
Donations in Kind	11%	8%	10%	10%	7%
Financial Gains	7%	13%	15%	11%	5%
Other Revenue	18%	12%	8%	15%	23%
Health Card	27%	25%	27%	25%	25%
Total	100%	100%	100%	100%	100%

4.2 BALANCE SHEET ON 31 DECEMBER 2022

Currency: Euros

ITEMS	NOTES	DATES	
		31/12/2022	31/12/2021
ASSETS			
Non-current Assets			
Tangible fixed assets	4,14,243	18 971 212,75	16 708 286,56
Intangible Assets	5	10 503,84	909,84
Financial investments	11,1;11,2,1,11,2,2	9 541 477,83	6 949 191,83
Other non-current assets	11,2,2		8 059 746,04
		28 523 194,42	31 718 134,27
Current assets			
Inventories	7	224 325,39	328 068,41
Customers	16,2,2	73 904,28	25 777,42
State and other public entities	16,2,7	27 204,70	33 936,94
Other accounts receivable	16,2,3	158 017,36	153 226,87
Prepaid expenses	16,2,4	19 521,04	19 878,51
Other non-current assets	11,2,2	606 813,06	0,00
Cash and bank deposits	16,2,1	4 395 614,33	2 562 919,56
		5 505 400,16	3 123 807,71
TOTAL ASSETS		34 028 594,58	34 841 941,98
ENDOWMENT FUNDS AND LIABILITIES			
Endowment Funds			
Initial fund	11,3,1	24 939,89	24 939,89
Retained Earnings	11,3,2	30 381 279,45	31 377 417,97
Revaluation surpluses	11,3,4	1 218 187,34	1 218 187,34
Other changes in the endowment funds	11,3,3;11,3,5	1 120 765,47	1 128 215,47
		32 745 172,15	33 748 760,67
Net results for the period		(421 567,45)	(308 689,74)
Total of the endowment funds		32 323 604,70	33 440 070,93
Liabilities			
Non-current liabilities			
Provisions	9	274 460,60	282 250,50
		274 460,60	282 250,50
Current liabilities			
Suppliers	16,2,5	67 080,73	83 873,91
State and other public entities	16,2,7	132 874,67	124 643,10
Other current liabilities	16,2,8	603 408,80	545 159,81
Prepaid expenses	16,2,4	627 165,08	365 943,73
		1 430 529,28	1 119 620,55
Total Liabilities		1 704 989,88	1 401 871,05
ENDOWMENT FUNDS AND LIABILITIES TOTAL		34 028 594,58	34 841 941,98



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Luisa Nemésio
Vice-Chair



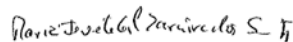
Fernando de La Vieter Nobre
Chair

PROFIT-AND-LOSS STATEMENT BY NATURES

FISCAL YEAR ENDING 31 DECEMBER 2022

Currency: Euros

INCOME AND EXPENSES	NOTES	DATES	
		Year 2022	Year 2021
Sales and services provided	8,1	3 122 280,54	3 020 336,89
Operating subsidies, donations and bequests	8,2	4 373 328,52	4 960 896,72
Cost of goods sold and materials consumed	8,3	(49 749,16)	(34 849,96)
External supplies and services	8,4	(4 160 689,75)	(4 877 381,03)
Staff costs	8,5	(3 631 058,99)	(3 475 090,06)
Other current liabilities (losses/reversals)	8,6	(58 972,27)	(159 062,61)
Impairment of receivables (losses/reversals)	8,6	(2 160,00)	65 588,89
Other impairments (losses/reversals)	8,6	(22 268,78)	383 654,70
Provisions (increases/reductions)	9	7 789,90	7 768,07
Fair value increases/reductions	11,2,2	(605 305,60)	(196 680,39)
Other income	8,7	1 272 880,43	699 454,78
Other expenses	8,8	(312 740,59)	(433 821,76)
Earnings before interest, taxes, depreciation and amortisation		(66 665,75)	(39 185,76)
Expenses/reversals of depreciation and amortisation	4,1 4,2 8,9	(356 010,87)	(295 811,21)
Operating profit (before financial expenses and taxes)		(422 676,62)	(334 996,97)
Interest and similar income obtained	8,10	1 109,17	26 307,23
Profit before tax		(421 567,45)	(308 689,74)
Income tax for the period	3,1,1 v)		
Net profit for the period		(421 567,45)	(308 689,74)



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CASH FLOW STATEMENT

PERIOD FROM 01 JANUARY TO 31 DECEMBER 2022

Currency: Euros

	Year 2022	Year 2021
OPERATING ACTIVITIES		
Receivables from Clients and Users	3 540 553,73	1 951 276,02
Payment to Suppliers	(3 522 445,52)	(3 952 307,18)
Payments to Staff	(3 543 180,84)	(3 475 090,06)
Cash Generated from Operations	(3 525 072,63)	(5 476 121,22)
Payment / Receipt of income tax	(18 296,92)	
Other receipts / payments	3 513 977,66	5 227 280,08
CASH FLOW FROM OPERATING ACTIVITIES	(29 391,89)	(248 841,14)
INVESTMENT ACTIVITIES		
Payments in respect of:		
Tangible Fixed Assets	(2 617 717,31)	(175 614,28)
Intangible Assets	(11 217,60)	0,00
Financial Investments	(3 065 589,61)	(196 680,39)
Other Assets (Investment in Progress)	0,00	(1 201 146,89)
Cash receipts arising from:		
Investment Property	0,00	54 623,83
Financial Investments	0,00	750,00
Dividends	103 653,00	0,00
Interest and Similar Income	25,20	26 307,23
CASH FLOW FROM INVESTING ACTIVITIES	(5 590 846,32)	(1 491 760,50)
FINANCING ACTIVITIES		
Receipts from:		
Reversals		26 876,20
Payments in respect of:		
CASH FLOW FROM FINANCING ACTIVITIES	0,00	26 876,20
CHANGE IN CASH AND EQUIVALENTS	(5 620 238,21)	(1 713 725,44)
Effects of exchange rate differences		
CASH EQUIVALENTS AT THE BEGINNING OF THE PERIOD	10 622 665,60	12 336 391,04
CASH AND EQUIVALENTS AT THE END OF THE PERIOD	5 002 427,39	10 622 665,60
	(5 620 238,21)	(1 713 725,44)


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FUNDAÇÃO DE ASSISTÊNCIA MÉDICA INTERNACIONAL

STATEMENT OF CHANGES IN EQUITY FUNDS FOR THE PERIODS 2022 AND 2021

Currency: Euros

Items	Initial Patrimonial Fund	Retained Earnings	Other Variations	Surpluses Revaluations	Other Changes in Assets and Liabilities	Net Profit for the Period	Total
Position at the beginning of the 2021 Period	24 939,89	32 995 305,57	735 593,48	1 218 187,34	400 071,99	-1 434 387,60	33 939 710,67
Appropriation of 2020 net income		-1 434 387,60				1 434 387,60	0,00
Other changes in endowment funds					-7 450,00		-7 450,00
Subsidies, donations and legacies received		-183 500,00					-183 500,00
Sub total		-1 617 887,60	0,00	0,00	-7 450,00	1 434 387,60	-190 950,00
Profit and Loss FY 2020						-308 689,74	-308 689,74
Position at the end of the 2021 Period	24 939,89	31 377 417,97	735 593,48	1 218 187,34	392 621,99	-308 689,74	33 440 070,93
Appropriation of Profit 2021		-308 689,74				308 689,74	0,00
Other changes in endowment funds		-687 448,78			-7 450,00		-694 898,78
Subsidies, donations and legacies received							0,00
Sub total		-996 138,52	0,00	0,00	-7 450,00	308 689,74	-694 898,78
Profit and Loss FY 2022						-421 567,45	-421 567,45
Position at the end of the 2022 Period	24 939,89	30 381 279,45	735 593,48	1 218 187,34	385 171,99	-421 567,45	32 323 604,70


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4.3 NOTES TO THE FINANCIAL STATEMENTS AT 31 DECEMBER 2022

1 - IDENTIFICATION OF THE ENTITY

The International Medical Assistance Foundation – FUNDAÇÃO AMI – hereinafter referred to as AMI is a public utility institution (legal body taxpayer no. 502744910), founded on 5 December 1984.

AMI is a Portuguese Non-Governmental Organization (NGO), private, independent, apolitical and non-profitable, whose objectives are to fight poverty, social exclusion, underdevelopment, hunger and the consequences of war anywhere in the world; its main activity is to provide humanitarian aid both in Portugal and in large parts of the rest of the world.

AMI has its headquarters at Rua José do Patrocínio 49, 1959-003 Lisbon.

AMI's revenue comprises donations in cash and in kind made by companies and individuals, public and private funding as counterpart of activities supported by AMI and income from real estate investments, financial and other initiatives.

These financial statements were approved by the Board of Directors of the Foundation on 29 March 2023. It is the opinion of the Board of Directors that these financial statements truly and fairly reflect the Foundation's operations, as well as its financial position and performance and cash flows. All amounts presented are expressed in euros.

2 - ACCOUNTING REFERENCE FOR PREPARATION OF FINANCIAL STATEMENTS

The attached financial statements are in conformity with Decree-Law no. 98/2015 of June 2, which transposes into the Internal Legal Order Directive no. 2013/34/EU of the European Parliament and of the Council of June 26, 2013, which includes accounting and financial reporting standards for non-profit sector entities (ESNL). The Financial Statement Templates set out in article 4 of ordinance no. 220/2015 of 24 July shall be understood to be part of those standards.

Whenever the ESNL do not respond to particular aspects of transactions or situations, the International Accounting Standards and International Financial Reporting Standards (IFRS) issued by the IASB and the respective SIC-IFRIC interpretations are applied in a supplementary manner and in the order indicated. The financial statements, which include the balance sheet, the income statement by nature, the statement of changes in equity, the cash flow statement and the notes to the financial statements, are expressed in euros and have been prepared on a going concern basis and on an accruals basis, taking into consideration the following qualitative characteristics: comprehensibility, relevance, materiality, reliability, faithful representation, substance over form, neutrality, prudence, completeness and comparability.

The accounting policies set out in note 3 have been used in the financial statements for the periods ended 31 December 2022 and 31 December 2021.

The financial statements were prepared from the Foundation's accounting books and records, on a going concern basis and under the historical cost convention, except for the items Financial Instruments Held for Trading and Gold Bars in the CGD's Vault-Other Financial Investments, which are recognised at fair value, as well as the Financial Investments item which is valued by the equity method.

The preparation of the financial statements in accordance with NCRF-ESNL requires Management to make judgments, estimates and assumptions that affect the application of accounting policies and the reported amounts of assets, liabilities, income and expenses. The estimates and associated assumptions are based on historical experience and other factors that are believed to be reasonable under the circumstances and form the basis for making judgments about the carrying values of assets and liabilities that are not readily apparent from other sources. Actual results may differ from the estimates. The issues involving a higher degree of judgment or complexity, or where assumptions and estimates are considered to be significant, are presented in Note 11 - Critical accounting estimates and judgments in preparing the financial statements.

3 - ACCOUNTING POLICIES, CHANGES IN ACCOUNTING ESTIMATES AND ERRORS

3.1 - Principal accounting policies

- a) The financial statements were prepared from the Foundation's accounting books and records, assuming the continuity of operations and based on the historical cost, except for some assets that are measured by fair value and equity method (MEP), as detailed below:
- Financial Investments – Gold Bars – Fair Value;
 - Investments – Financial Investments – Equity Method; and
 - Other Current Assets-Financial Instruments Held for Trading-Fair Value.

Given that in 2016 the Board opted for a change in the policy of application of the available financial resources, choosing to increase the investment in investment properties, decreasing the investments in the financial market for reasons of security and profitability, it was decided to carry out the economic valuation by an independent entity of the set of properties (investment and operational) that constitute the assets of the Foundation (about 44% of total Assets). The overall result of the valuation performed between the end of 2019 and the first half of 2020 was higher than the book value by about 33.8% (€5 252,000), of which the investment properties were valued at an additional 20.9% (€2 160 000) and the opera-

tional properties at an additional 59.4% (€3 092 000). At the end of 2022, a new valuation of the assets was carried out and the overall result was higher than the book value by about €10 600 000. In 2019, significant investments were made in the building at Rua Fernandes Tomás, in Coimbra, which entered into operation as a Hostel in the 3rd quarter of 2019. Works were also carried out in the property of Rua de Santa Catarina, in Porto, a Hostel that was leased to the exploitation until March 2019 and which we began to manage from that time onwards, reopening at the beginning of 2020. It was temporarily closed in 2021 and reopened in April 2022. In 2021, a property was acquired with its filling in the Alentejo, the Monte Peral, which transitioned from 2021 as Tangible Fixed Asset (TFA) in Progress and in 2022 with the completion of the remodelling works, started activity as Rural Tourism and consequently ceased to be classified as TFA in Progress. In October and November 2022 two more properties were acquired, one in Sernancelhe, municipality of Viseu and another in Abrantes, which will also be for tourism operation, given that at the end of 2022 restoration and improvement works were still being carried out, they are classified as TFA in Progress as at 31 December 2022.

The main accounting policies used in the preparation of the financial statements are described in the following points. The application of these policies was carried out consistently in the comparative periods.

a) Tangible fixed assets

Tangible fixed assets are stated at acquisition cost, which includes their purchase price, including any non-refundable purchase taxes, after deduction of discounts and rebates, and any costs directly attributable to bringing the asset to the location and condition necessary for it to be capable of operating in the intended manner, less depreciation.

Depreciation charges for the year are calculated on a straight-line basis over the useful life of each asset and its possible residual value, and charged against the income statement caption "Depreciation and amortisation".

The annual depreciation rates used were as follows, by percentage:

Buildings and other constructions	2
Plant & machinery	10 – 20
Transport Equipment	25 – 50
Tools & Utensils	25 – 12,25
Office equipment	10 – 33,33
Goods in use	50

On the date of transition to NCRF, the AMI Foundation decided to consider as the cost of the fixed tangible assets their revalued value determined in accordance with the previous accounting policies, which was comparable in general terms to the cost measured in accordance with NCRF 7. The buildings acquired up to 31 December 1999 were revalued based on an economic appraisal made by a credible and independent entity, in accordance with the legal provisions in force, and the value of the respective Revaluation Reserve is shown in the Foundation's Patrimonial funds.

If there is any indication that there has been a significant change in the useful life or residual value of an asset, the depreciation of that asset is reviewed prospectively to reflect the new expectations.

Repair expenditure that neither increases the useful life of the assets nor results in significant improvements to tangible fixed asset items is recorded as an expense in the period in which it is incurred.

Also the tangible fixed assets allocated to investment properties are recorded at acquisition cost and/or donation which comprises their purchase price, including non-refundable purchase taxes, after deduction of discounts and rebates, any costs directly attributable to putting this asset in conditions to be placed on the market for profit, less the respective depreciation.

Depreciation for the year is calculated on a straight-line basis according to the useful life of each asset and its possible residual value and recorded against the item "Depreciation and Amortisation" in the Income Statement.

The annual depreciation rates used were as follows, by percentage:

Buildings and other constructions	2
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The value of tangible fixed assets in progress is made up of the successive acquisition, construction and other costs necessary for the equipment to start operating. When completed, they will be transferred to Tangible Assets or Investment Properties.

b) Financial Holdings - Equity Method

The financial investments in associates or subsidiaries are recorded by the equity method. Companies in which the AMI Foundation has a shareholding of more than 20%, thus exercising a significant influence over their activities, are considered to be associates; they are considered to be subsidiaries when the shareholding is less than 20%.

c) Other financial investments

Other financial investments of the AMI Foundation not officially recognised in standard markets (art and philately) are valued at acquisition

and/or donation cost, less any impairment losses which may have occurred.

Other financial investments with normalised market values are valued at fair value.

d) Time Deposits

These monetary resources are contracted for periods of more than one year and are valued at the fixed asset amount, assuming that the remuneration to be obtained is equal to or greater than the discount value of this asset.

e) Financial instruments held for trading

The AMI Foundation has always used as a valuation criterion the current value of the financial instrument at the balance sheet date, the value indicated by the entity managing the instrument. Positive or negative valuations occurring during the year are recognised as fair value gains or losses.

f) Impairment of Assets

At each reporting date and whenever an event or change of circumstances indicates that the amount at which the asset is recorded may not be recoverable, an evaluation of the impairment of the assets is carried out.

Whenever the book value of an asset exceeds its recoverable amount, an impairment loss is recognised and recorded in the profit and loss statement under the caption "Impairment losses".

The recoverable amount is the higher of net selling price and value in use. The net selling price is the amount that would be obtained from selling the asset in a transaction between knowledgeable independent entities, less the costs directly attributable to the sale. Value in use is the present value of estimated cash flows expected to arise from the continuing use of an asset and from its disposal at the end of its useful life. The recoverable amount is estimated for each group of assets, with special emphasis on tangible fixed assets (both those allocated to operating activities and those allocated to investment properties) where the portfolio of existing assets is evaluated and compared.

Impairment losses in accounts receivable are recorded according to the risks of collection identified at the end of the year in relation to receivables from customers and other debtors, through analysis of the age of the balances and known financial difficulties of the debtors.

Impairment losses in inventories are recorded taking into account both their origin (in the case of inventories donated to the Foundation) and their destination (use in national and international missions); under these conditions, it is considered that the market value is null, and so the value

of the impairment is equal to the value of those assets. In the remaining inventories impairments are only recorded when the expected realisation value is lower than the recorded cost and for that difference.

The reversal of impairment losses recognised in previous years is recorded when it can be concluded that the impairment losses previously recognised for the asset no longer exist or have decreased. Impairment losses are reversed up to the amount that would have been recognised (net of amortisation or depreciation) if the impairment loss had not been recorded in prior years.

g) Inventories

The inventories of the AMI Foundation are divided into the following two groups:

a) Inventories intended for marketing which are valued at cost of acquisition and or donation, which includes additional purchase expenses, such as transport costs;

b) Inventories intended for national and international missions, arising from donations and recognised at the value attributed to those donations. As mentioned in the note on impairment, their market value is considered null and the corresponding impairment is recorded.

For any of the two groups referred to above, the method used to cost outputs is the weighted average cost and, in the case of inventories for national and international missions, the respective reversal of impairment.

h) Trade and other receivables

Sales and other operations are recorded at their nominal value as they correspond to short term receivables and do not include debited interests.

At the end of each reporting period the accounts of customers and other debtors are analysed in order to assess whether there is any objective evidence that they are not recoverable. If so, the respective impairment loss is immediately recognised.

i) Cash and bank deposits

Cash and bank deposits include cash on hand, demand and term bank deposits and other treasury applications which mature in less than one year and are subject to insignificant risk of change in value.

Bank overdrafts are shown on the balance sheet, as current liabilities, under the item "Bank borrowings". This account includes all items that have immediate liquidity and whose present value is equal to the nominal value.

Functional Currency and Transactions in Foreign Currency - The Foundation's functional currency is the euro. This choice is determined by the almost exclusive domain of transactions in Euros and is reinforced by the fact that the reporting currency is also the Euro. Transactions denominated in foreign currency are converted into euros using exchange rates that were in force at the time of the currency change, or are close to the official rates in force

on the date of the operation. The exchange differences realised during the year, as well as the potential differences calculated on the balances existing on the Balance Sheet date, by reference to the exchange rates prevailing on that date, are included in the current results for the year.

j) Classification of funds or liabilities

Financial liabilities and equity instruments are classified according to their contractual substance, independently from the legal form they assume.

k) Provisions

Provisions are recognized when and only when the entity has a present obligation (legal or constructive) resulting from a past event, it is probable that to settle the obligation an outflow of resources will occur and the amount of the obligation can be reasonably estimated. Provisions are reviewed on the date of each statement of financial position and adjusted to reflect the best estimate at that date.

l) Trade and other payables

Debts to suppliers and other third parties are recorded at their nominal value as they are short term debts, for which the effect of discounting is immaterial.

m) Contingent assets and liabilities

Contingent assets are possible assets arising from past events and whose existence will be confirmed only by the occurrence or non-occurrence of one or more uncertain future events not wholly within the control of the entity.

Contingent assets are not recognised in the financial statements but are disclosed in the notes when a future economic benefit is probable.

Contingent liabilities are defined as: possible obligations arising from past events and whose existence will be confirmed only by the occurrence or non-occurrence of one or more uncertain future events not wholly within the control of the entity; or present obligations arising from past events that are not recognised because it is not probable that an outflow of resources affecting economic benefits will be required to settle the obligation or the amount of the obligation cannot be measured with sufficient reliability.

Contingent liabilities are not recognised in the financial statements but are disclosed in the notes, unless the possibility of an outflow of funds affecting future economic benefits is remote, in which case they are not subject to disclosure.

n) Revenue recognition and accrual basis

Gains arising from sales and services rendered are recognised in the income statement in the period in which they occur and when the expenses incurred or to be incurred

related with the transaction can be reliably measured. These amounts are recognised net of taxes, discounts and other expenses inherent to their concretisation at the fair value of the amount received or receivable.

Operating subsidies essentially correspond to donations from individuals or corporate bodies and subsidies from National or International Public Entities, which are intended to partially finance the Foundation's activities; they are recognised as income when they are received, or when it is highly likely that this will occur in the future.

The remaining receipts and expenditure are recorded on an accruals basis, so that they are recognised as they are generated, irrespective of the time at which they are received or paid. The differences between the amounts received and paid and the corresponding income and expenses generated are recorded under "Deferrals" or "other accounts payable or receivable".

Income and expenses are recorded regardless of the moment of receipt and payment, respectively. When receipts or payments are received or paid before the income and expenses, they are recorded as Deferrals, Liabilities or Assets, respectively. If receipts and payments in advance are not related to a specific transaction, then they should not be considered as deferrals but rather as advances to debtors or creditors.

o) Receipt of the 0.5% IRS consignment

According to Law 16/2001, taxpayers may freely dispose of 0.5% of their IRS, allocating it to institutions that have applied for this consignment. From the first moment that this was possible, the AMI Foundation has applied for this consignment.

Given the uncertainty surrounding the generosity of taxpayers and the number of institutions that apply for this consignment - as of 2011, the number of candidates was multiplied by nine - AMI decided to only consider as income from the consignment of 0.5% IRS at the time of its effective receipt.

The amounts received during the financial years 2022 and 2021 respectively to income tax relating to income earned in 2020 and 2019, for which taxpayers file tax returns in 2021 and 2020.

The Foundation considered as income for the years 2022 and 2021, €114,992.71 (one hundred and fourteen thousand nine hundred and ninety-two euros and seventy-one cents) and €127,913.34 (one hundred and twenty-seven thousand nine hundred and thirteen euros and thirty-four cents) respectively, since it understands that these amounts are intended to fund its current activity.

The receipts in 2022 and 2021, of €8,387.05 (eight thousand three hundred and eighty seven euros and five cents) and €10,730.83 (ten thousand seven hundred and thirty euros and eighty three cents) resulting from the donation of VAT borne by taxpayers and deductible in IRS that these decided to donate to the AMI Foundation along with the 0.5% referred to in the preceding paragraphs, were also considered to finance the current activity.

The Tax and Customs Authority has not yet transferred the amount of the IRS or VAT consignment for 2021. However, the AMI Foundation will maintain its accounting policy so that those amounts will be recognised as income in the year 2023 as they are intended to fund the activity of that year.

p) Wills

Over the years AMI has received inheritances in cash, financial assets and real estate assets that the generosity of the executors decides to bestow upon it.

q) Works of art

AMI Foundation receives, as a donation, works of art (paintings, sculptures) attributed to it by the generosity of the artists. These are considered in AMI's assets as Other Financial Investments - see note 11.2.1 of this Annex - and if the book value is expected to be less than market value, the corresponding impairment is recorded.

r) Subsequent events

The World Health Organisation - WHO - declared the disease commonly known as COVID 19, as a public health emergency of international concern on 30 January 2020, classifying it as a pandemic on 11 March 2020. To deal with the progression of this disease, practically all countries have adopted severe circulation policies, advising/obliging populations to confine themselves to their residences, except for very specific professional groups.

These measures were also adopted in Portugal, and the President of the Republic decreed a state of emergency - Decree of the President of the Republic No. 14-A/2020 of 18 March, which has since been renewed several times.

This change in conjuncture, which has already effectively influenced the 2020 and 2021 financial years, will surely continue to have an unquantifiable economic impact in future years, until the pandemic is under control.

With the start of the war in Ukraine in late February 2022 and the increase in inflation, the situation has worsened even more.

What is certain is that the AMI Foundation has maintained its activity in support of the most disadvantaged, changing working methods and accelerating the move towards document dematerialisation and digital communication, which was planned for the medium term and which has now been brought forward.

s) Judgements and estimates

- Useful lives of tangible fixed assets
- Impairment analysis, namely of financial investments, financial investments, accounts receivable; inventories
- Provisions.

Estimates used are based on the best information available during the preparation of financial statements and are based on the best knowledge and expectations of past and present events. Although future events are neither controlled by the Group nor foreseeable, some could occur and have impact on the estimates. Therefore and given the degree of uncertainty, actual results of these transactions may differ from the corresponding estimates. Changes to the estimates used by the management that occur after the date of these financial statements, will be recognised in net income prospectively.

The main estimates and assumptions in relation to future events included in the preparation of financial statements are disclosed in the corresponding notes when applicable.

t) Income Tax

The AMI Foundation is exempt from corporate income tax (Decision of the Directorate General of Contributions and Taxes of 17 February 1994, published in the Official Gazette Series III No. 101 of 2 May 1994) so that there is no current or deferred income tax expense, apart from autonomous taxation under the tax legislation.

3.2 - Changes in accounting policies and correction of fundamental errors

The transition of the SNS to ESNL, by imposition of DL 36-A/2011 of 9 March, did not cause any relevant impact on the financial statements or material errors of previous years.

In 2022 there were no changes in accounting policies or correction of fundamental errors.

In 2021 we estimated a positive net result for the 2021 accounts of the HPA Group, based on the provisional trial balance as at 31 December 2021, sent by the HPA Group. The same did not occur and in the final accounts of 2021 of HPA the final net result was negative and the respective correction was made in 2022.

4 - TANGIBLE FIXED ASSETS

4.1 - Tangible Fixed Assets allocated to Operating Activities

At 31 December 2022 and 2021 tangible fixed assets allocated to the operating activity and respective depreciation were as follows:

Gross Asset	Land	Building Other Construct.	Basic Equip.	Equip. Transp.	Equip. Administr.	Other Tangible Assets	Total Tangible Assets
Opening balance in 01.01.2022	906 386,98	5 475 797,19	411 600,21	356 555,42	750 761,49	150 652,20	8 051 753,49
Increases			103 486,63	3 429,90	186 128,63		293 045,16
Transfers/Write-offs				-13 000,00			-13 000,00
Reversals Impairments							
Closing balance in 31.12.2022	906 386,98	5 475 797,19	515 086,84	346 985,32	936 890,12	150 652,20	8 331 798,65

Accumulated amortisations	Land	Building Other Construct.	Basic Equip.	Equip. Transp.	Equip. Administr.	Other Tangible Assets	Total Tangible Assets
Opening balance in 01.01.2022	0,00	2 254 822,65	370 805,15	297 857,74	607 190,45	150 178,10	3 680 854,09
Increases		102 089,10	37 458,77	17 463,69	60 786,94		217 798,50
Transfers/Write-offs				3 000,00			
Closing balance in 31.12.2022	0,00	2 356 911,75	408 263,92	312 321,43	667 977,39	150 178,10	3 895 652,59

Net Assets	Land	Building Other Construct.	Basic Equip.	Equip. Transp.	Equip. Administr.	Other Tangible Assets	Total Tangible Assets
Opening balance in 01.01.2022	906 386,98	3 220 974,54	40 795,06	58 697,68	143 571,04	474,10	4 370 899,40
Closing balance in 31.12.2022	906 386,98	3 118 885,44	106 822,92	34 663,89	268 912,73	474,10	4 436 146,06

Under this heading is a plot of land in the parish of S. Domingos de Rana, municipality of Cascais, which is intended for the construction of AMI's future headquarters.

In 2016, it was decided to prepare a project that, in addition to the head office building, will also include buildings for day care centres, assisted living

and continued care, which will help to solve some of the needs of the municipality of Cascais. The project was approved by Cascais Municipal Coun-

and in 2019 the corresponding specialty projects were submitted, which are also already approved.

In 2021, the Nelas property, which had been donated to us, was sold.

4.2 - TANGIBLE FIXED ASSETS ALLOCATED TO INVESTMENT PROPERTIES

At 31 December 2022 and 2021, tangible fixed assets relating to Investment Properties, depreciation and impairment losses were as follows:

Line Items	Gross Asset			Deductions			Net Asset
	Land	Building Other Construct.	Total	Depreciation	Imparments	Total	Total
Balance in 31.12.2021	1.755.260,58	6.491.414,94	8.246.675,52	1.095.280,83	0,00	1.095.280,83	7.274.259,80
Increases	378.160,61	969.748,00		136.410,47		136.410,47	-136.410,47
Write-offs							
Balance in 31.12.2022	2.133.421,19	7.461.162,94	9.594.584,13	1.231.691,30	0,00	1.231.691,30	8.362.892,83

In 2022, the Property at Monte Peral was upgraded from being an Investment in Progress to an Investment Property, with activity in Rural Tourism.

4.3 - INVESTMENTS IN PROGRESS

The breakdown of this heading at 31 December 2022 and 2021 is as follows:

Line Items	31.12.2022	31.12.2021
Property at Restauradores	3.053.794,94	3.053.794,94
Monte Peral		1.201.146,89
Property at Sernancelhe	1.034.962,02	
Property at Abrantes	1.152.366,26	
New Head-Office	931.050,64	931.050,64
Cold Storage Warehouse Oporto		
Total	6.172.173,86	4.011.784,19

In 2016 and following the policy of allocating financial surpluses referred to in point 3.1, a building at Praça dos Restauradores in Lisbon was acquired as investment property and is recorded under this heading at the end of each of the financial years 2021 and 2020, as improvement and adaptation works are still in progress. The construction of the new headquarters is planned to start in 2023. In 2022 two investment properties were acquired, one in Sernancelhe, in the municipality of Viseu, and another in Abrantes, which are recorded under this heading due to the fact that restoration and improvement works are being carried out.

5 - INTANGIBLE ASSETS

At 31 December 2022 the detail of intangible assets and respective amortisation was as follows:

Line Items	Gross Asset		Depreciation		Net Asset
	Software	Total	Software	Total	Total
Closing Balance in 31.12.2021	831.578,66	831.578,66	830.668,82	830.668,82	909,84
Increases	11 217,60		1 623,60	1 623,60	
Reversals/impairment					
Closing Balance in 31.12.2022	842 796,26	842 796,26	832 292,42	832 292,42	10 503,84

6 - BORROWING COSTS

The AMI Foundation has not taken out any loans.

7 - INVENTORIES

Inventories are made up of 2 groups, all valued at average entry cost:

- Goods which are intended for marketing;
- Goods for national and international missions and from donations.

With regard to the latter and given their origin (from donations) and the purpose for which they are intended (our missions) their market value is considered null, so it was decided to register impairment so that the value of that asset is null.

In 2020, the company Marques Soares, S.A. donated significant quantities of new clothes to the AMI Foundation. In addition to this fact, it was possible to lease at symbolic price two shops in the centre of Parede, municipality of Cascais, in which the clothes are marketed (since 01 September 2021). The value of that donation was

added to the stocks of sales material, for which the risk of non-sale was evaluated at the end of 2022 and 2021, and the respective impairments were constituted.

Line Items	31.12.2022	31.12.2021
Material for sale in the shop	391 697,67	391 697,67
Goods for sale	113 906,25	142 174,94
Impairment Material for sale in the shop	-195 848,84	-97 924,42
Impairment Goods for sale	-85 429,68	-107 879,78
Goods for missions	260 131,66	276 633,72
Losses by Accumulated impairments	-260 131,66	-276 633,72
Total	224 325,40	328 068,41

8 - INCOME AND EXPENSES

The accounting policies adopted for the recognition of revenue are described in 3.1 lines p), q) and r).

The detail of some of the items of Income and Expenses is described in the following points:

8.1 - Sales and services rendered

Sales and services rendered during the years ended 31 December 2022 and 31 December 2021 are solely in support of the Foundation's core activity:

Sales and Services Provided	2022	2021
Sales and Services Provided	17 287,41	18 598,29
Sale of Silver	27 665,99	54 877,74
Sale Kit Salva-Livros AMII	51 694,84	46 599,70
P. Services – Social Action	94 535,37	90 460,80
P. Services – Health Card	2 298 333,46	2 607 964,50
Accommodation (Hostels)	560 261,29	187 165,33
Rural Tourism	45 668,98	
P. Services – Others	26 833,20	14 670,53
Total	3.122.280,54	3 020 336,89

8.2 - Operating subsidies, donations and legacies

This item includes all subsidies and donations received, either in cash or in kind, from public or private corporate bodies and from national or foreign individuals, aimed at financing a specific action of the Foundation or the set of its activities.

Their composition, by main items, is shown in the table below:

Operating subsidies, donations and bequests	2022	2021
Domestic public subsidies	2 820 911,28	3 229 740,82
International public subsidies	79 510,05	16 364,13
Subsidies other entities	32 914,25	34 750,00
Donations and inheritances	608 764,32	436 856,82
0.5% annual IRS declaration + VAT deducted in IRS	123 379,76	138 644,17
Mailings	55 034,53	47 196,07
Donations in kind	652 814,33	1 057 344,71
Total	4 373 328,52	4 960 896,72

8.3 - Cost of goods sold and consumed materials

The cost of goods sold and consumed in 2022 and 2021 was determined as follows:

Cost of goods sold and consumed materials	2022	2021
Initial stock	810 506,33	734 519,96
Entries	10 745,29	328 068,41
Stock clearance	105 265,20	286 932,00
Final stocks	765 735,58	810 506,33
Total	49 749,16	34 849,96

8.4 - External supplies and services

In the years ended 31 December 2022 and 2021 the detail of external supplies and services was as follows:

External supplies and services	2022	2021
Supplier Serv Related to the health card	1 650 115,13	1 938 789,78
Provision of meals at social facilities	484 477,83	864 962,66
Travel & accommodation	115 681,08	85 204,29
Donations in Kind	694 866,53	959 030,70
Provision of sundry services	1 215 549,18	1 029 393,60
Total	4 160 689,75	4 877 381,03

8.5 - Staff costs

The breakdown of personnel expenses for the years ended 31 December 2022 and 2021 is shown in the table below:

Staff Costs	2022	2021
Staff remuneration	2 500 239,91	2 426 558,63
Provisions Vacation Allowance + Vacation	467 744,00	405 183,74
Charges on remuneration	486 120,73	489 746,48
Remunerations in international missions	91 551,02	24 040,86
Insurance	58 910,29	60 543,24
Other Staff Costs	494 237,04	474 200,85
Total	3 631 058,99	3 475 090,06

8.6 - Impairments (losses/reversals)

The evolution of these items in the years ended 31 December 2022 and 2021, broken down by type of impairment, is shown in the tables below:

Inventories	Opening Balance	Increase	Type of Use/ Adjustments	Reversals	Cost/Income	Closing Balance
Year 2021						
Goods	323 375,31	166 605,66	0,00	7 543,05	159 062,61	482 437,92
Year 2022						
Goods	482 437,92	97 924,42	0,00	38 952,15	58 972,27	541 410,19

From debts receivable	Opening Balance	Increase	Type of Use	Reversals	Cost/Income	Closing Balance
Year 2021						
Customers	26 842,54				0,00	26 842,54
Other third-party debts	171 926,18			65 588,89	-65 588,89	106 337,29
Total	198 768,72	0,00	0,00	65 588,89	-65 588,89	133 179,83
Year 2022						
Customers	26 842,54	2 160,00			2 160,00	29 002,54
Other third-party debts	106 337,29		49 623,24		0,00	56 714,05
Total	133 179,83	2 160,00	49 623,24	0,00	2 160,00	85 716,59

From Financial Instruments	Opening Balance	Increase	Type of Use	Reversals	Cost/Income	Closing Balance
Year 2021						
BPP Adjustment	29 566,42			26 876,20	-26 876,20	2 690,22
Liminorke Adjustment	576 522,00			336 304,50	-336 304,50	240 217,50
Kendal II Adjustment	32 610,00			20 999,00	-20 999,00	11 611,00
Total	638 698,42	0,00	0,00	384 179,70	-384 179,70	254 518,72
Year 2022						
BPP Adjustment	2 690,22				0,00	2 690,22
Liminorke Adjustment	240 217,50				0,00	240 217,50
Kendal II Adjustment	11 611,00	28 410,45			28 410,45	40 021,45
Total	254 518,72	28 410,45	0,00	0,00	28 410,45	282 929,17

From Financial Investment	Opening Balance	Increase	Type of Use	Reversals	Cost/Income	Closing Balance
Year 2021						
Financial Invest. Works	151.470,79	525,00			525,00	151.470,79
Financial Invest. Philatel	311.541,34					311.541,34
Total	463.012,13	525,00	0,00	0,00	525,00	463.012,13
Year 2022						
Financial Invest. Works	151.995,79	870,00			870,00	152.865,79
Financial Invest. Philatel	311.541,34			7.011,67	-7.011,67	304.529,67
Total	463.537,13	870,00	0,00	7.011,67	-6.141,67	457.395,46

8.7 - Other income

Among others, this heading includes the results of the application of the equity method to associated and subsidiary companies.

Other Income	2022	2021
Additional income	750,50	23,40
Application of equity method	819.941,00	354.699,12
Recovery financial instr.	41.044,44	0,00
Favourable exchange rate differences	15,91	12.396,13
Rents	396.195,27	277.105,19
Other operating income	14.933,31	55.230,94
Total	1.272.880,43	699.454,78

8.8 - Other expenses

Other Expenses	2022	2021
Taxes	68 775,49	25.156,11
PIPOL (International Projects in Partnership with Local Organisations) Subsidies	161 202,43	74.769,08
Subsidies to National Organisations	7 733,56	2.000,00
Other subsidies/Awards	5 000,00	7.500,00
Unfavourable exchange rate differences	2 820,86	77.699,85
Application of equity method	22 786,31	95.396,95
Autonomous taxation	20 427,80	18.427,96
Other operating expenses	23 994,14	132.871,81
Total	312 740,59	433.821,76

8.9 - Expenses/reversals of depreciation and amortization

Expenses/reversals of depreciation and amortization	2022	2021
Tangible Fixed Assets	225 134,22	173.491,37
Intangible Fixed Assets	1 623,60	0,00
Investment Properties	129 253,05	122.319,84
Total	356 010,87	295.811,21

8.10 - Interest and similar income received

Interest and similar income received	2022	2021
From Deposits	0,09	5.611,93
From other investments of financial resources	86,65	15.210,89
Dividends received	1 022,43	5.484,41
Total	1 109,17	26.307,23

9 - PROVISIONS (LOSSES/REVERSALS)

This item corresponds to the Provision for the AMI Health Card, which is intended to meet the potential sudden closure of the health card activ-

ity, resulting from the unexpected closure of the company that ensures its commercial and administrative management.

Its evolution in the years ended 31 December 2022 and 2021 is detailed in the table below:

Provisions	Opening Balance	Increase	Type of Use	Reversals	Cost/Income	Closing Balance
Year 2021						
AMI Health Card	290.018,57			7.768,07	-7.768,07	282.250,50
Total	290.018,57	0,00	0,00	7.768,07	-7.768,07	282.250,50
Year 2022						
AMI Health Card	282.250,50			7.789,90	-7.789,90	274.460,60
Total	282.250,50	0,00	0,00	7.789,90	-7.789,90	274.460,60

10 - SUBSIDIES AND OTHER SUPPORT FROM PUBLIC ENTITIES

The support received from national public entities results from programme contracts signed with these entities, support for hiring, or small donations from other public bodies. With regard to international public entities, the funding relates to funding for humanitarian intervention projects in the Republic of Guinea-Bissau (Camões Institute), funding from the European Union to raise awareness for climate change, of which the AMI Foundation is the Portuguese partner (EU No Planet B).

In 2022, it began a two-year humanitarian aid project in Guinea-Bissau, funded by UNICEF.

The other donations received are also considered income for the year (see note 8.2) and come from individual and collective donors.

Subsidies and other support from public entities	2022	2021
Domestic public subsidies		
Social Security Solid. Institute	2.256.766,44	2.059.718,84
ISSS-POAPMC-FEAC	62.604,76	125.107,39
Institute for Employment and Vocational Training	92.875,46	96.695,39
Lisbon City Council	156.435,83	344.036,91
Lisbon City Council – COVID-19	65.660,00	415.399,32
Cascais City Council	17.573,90	12.352,40
Camões Institute	29.523,62	61.824,05
Other public bodies	139.471,27	114.606,52
Total international public subsidies	2.820.911,28	3.229.740,82
International public subsidies		
Unicef	67.212,39	0,00
UE. No Planet B	0,00	16.364,13
Others	12.297,66	0,00
Total international public subsidies	79.510,05	16.364,13

11 - FINANCIAL INSTRUMENTS

With a view to obtaining the best return on its financial resources, without ever neglecting to minimise the risk associated with financial investments, the AMI Foundation has always chosen to diversify its investments.

The following points describe the main types of investment:

11.1 - Financial Holdings - equity method

The AMI Foundation, as at 31.12.2022, has financial holdings valued by the equity method in the following entities:

Pacaça Comércio de Artigos de Artesanato e para Medicina, Lda.

Head Office	Rua José do Patrocinio, 49 1959-003 Lisbon Lisbon Municipality
Percentage held	99%
Profits and Losses	Profit of € 0,00
Equity Capital	€ 0,00
Book Value	€ 1,00

Hotel Salus, S.A.

Head Office	Cruz da Bota, Alvor Portimão Municipality
Percentage held	2,5%
Profits and Losses (2021)	Loss of € 1 140 748,06
Equity Capital (2021)	€ 376 034,03
Book Value (2021)	including PS € 9 400,85
Prov. Supplementary capital (2019)	€ 25 000,00
Prov. Supplementary capital (2020)	€ 6 250,00
Estimated Profits and Losses (2022)	Loss of € 911 452,26
Estimated Equity Capital (2022)	-€ 535 418,23
Book Value (2022)	including PS -€ 13 385,46

Hospital Particular do Algarve, S.A.

Head Office	Cruz da Bota, Alvor Portimão Municipality
Percentage held	20,94%
Profits and Losses (2021)	Loss of € 1 092 889,15
Equity Capital (2021)	€ 28 608 390,83
Book Value (2021)	€ 5 990 597,04
Estimated Profits and losses (2022)	Loss of € 3 883 711,66
Estimated Equity Capital (2022)	€ 32 492 102,49
Dividends 2021	€ 103 653,00
Estimated Book Value (2022)	€ 6 700 193,26

Note

(Accounting movements carried out in 2022):
Opening Balance : 6 583 045,82
Error Correction 2021: -592 448,78 (See Note 3.2)
Dividend : -103 653,00
MEP 2022 : 813 249,22
(RLE estimated HPA: 3 883 711,66)
Closing Balance : 6 700 193,26

11.2 - Other investments and financial instruments

11.2.1 - Other financial investments

Given the diversified nature of this type of investment, different valuation criteria are observed:

a) Works of art

The AMI Foundation receives works of art (paintings, sculptures) donated by the artists' generosity. If the book value is expected to be less than market value, the corresponding impairment is recorded.

b) Philatelic values

It should be noted that the investments in Philately, with market value 0 recognised since the end of 2006, have a probability of partial recovery that will only be recognised when realised. So far, it has been possible to recover about 15.75%.

At 31 December 2022 and 2021 other financial investments were as follows:

In 2022, 1,758 gold bars, of 2.5gr each, were acquired at a price of 61.46 euros/gramme, increasing the total acquisition price to 2,702,009 euros. On 31 December 2022, the price per gram of gold is 56.43 euros, whereby the fair value on this date amounts to 2 480 186.40 euros, whereby a loss by reduction in fair value of 200 822.38 euros was recorded.

11.2.2 - Other Financial Instruments

Other financial instruments correspond to investments made by the AMI Foundation - in shares, bonds and investment funds - with the sole purpose of making the best return on financial assets, seeking to minimise risk through diversification and maximise income. Their division between Current Assets and Non-Current Assets results from the contractual period for the immobilization of the investment.

The AMI Foundation has always used as a valuation criterion the current value of the financial instrument at the balance sheet date, the value indicated by the entity managing the instrument. Positive or negative valuations occurring during the year are recognised as fair value gains or losses.

OTHER FINANCIAL INVESTMENTS

Line Items	31/12/2022	31/12/2021
FRSS-Social Sect. Restructuring F.	3,779,11	3,779,11
Works of Art (from donations)	509 552,62	506.652,62
Time-Sharing Housing	5,000,00	5,000,00
Stamp Collections	304 529,67	311 541,34
Gold bars in a safe at CGD	2 480 186,40	
Others	9 016,69	
Total	3 312 064,49	826 973,07
Accumulated impairment losses		
Prov. for Philatelic Values	-304 529,67	-311.541,34
Prov. for works of art	-152 865,79	-151 995,79
Total	-457 395,46	-463 537,13
Net Total	2 854 669,03	363 435,94

The table below shows the increases and/or decreases in the fair value of the AMI Foundation's financial investments - in shares, bonds, investment funds and financial investments in the years ended 31 December 2022 and 2021 and financial investments - in gold bars.

OTHER FINANCIAL INSTRUMENTS

Increases/reductions in fair value	2022	2021
Gains through increases in fair value		
Bonds and equity securities	0,00	0,00
Other financial applications	530 592,22	1.116.817,72
Total	530 592,22	1.116.817,72
Losses through reductions in fair value in Financial Instruments		
Bonds and equity securities	0,00	1.586,27
in Financial Instruments	915 075,44	1.311.911,84
in Financial Investments	220 822,38	
Total	1 135 897,82	1.313.498,11
Increases/reductions in fair value	-605 305,60	-196.680,39

11.3 - Equity funds

11.3.1 - Initial Fund

Corresponds to the initial amount placed by the founder when the AMI Foundation was established.

11.3.2 - Results Carried Forward

Given its nature and the will expressed by both the founder and the Board, the economic surpluses obtained throughout the Foundation's 38 years of existence have always been transferred to this account.

11.3.3 - Adjustments to Financial Assets

The breakdown of this item at 31 December 2022 and 2021 is detailed in the following table:

11.3.4 - Revaluation Surplus

In 1999, the Foundation revalued the land and buildings recorded in its fixed assets, based on an independent economic appraisal.

The value of this Reserve was reclassified in the transition to POC SNC under this heading, and its detailed balance at 31 December 2022 and 2021 is shown in the following table:

ADJUSTMENTS TO FINANCIAL ASSETS

Line Items	31/12/2022	31/12/2021
Adjustments prior to 01.01.2009		
HPA	-10.470,00	-10.470,00
Adjustments arising from POC - SNC		
HPA	697.591,26	697.591,26
Corrections of errors made under the previous accounting standards		
HPA	-32.159,46	-32.159,46
Reflection of adjustments to previous financial assets retained earnings in associates		
HPA	177.094,78	177.094,78
HPA (2011)	-44.745,08	-44.745,08
HPA (2017)	-148.195,35	-148.195,35
HPA (2018)	77.786,00	77.786,00
Hotel Salus	18.691,33	18.691,33
Total	735.593,48	735.593,48

REVALUATION SURPLUS

Line Items	31/12/2022	31/12/2021
Economic revaluation as at 31.12.1999		
Land	183.978,05	183.978,05
Buildings and other construction	970.100,32	970.100,32
Corrections of errors made under the previous accounting standards		
Valuation Porta Amiga Centre building Cascais	53.882,72	53.882,72
Repair of damaged vehicle	10.226,25	10.226,25
Total	1.218.187,34	1.218.187,34

11.3.5 - Other changes in endowment funds

The breakdown of these items as at 31 December 2022 and 2021 is shown in the table:

Line Items	31/12/2022	31/12/2021
Adjustments arising from POC/SNC and SNC/ESNL		
Investment grants		
Investment subsidies (accumulated value)	277 926,55	285.376,55
Allocation of year share	-7 450,00	-7.450,00
Sub-Total	270 476,55	277.926,55
Donations		
Penha França shop (Lisboa)	37 500,00	37.500,00
Apartm. R. Antero Quintal (Porto)	25 833,75	25.833,75
Apartm. R. Alferes Malheiro (Porto)	52 240,00	52.240,00
Allocation of year share	-878,31	-878,31
Software Licences (Microsoft)		
Allocation of year share		
Sub-Total	114 695,44	114.695,44
Total other changes in endowment funds	385 171,99	392.621,99

11.4 - Financial assets given as guarantee, pledge or promise of pledge

There are not, nor have there ever been, financial assets given as collateral or pledge.

12 - EMPLOYEE BENEFITS

12.1 - Average number of employees

During the 2022 financial year, the AMI Foundation had an average of 189 employees (199 if we include interns).

12.2 - Existing pension commitments

There are no pension commitments.

12.3 - Relations with Administration, Management and Supervisory Bodies

There are no advances or other credits or debits to or commitments on behalf of the members of the Board of Directors or the Supervisory Board.

The members of the Board of Directors and the Supervisory Board are not remunerated; the remuneration of the General Management (3 members) is detailed below:

Line Items	2022
Staff remuneration	153 413,82
Charges on remuneration	33 689,07
Total	187 102,89

13 - EVENTS AFTER THE BALANCE SHEET DATE

Events after the balance sheet date that provide additional information about conditions that existed at the balance sheet date are reflected in the financial statements, if material. However, we cannot fail to mention the aspects related to the Covid 19 pandemic and the beginning of the war in Ukraine, already mentioned in point 3.1.1) of this report.

16 - OTHER DISCLOSURES

16.1 - Disclosure of related party transactions

Turnover with related and participated companies was as follows:

Entities	2022	
	FUND AMI as customer	FUND AMI as supplier
Pacaça, Lda	0,00	0,00
Total	0,00	0,00

At the end of the financial year 2022, the balances of the associated and subsidiary companies with the AMI Foundation were as follows:

16.2 - Other relevant disclosures

For a better understanding of the Foundation's financial statements, it is considered useful to disclose the following items:

16.2.1 - Cash and bank deposits

Cash and bank deposits do not have any liquidity restrictions. Their division between Current and Non Current Assets results from the contracted period for the immobilisation of term deposits (with immobilisation exceeding 1 year, it is considered Non Current).

The balances of the various components of cash and bank deposits are available for use; in the case of the latter, their immediate mobilisation does not imply the loss of interest due.

Entities	2022	
	debit balance	credit balance
Pacaça, Lda	0,00	0,00
Total	0,00	0,00

CASH AND BANK DEPOSITS

Line Items	31/12/2022	31/12/2021
Non-current Assets	0,00	0,00
Term Deposits		
Current Assets	4 395 614,33	2 562 919,56
Cash	42 568,88	32 621,93
Demand Deposits	4 353 045,45	2 530 297,63

CURRENT ASSETS

Current assets include balances in foreign currency as set out below:

Line Items	31/12/2022			31/12/2021		
	Amount in Foreign currency	Foreign exchange	Amount Euros	Amount in Foreign currency	Foreign exchange	Amount Euros
Current Assets						
Cash						
Cash USD	4 490,00	1,137	3 947,38	5 277,00	1,133	4 659,33
Cash XOF	4 355 174,00	655,957	6 639,42	302 800,00	655,957	487,84
Cash XOF				845 523,00	655,957	1 288,99
Demand Deposits						
B. Carregosa USD				24,39	1,138	21,44
BAO XOF	3 188 746,00	655,957	4 861,21	410 477,00	655,957	625,77
BAO XOF	11 759 597,00	655,957	17 927,39			

16.2.2 - Customers

At 31 December 2022 and 2021, Customers showed balances with the following maturities:

16.2.3 - Other Accounts Receivable

The balances of this item at 31 December 2022 and 2021 have the composition shown in the table below, based on the maturity of their balances. Given the strong probability of not receiving some of those amounts, the corresponding impairments were recognised.

CUSTOMERS

Customers	31/12/2022	31/12/2021
< to 180 days	73.904,28	25.777,42
from 180 to 365 days		
> to 365 days	29.002,54	26.842,54
Accumulated impairment losses	-29.002,54	-26.842,54
Total	73.904,28	25.777,42

OTHER ACCOUNTS RECEIVABLE

Other Accounts Receivable	31/12/2022	31/12/2021
< to 180 days	158.017,36	153.226,87
from 180 to 365 days		
> to 365 days	56.714,05	106.337,29
Accumulated impairment losses	-56.714,05	-106.337,29
Total	158.017,36	153.226,87

16.2.4 - Deferrals of assets and liabilities

The breakdown of these items as at 31 December 2022 and 2021 is shown in the table below.

16.2.5 - Suppliers

At 31 December 2022 and 2021, this heading had the following maturities:

Suppliers	31/12/2022	31/12/2021
< to 30 days	67 080,73	83 873,91
from 31 to 60 days		
from 61 to 90 days		
> to 91 dias		
Total	67 080,73	83 873,91

16.2.6 - Staff

The composition of this item at 31 December 2022 and 2021 is shown in the table below; the amount payable to expatriate volunteers on international missions derives from the contractual conditions, since their contracts provide that payment is made in the month following that in which their collaboration took place.

DEFERRALS OF ASSETS AND LIABILITIES

Line Items	31/12/2022	31/12/2021
Deferred assets		
Deferred Insurance	19.521,04	19.032,51
Other deferrals		846,00
Total	19.521,04	19.878,51
Deferred liabilities		
Rents	14.863,65	15.321,92
Linka-te aos Outros	14.766,44	10.000,00
Journalism Award Fund	5.000,00	5.000,00
Aventura Solidária	1.940,00	1.340,00
Environment Fund	40.792,62	22.940,00
Social Devel. Prom. Fund	59.631,35	49.441,09
AMI University Fund	84.551,73	78.788,22
Lisbon City Council – Protoc. Meals	0,00	65.660,00
Almada City Council_Proj COVID	34.594,05	31.608,58
Lisbon City Council – Casa do Lago Shelter	0,00	70.212,44
Club das Avós/Gaia City Council	14.578,23	0,00
Social Security contributions - DAS Proj	134.799,99	0,00
Porto City Council - Porto Shelter		7.971,32
Camões Inst. Proj. PapiakuMI		7.660,16
Ukraine Emergency Fund	215.013,28	
Guiné Proj/UNICEF	1.636,00	
Tinas Proj/Portuguese Cooperation in Guinea-Bissau	4.997,74	
Total	627.165,08	365.943,73

STAFF

Staff	31/12/2022	31/12/2021
Liability Balances		
Salaries payable		
Judicial deductions		
Total	0,00	0,00

16.2.7 - State and other public entities

At 31 December 2022 and 2021 the balance of this item is shown in the table below, with no overdue amounts:

16.2.8 - Other Accounts Payable

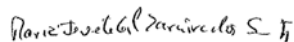
The balances under this heading at 31 December 2022 and 2021 are set out in the following table:

STATE AND OTHER PUBLIC ENTITIES

State and other public entities	31/12/2022	31/12/2021
Asset Balances		
Recoverable VAT	27 204,70	33 936,94
Social Security Withholding		
Property Income Tax Withholdings		
Total	27 204,70	33 936,94
Liability Balances		
Income tax withholding		
for salaried workers	23 890,69	23 837,00
for self-employed work	900,00	581,90
VAT – Other annual adjustments	0,00	0,00
Social Security contributions	85 273,44	80 801,00
Other Taxation		
Autonomous Taxation	20 427,80	18 427,95
Tourist Municipal Tax	1 564,00	1 564,00
Employment Compensation Fund		
FCT	757,26	594,98
FGCT	61,48	48,27
Total	132 874,67	125 855,10

OTHER ACCOUNTS PAYABLE

Other Accounts Payable	31/12/2022	31/12/2021
Investment providers		521,00
Salaries payable	468 101,78	405 183,74
Increases in health card costs	68 143,05	77 399,75
Porta Amiga Centres expenses	9 207,67	9 663,47
Other services payable	48 001,45	38 183,31
Health Card	87,78	0,00
Other creditors	9 867,07	14 208,54
Total	603 408,80	545 159,81



Maria Ivete Santos
Certified Accountant



Luisa Nemésio
Vice-Chair



Fernando de La Vieter Nobre
Chair

4.4 OPINION OF THE SUPERVISORY BOARD

INTERNATIONAL MEDICAL ASSISTANCE FOUNDATION

Records of Proceeding of the Supervisory Board Meeting

The Supervisory Board met to assess the financial statements for the financial year from 1 January to 31 December 2022, which show a negative net result of €421,567.45 (four hundred and twenty one thousand, five hundred and sixty seven euros, forty five cents).

The Supervisory Board states that it has monitored the evolution of operations, expenses and income.

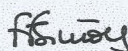
There is a strong improvement in results compared to 2021, which reflects the assertiveness and concern of the Foundation with the management of its resources; without decreasing the support to the most needy population and at the same time adjusting to the economic uncertainty resulting from the health crisis that began in 2020.

Given that the Institution can support this deficit with Equity, we unanimously give our favourable opinion.

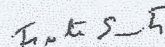
Lisbon, 21st April 2023

The Supervisory Board

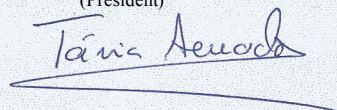
Filipa Simões



Ivete Santos



Tânia Amado
(President)



4.5 STATUTORY AUDITOR'S REPORT



STATUTORY AUDITOR'S REPORT

(Free translation from a report originally issued in Portuguese language. In case of doubt the Portuguese version will always prevail)

REPORT ON THE AUDIT OF THE FINANCIAL STATEMENTS

Qualified opinion

We have audited the accompanying financial statements of **FUNDAÇÃO DE ASSISTENCIA MÉDICA INTERNACIONAL** which the balance sheet as at 31 December 2022 (showing a total of 34.028 thousand euros and a total capital fund of 32.323 thousand euros, including a net loss of 422 thousand euros), and the income statement by nature, statement of changes in capital fund and statement of cash flows for the year then ended, and notes to the financial statements, including a summary of significant accounting policies.

In our opinion, except for the possible effects of the matter described in the *Basis for qualified opinion section* of our report, the accompanying financial statements give a true and fair view, in all material respects, of the financial position of **FUNDAÇÃO DE ASSISTENCIA MÉDICA INTERNACIONAL** as at 31 December 2022, and of its financial performance and its cash flows for the year then ended in accordance with Accounting and Financial Reporting Standards for non-profit entities adopted in Portugal under the Portuguese Accounting System.

Basis for qualified opinion

The Financial Investments item include 6.700 thousand euros, related to the financial participation accounted for using the equity method. Because, at the date of this report, the final financial statements of the subsidiary weren't available, we are unable to obtain sufficient and appropriate audit evidence to validate it. Therefore, we cannot express an opinion on the reasonableness of this amount.

We conducted our audit in accordance with International Standards on Auditing (ISAs) and further technical and ethical standards and guidelines as issued by Ordem dos Revisores Oficiais de Contas (the Portuguese Institute of Statutory Auditors). Our responsibilities under those standards are further described in the Auditor's Responsibilities for the Audit of the Financial Statements section below. We are independent of the Entity in accordance with the law and we have fulfilled other ethical requirements in accordance with the Ordem dos Revisores Oficiais de Contas code of ethics.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our qualified opinion.

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Responsibilities of management and the supervisory body for the financial statements

Management is responsible for:

- the preparation of financial statements that give a true and fair view of the Entity's financial position, financial performance and cash flows in accordance with Accounting and Financial Reporting Standards for non-profit entities adopted in Portugal under the Portuguese Accounting System;
- the preparation of the management report in accordance with applicable laws and regulations;
- designing and maintaining an appropriate internal control system to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error;
- the adoption of accounting policies and principles appropriate in the circumstances; and
- assessing the Entity's ability to continue as a going concern, and disclosing, as applicable, the matters that may cast significant doubt about the Entity's ability to continue as a going concern.

The supervisory body is responsible for overseeing the Entity's financial reporting process.

Auditor's Responsibilities for the Audit of the Financial Statements

Our responsibility is to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

As part of an audit in accordance with ISAs, we exercise professional judgment and maintain professional skepticism throughout the audit. We also:

- identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control;
- obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the Entity's internal control;
- evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by management;

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- conclude on the appropriateness of management's use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the Entity's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause the Entity to cease to continue as a going concern;
- evaluate the overall presentation, structure and content of the financial statements, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation;
- communicate with those charged with governance, including the supervisory body, regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

Our responsibility also includes the verification that the information contained in the management report is consistent with the financial statements.

REPORT ON OTHER LEGAL AND REGULATORY REQUIREMENTS

On the management report

In compliance with the applicable legal requirements, except for the possible effects of the matter referred in the *Basis for Qualified Opinion section* of our report, in our opinion, the management report was prepared in accordance with the applicable legal and regulatory requirements and the information contained therein is consistent with the audited financial statements and we have not identified any material misstatements.

Lisbon, 21st April 2023

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Sociedade de Revisores Oficiais de Contas
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FUTURE



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“

WE ASSUME THE CONCERNS
AND NEEDS OF THE HUMAN BEING
AS OUR CAUSE FOR ACTION.”

CHAPTER 5
FUTURE
PERSPECTIVES

5. FUTURE PERSPECTIVES

"The current inflation, and the likelihood of it rising further, means a rise in the cost of living across the board. And if this increase continues, families who were still in the lower middle class, but not yet in poverty, will have to make choices, between paying rent, buying medicines, heating, eating."

Fernando Nobre, Chair and Founder of AMI

Given the approach of new and worsening current challenges, reflected in the increase in the number of people requesting AMI's support, the 15 social equipment and responses spread throughout the country (mainland and islands) will continue to operate, based on a multidisciplinary interven-

tion, developed and adapted to the needs of each beneficiary, in order to contribute to the reduction of poverty and social exclusion in the country. In the international area, AMI intends to continue to focus on intervention in humanitarian action, continuing, in 2023, the registration process for the

development and certification of a fixed EMT (Emergency Medical Team) type 1; as well as maintaining the focus on development projects in partnership with international organizations and funding projects in partnership with local organizations, providing for the continuation and consolidation of new PIPOL partnerships.

Digital transformation will also be a strategy to be maintained, in order to optimise the organisation of work, fundraising and stakeholder management.

We are aware of our responsibility and committed to respond to the demands of the difficult times that have already been announced.



2023 CALENDAR

January	Launching of the 25th AMI Award - Journalism Against Indifference
February	Launch of the IRS Campaign
March	Commemoration of the International Women's Day
	Publication of the no. 88 of the magazine AMINoticias
April	Reforestation action in the Leiria Pine Forest
	Launch of the Academy of Innovation and Dialogue
May	Celebration of the International Day for Cultural Diversity for Dialogue and Development
June	Awarding of the 25th AMI Prize - Journalism Against Indifference
	Publication of the no. 89 of the magazine AMINoticias
	Campaign to Recycle X-rays
July	Start of the School Campaign
August	Commemoration of the International Humanitarian Day
	Publication of no. 90 of the AMINoticias magazine
September	Opening of the applications to AMI University Fund
	Launch of Christmas Mission 2023
October	Launch of the 13th Edition of the "Link to others" Award
	Commemoration of the International Day for the Eradication of Poverty
	Solidarity Adventure to Senegal
	Environmental Adventure to the Azores
November	Guinea-Bissau Solidarity Adventure
December	Commemoration of the International Volunteer Day
	39th Anniversary of AMI
	Publication of the no. 91 of the magazine AMINoticias



A C K N O W L E D G E M E N T S



SOLIDARITY IS STRENGHT! ”

CHAPTER

6

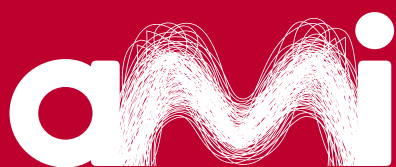
ACKNOWLEDGEMENTS

6. ACKNOWLEDGEMENTS

Our Mission continues, always with the Human Being at the centre of our concerns, thanks to the generosity of our Friends, donors and partners.

We highlight below some of the Partners most committed to our Mission in 2022:

- Institute of Solidarity and Social Security
- Employment and Professional Training Institute
- Employment Institute of Madeira
- Social Security Institute of the Azores
- Social Security Institute of Madeira
- Angra do Heroísmo City Council
- Almada City Council
- Cascais City Council
- Funchal City Council
- Lisbon City Council
- Porto City Council
- Vila Nova de Gaia City Council
- Portuguese Army
- Areeiro Town Council
- Friends and Donors of AMI
- ALDI Portugal - Supermercados, Lda.
- Altice
- Auchan Portugal
- Food Bank
- Caixa Geral de Depósitos
- Cenertec
- Centralmed Saúde Higiene e Segurança Lda.
- Companhia das Cores
- Ageas Foundation Agir com o Coração
- A.C. Santos Foundation
- GNR (National Republican Guard)
- Horto do Campo Grande
- Hovione
- Inoweiser
- Lidergraf – Artes Gráficas, S.A.
- Marques Soares, S.A.
- Mercadona
- Microsoft
- Nova SBE
- New Bank
- Pastéis de Belém
- Petrogal
- Philae – Sociedade Portuguesa de Moedas, S.A.
- Pierre Fabre Portugal
- PKF & Associados, Lda.
- RTP
- Semente
- SIBS Ser Solidário
- Sonae MC
- TAP
- TNT
- Catholic University
- Visão
- VMLY&R
- Wit Software



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